



8TH Rural & Remote Health Scientific Symposium

Connecting research, practice & communities

6 & 7 October 2021,
virtual program delivery

Program as at: 5 October 2021

Day 1 Wednesday 6 October 2021 – AEDT

8.45 am	8 TH RURAL AND REMOTE HEALTH SCIENTIFIC SYMPOSIUM
8.45 am – 9.00 am	<p>Welcome to Country – Mr Paul House Ngambri-Ngunnawal custodian</p> <p>Dr Wade Kelly, Symposium M.C. welcome Introduce keynote speaker</p>
9.00 am – 9.35 am	<p>Keynote session – Professor Tom Calma AO, Chancellor, University of Canberra</p> <p><i>Dr Kelly to facilitate questions and answers</i></p>
9.40 am – 10.40 am	<p>Dr Wade Kelly to introduce speakers</p> <p>Workforce and models of care:</p> <p><i>9.40 am – 9.55 am: Nuancing student clinical placements to improve rural workforce conversion</i> Kristine Battye</p> <p><i>9.55 am – 10.10 am: Doctors’ preferred specialty and practice location: when are these key decisions finalised?</i> Matthew McGrail</p> <p><i>10.10 am – 10.25 am: Recruiting and training doctors for remote communities with high medical workforce need</i> Pat Giddings, Veeraja Uppal</p> <p><i>10.25 am – 10.40 am: Questions and answers</i></p>

10.40 am – 10.50 am	BREAK		
10.50 am – 12.10 pm	Concurrent session 1		
	Topic: Population health Chair: Dr Gabrielle O’Kane	Topic: Translating research and capacity building Chair: Assoc Prof Melissa Nott	Topic: Digital health and technologies Chair: Evelien Spelten
10.50 am – 11.05 am	<i>Community-based approaches to preventing rheumatic heart disease – END RHD Communities</i> Rosemary Wyber, Vicki Wade	<i>Identifying and prioritising healthcare issues: involving consumers, health professionals and researchers</i> Anna Wong Shee	<i>Improving specialist access in regional Victoria: Royal Flying Doctor Telehealth Specialist Service</i> Tshepo Rasekaba
11.07 am – 11.22 am	<i>Co-design of food security research with Indigenous peoples in remote Australia</i> Megan Ferguson, Clare Brown	<i>Cultural rigour in Aboriginal patient-reported outcomes for the NSW health system</i> Mark Lock	<i>The Western NSW Virtual Paediatric Feeding Clinic: connecting clinicians with rural communities</i> Georgina Luscombe
11.24 am – 11.39 am	<i>‘HEAL™ gave me the POWER to make the right choices!’</i> Verity Trevenen	<i>Supporting Translation of Research in Rural and Regional Settings (STaRR) program</i> Olivia King	<i>Realising the benefits of clinical pharmacy: evaluation of virtual clinical pharmacy services</i> Anna Packer
11.41 am – 11.56 am	<i>National Best Practice Unit Tackling Indigenous Smoking: connecting research, practice and communities</i> Penney Upton, Eileen Van Iersel	Question and answers with presenters – Facilitated by Chair	<i>Improving health equity for stroke patients presenting to regional Western Australia emergency departments</i> Christina Tsou
11.56 am – 12.10 pm	Question and answers with presenters – Facilitated by Chair		Question and answers with presenters – Facilitated by Chair
12.15 pm – 1.35 pm	BREAK AND POSTER VIEWING		
1.35 pm – 1.45 pm	<p>Dr Wade Kelly to introduce Ms Christine Howard, ARHEN Chair</p> <p>ARHEN is the national association and peak body for the 16 University Departments of Rural Health across Australia and is celebrating its 20th anniversary in 2021.</p>		
1.45 pm – 2.30 pm	<p>Dr Wade Kelly to introduce keynote speaker</p> <p>Adrienne O’Neil, Associate Professor, Food & Mood Centre</p> <p>Topic: <i>Can lifestyle-based therapies help alleviate the impact of COVID-19 on the mental health of Australians?</i></p> <p><i>Dr Kelly to facilitate questions and answers</i></p>		



2.30 pm – 2.40 pm	BREAK		
2.40 pm – 4.08 pm	Concurrent session 2		
	Topic: Maternal and child health Chair: Dr Gabrielle O’Kane	Topic: Workforce training Chair: Sabrina Knight	Topic: Promoting Aboriginal & Torres Strait Islander wellbeing Chair: Michelle Rothwell
2.40 pm – 2.55 pm	<i>Rural maternity service transformation: working together to achieve sustainable change</i> Fiona Faulks	<i>Access to health courses for rural Australian students</i> Carol McKinstry	<i>Victorian Aboriginal Language Health Check seed project</i> Vicki Couzens, Brendan Kennedy
2.57 pm – 3.12 pm	<i>MumSpace: reaching rural regions, supporting perinatally depressed women with internet cognitive behavioural therapy</i> Leonie Young	<i>Strategic design decisions for a rural medical training stream</i> Lara Fuller	<i>Too Deadly for Diabetes: Indigenous solution to the type 2 diabetes pandemic</i> Ray Kelly
3.14 pm – 3.24 pm	<i>Neonatal outcomes associated with maternal illicit drug use in a rural centre</i> Sophie Rienecker	<i>AiMing High: Bathurst Hospital staff perspectives on the 2020 Assistants in Medicine</i> Timothy McCrossin	<i>Gayi Wajarr – building togetherness from a distance in Indigenous PHC research</i> Talah Laurie, Kristina Vine
3.26 pm – 3.46 pm	Question and answers with presenters – Facilitated by Chair	Question and answers with presenters – Facilitated by Chair	<i>Remote youth programs and outcomes for youth: moving towards evidence-based practice</i> Olivia Alston, Christine Williamson, Peter Mick
3.48 pm – 4.08 pm			Question and answers with presenters – Facilitated by Chair
4.08 pm – 4.18 pm	BREAK		
4.20 pm – 4.45 pm	Presentation 1 <i>A generic framework for training remote and rural hospital specialists</i> Sam Heard, Bridget Clancy, Sue Velovski, Penny Stewart		Presentation 2 <i>Defining Australia’s future digital health landscape – the next National Digital Health Strategy</i> Andrew Hewitt, Alice Kemble, Cathy Ford



Day 2 Thursday 7 October 2020 - AEDT

8.45 am	8TH RURAL AND REMOTE HEALTH SCIENTIFIC SYMPOSIUM		
8.45 am – 9.30 am	<p>Dr Wade Kelly to introduce keynote speaker</p> <p>Keynote session – Key learnings to date from the world/Australia’s experience with COVID</p> <p>Professor Mary-Louise McLaws, Professor of Epidemiology, Hospital Infection and Infectious Diseases Control, University of New South Wales</p> <p><i>Dr Kelly to facilitate questions and answers</i></p>		
9.30 am – 9.40 am	BREAK		
9.40 am – 10.45 am	Concurrent session 3		
	<p>Topic: Mental health Chair: Luke Sartor</p>	<p>Topic: Health systems and policies Chair: Evelien Spelten</p>	<p>Topic: Population health Chair: Michelle Rothwell</p>
9.40 am – 9.55 am	<p><i>Supporting rural children following bushfires: evaluation of a Bushfire Recovery Program</i> Michael Curtin, Sarah Eagland</p>	<p><i>From interpersonal to organisational trust: realising the potential of Indigenous Health Workers</i> Stephanie Topp</p>	<p><i>The Rural Outreach Program: a Victorian rural community wellbeing initiative</i> Hilary Davis, Geoff Witmitz</p>
9.57 am – 10.12 am	<p><i>Understanding the relationship between mental and physical health using geospatial analysis techniques</i> Allison Clarke</p>	<p><i>Is cardiac rehabilitation accessible in rural and remote communities of North Queensland?</i> Patricia Field</p>	<p><i>Evaluation of a lifestyle and weight management program within rural general practice</i> Catherine Harding</p>
10.14 am – 10.29 am	<p><i>Co-designing early intervention and prevention-based mental health activities with rural, remote and Aboriginal communities</i> Nathan Mercurio</p>	<p><i>Preparing rural health services for inclusive practice</i> Lisa Bourke</p>	<p>Question and answers with presenters – Facilitated by Chair</p>
10.31 am – 10.45 am	<p>Question and answers with presenters – Facilitated by Chair</p>	<p>Question and answers with presenters – Facilitated by Chair</p>	
10.45 am – 10.55 am	BREAK		



10.55 am – 12.35 pm Concurrent session 4			
	Topic: Workforce and career pathways Chair: Nicole O'Reilly	Topic: Access to health care Chair: Assoc Prof Melissa Nott	Topic: Cultural and physical safety Chair: Sabina Knight
10.55 am – 11.10 am	<i>Strengthening career development for Aboriginal and Torres Strait Islander health staff</i> Sally Nathan, Karrina Demasi, Jamie Newman,	<i>Cost burden of transferring rural surgical patients to metropolitan hospitals</i> Sumudu Welikumbura	<i>Clinic user feedback about staffing in remote Aboriginal community-controlled health services</i> Zania Liddle
11.12 am – 11.27 am	<i>Allied Health Rural Generalist Pathway in South Australia: benefits, challenges and recommendations</i> Alison Dymmott, Jodie May	<i>Keep our Elders strong: exploring access to aged care services</i> Kym Thomas, Pascale Dettwiller	<i>Assessing workplace safety and wellbeing for Remote Area Nurses in Australia</i> Laura Wright
11.29 am – 11.44 am	<i>Retention of general practitioners in remote areas: a meta-aggregation of qualitative research</i> Lara Wieland	<i>Assessing inequity in 'reasonable' access to primary health care in rural Australia</i> Fergus Gardiner	<i>Improving cultural inclusion in a rural Victorian mainstream health service</i> Olivia Mitchell
11.46 am – 12.01 pm	<i>The RANZCP Rural Psychiatry Roadmap</i> Mathew Coleman	<i>Sustainable community palliative and end-of-life care: focus on adaptability of service provision</i> Evelien Spelten	<i>Improving the care of Indigenous people with cancer: staffing and teamwork matters</i> Emma Taylor
12.03 pm – 12.18 pm	Question and answers with presenters – Facilitated by Chair	<i>The Stroke Golden Hour: delivering urgent stroke care to all Australians</i> Anna Balabanski	<i>Ask the Specialist: stories to inspire better health care</i> Vicki Kerrigan, Bilawara Lee
12.20 pm – 12.35 pm		Question and answers with presenters – Facilitated by Chair	Question and answers with presenters – Facilitated by Chair
12.35 pm – 1.25 pm BREAK AND POSTER VIEWING			



1.30 pm – 2.35 pm		Concurrent session 5	
	Topic: Skin health Chair: Nicole O'Reilly	Topic: Flexible health service delivery Chair: Dr Gabrielle O'Kane	Topic: Research in the COVID-19 era Chair: Colette Colman
1.30 pm – 1.45 pm	<i>Antimicrobial stewardship in remote primary health care</i> Danny Tsai	<i>Optimising remote retrievals: the right person at the right time</i> Deborah Russell	<i>COVID-19: responses by remote Aboriginal Community Controlled Health Services and impacts on staffing</i> Michelle Fitts
1.47 pm – 2.02 pm	<i>Strongyloides stercoralis in Australia: a mapping project using pathology laboratory data</i> Jennifer Shield	<i>Telehealth services and the continuity of care for rural and remote communities</i> Ben Steward	<i>Sleep quality and resilience in rural/regional healthcare workers during the COVID-19 pandemic</i> Georgia Petrou
2.04 pm – 2.19 pm	<i>Skin health situational analysis to inform Kimberley skin disease control programs</i> Stephanie Enkel	Question and answers with presenters – Facilitated by Chair	<i>Loneliness and psychological impact of COVID-19 pandemic in rural communities</i> Vivian Isaac
2.20 pm – 2.35 pm	Question and answers with presenters – Facilitated by Chair		Question and answers with presenters – Facilitated by Chair
2.35 pm – 2.45 pm	BREAK		
2.45 pm – 3.30 pm	Dr Wade Kelly to introduce keynote speaker Associate Professor Jacki Schirmer, Health Research Institute, University of Canberra <i>Dr Kelly to facilitate questions and answers</i>		
3.30 pm – 3.45 pm	Nicole O'Reilly, Chair, National Rural Health Alliance Wrap up event and closing remarks Close of Symposium		



Poster session – Wednesday 6 October 2021, 12.15 pm – 1.35 pm	Poster session – Thursday 7 October 2021, 12.35 pm – 1.25 pm
<p>12.15 pm – 12.20 pm <i>The impacts of staff learning environments on rural recruitment and retention</i> Keryn Bolte</p>	<p>12.35 pm – 12.40 pm <i>What happens to insulin after it is dispensed?</i> Patrick Mahony</p>
<p>12.20 pm – 12.25 pm <i>Eyecare service provision in regional and remote Australia</i> Ingrid Diep, Karen Webber</p>	<p>12.40 pm – 12.45 pm <i>Pharmacy assistant lead optimisation of imprest lists using emergency drug room data</i> Michael Quach, Narelle Bennett</p>
<p>12.25 pm – 12.30 pm <i>Does weekend physiotherapy add value? Stakeholder perceptions in a rural rehab setting</i> Siobhan Finnegan</p>	<p>12.45 pm – 12.50 pm <i>Partnerships in health: achieving success through service learning placements</i> Brent Smith, Rebecca-Kate Oates, Caroline Cummins</p>
<p>12.30 pm – 12.35 pm <i>Evaluating antimicrobial prescribing practice in Central Australian remote primary healthcare clinics</i> Danny Tsai</p>	<p>12.50 pm – 12.55 pm <i>Birthing in regional Australia: the midwife perspective</i> Catherine Harding</p>
<p>12.35 pm – 12. 40 pm <i>Enhancing care coordination for chronic conditions in rural and remote Tasmania</i> Cecilia Mwangi</p>	<p>12.55 pm – 1.00 pm <i>Building a healthy and sustainable human future: the rural doctor's public role</i> Catherine Harding</p>
<p>12.40 pm – 12.45 pm <i>The impact of nursing and midwifery student placements on rural health services</i> Clara Walker</p>	<p>1.00 pm – 1.05 pm <i>An arduous journey of a brave Aboriginal women in western NSW</i> Sandra Wicks</p>
<p>12.45 pm – 12.50 pm <i>A retrospective case review on regional/rural spasticity clinic outcome measures</i> Callum Morse</p>	<p>1.05 pm – 1.10 pm <i>'Does the rain mean we're okay?': supporting our early childhood sector</i> Emma Woolley</p>
	<p>1.10 pm – 1.15 pm <i>The virtual bedside: catalysing digital models of care for rural hospitals</i> Caitlin Hardman</p>



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