

**Notes for use:** Please delete this note before sharing any of the information below.

The aim of this information is to highlight My Health Record (MHR) and Electronic Prescriptions tips for consumers, based on feedback we have received from our consumer peak organisations and other community groups.

We encourage you to have a look and use whatever you think is most relevant for your communities in the style and brand of your organisation.

## Did you know?

### My Health Record tips for consumers

#### COVID-19 vaccinations and booster reminders

There are two documents available from My Health Record that provide proof of vaccination.

- An **immunisation history statement** shows all the immunisations you've had that are on the Australian Immunisation Register (AIR), including COVID-19 vaccinations.
- A **COVID-19 digital certificate** shows only your COVID-19 vaccinations. You can get your digital certificate after you've had all required doses of a vaccine approved for use in Australia. Your vaccination provider must report your vaccination information to the Australian Immunisation Register before it will show on your immunisation history statement or COVID-19 digital certificate.

#### Booster reminders

There are now booster alerts and notifications for eligible consumers and nominated representatives (currently those 18 and over who have completed their primary course of vaccines). A new booster tile on the COVID-19 dashboard shows the recommended booster date. One month before the recommended booster date, consumers will:

- see an on-screen alert on their Record Home page and Immunisation page
- get an SMS or email notification about their recommended booster date (for those who have set up notifications)

#### Social media posts

Below are social media posts about the new booster tile on Facebook, Twitter and LinkedIn, and we encourage you to share with your members and networks.

FB: <https://www.facebook.com/AuDigitalHealth/posts/367417112064001>

LinkedIn: <https://www.linkedin.com/feed/update/urn:li:activity:6896671441530580993>

Twitter: <https://twitter.com/AuDigitalHealth/status/1490905751921082368>

If consumers need assistance at any time, they can contact the Help line on 1800 723 471 and select option 1. Call charges may apply for mobile phones.

## Advance care planning – the critical document that consumers can upload

Make your wishes known when you cannot speak for yourself by uploading your advance care planning documents to My Health Record.

Advance care planning involves speaking with family or friends and your healthcare providers about your future health care wishes. These conversations may lead to writing what you may or may not want in circumstances where you can no longer speak for yourself or make your own decisions.

By adding an advance care planning document to your record, your wishes can be safely and securely accessed if they were ever needed in a medical emergency.

You or your nominated representative can add your advance care planning document to your My Health Record so it can be easily accessed when it's needed.

Visit [advancecareplanning.org.au](http://advancecareplanning.org.au) to get started.

To find out more how to upload your advance care planning document to My Health Record, visit [https://bit.ly/ADHA\\_ACP](https://bit.ly/ADHA_ACP) or scan the QR code below.



## What is the 'Do Not Send reports to My Health Record' on your pathology and diagnostic imaging tests?

Pathology and diagnostic imaging services may add a report to your My Health Record unless you ask them not to.

You have control over reports that go into your record. However, pathology and diagnostic imaging reports may be uploaded **unless you request otherwise**.

If you do not want a report added to your My Health Record, you can:

- Tell your doctor or the pathology or diagnostic imaging service
- Check the 'Do not send reports to My Health Record' check box on the pathology and/or diagnostic imaging request form
- Write 'Do not send reports to My Health Record' on the pathology and/or diagnostic imaging request form.

Healthcare providers must comply with your request.

You can ask that the report not be uploaded any time before the report is uploaded to your My Health Record.

If you do wish to add your report to My Health Record, you won't be able to view the contents in the report for seven days (except for COVID-19 pathology reports which are available as soon as they are uploaded). This gives your healthcare provider time to review and discuss the new results with you.

Make an appointment with your doctor to discuss any concerns about your pathology or diagnostic imaging test results. [View pathology and diagnostic imaging reports | My Health Record](#)

## Did you know?

### Electronic Prescriptions tips for consumers

#### Ask your healthcare provider to send your prescriptions to your mobile phone

What to do:

- During your consultation your doctor will send your electronic prescription to you as an SMS or an email
- You will then take it to your pharmacy or send it to them
- If you have repeats, a new SMS or email will be sent to you when you get your medicine from the pharmacy
- For home delivery, forward the SMS or email to a pharmacy so they can scan it

#### Are you taking multiple medications? An Active Script List can help you for all your electronic prescriptions and repeats

An Active Script List (ASL) provides a consolidated list of all the medicines that your pharmacy dispenses for you. You no longer need to handle multiple tokens on your phone to show the pharmacist; having an ASL means you can walk into any pharmacy, give consent for them to access your ASL, and have that pharmacy dispense your medicines. Having a trusted relationship with a doctor and pharmacist means you can use the ASL to help you manage your medicines more easily.

#### How it works

- Visit a pharmacy to set up your list.
- If your doctor needs to prescribe medicine, you can choose an electronic prescription and it will be automatically added to your list, unless you ask your doctor not to add it. You can still get an SMS or email as well.
- Go to your pharmacy, forward the SMS or email to them or call them to validate your ID so that they can access your list and dispense your medicine.