6th National Rural Health Conference
Program

Good Health ~ Good Country
from conception to completion
Canberra 4-7 March, 2001

SUNDAY, 4 MARCH 2001
Formal Statement of welcome to land and presentation of Welcome Stick

- **Formal welcome to the Conference**
  *Nigel Stewart, NRHA Chairperson*
  *Marg Brown, Chairperson of Health Consumers of Rural and Remote Australia*

- **Welcome to Canberra**
  *Michael Moore MLA, ACT Minister for Health, Housing and Community Services*

- **Conference Opening Address**
  *The Hon Kim Beazley MP, Leader of the Opposition*
International social policy and non-metropolitan Australia (Keynote 1)
Julian Disney, Director, UNSW Social Justice Project

Welcome from Telstra Country Wide
Doug Campbell, Group Managing Director

Issues in Indigenous Health (Keynote 2)
Julie Tongs, CEO, Winnunga Nimmityjah Aboriginal Health Service

Employment and population growth in rural and remote Australia (Keynote 3)
Brian Fisher, Executive Director, Australian Bureau of Agricultural and Resource Economics

Meeting and BBQ for friends of the Alliance

MONDAY 5 MARCH 2001
Opening video and welcome
Chairpersons: Jean Kittson and Steve Clark

Health in Regional Australia (Keynote 4)
The Hon John Anderson MP, Deputy Prime Minister and Minister for Transport and Regional Services
Walking together: across disciplines, across cultures, across time (Keynote 5)
James Fitzpatrick, Medical student, Young Australian of the Year

Concurrent Session A

A1 - Men’s Health; Child Nutrition

Promoting rural men’s health through diabetes education and screening
Samar Aoun, Lyn Johnson

What are the determinants for presentation and therapy options for rural men with prostate cancer?
Karen Francis, Desley Hegney, Paul Bramston, Marie Warden

An evaluation of a nutrition program in a remote community in central Australia
Ilan Warchivker, Angharad Hayter

A2 - Multi-disciplinary

Advanced nursing practice: experiences of clients and multi-discipline health workers in bush nursing centres in rural Victoria
Lesley Siegloff, Mollie Burley, Elaine Duffy
Models of care for rural palliative care services
David Woods

Purchasing allied health services
Gillian Durham, Nicole Edwards, Joan Loud

A3 - Working with the local community

Commonwealth-State relationships - the positive effect on multi-purpose development in WA
Jan Hall, Terry Medley

Local health planning to meet the needs of communities
Marion Wilson

Building on success in rural and remote communities: insights from the Grampians region of Victoria
Leann Brown

A4 - Mental Health

Anxiety and depression in young people: a collaborative rural and remote model
Warren Bartik
The general practitioner’s role in the early identification of psychiatric illness
Graham Fleming

Mental health in rural Tasmania: a preliminary report from the field
Alistair Campbell

A5 - Building community capacity

Remote health services in the Kimberleys
Henry Councillor

From the ground up - successful models of community capacity building to address recruitment and retention of GPs in rural SA
Jenny Fleming

Binjang Marrang-Billa Project: a culturally effective drug treatment program in the Macquarie region
David Kelly, Royden Griffen

A6 - Arts participation and health

In response - the Australian arts and health industry
Sally Clifford
New dimensions in water conversation, the health of water in handmade books
   Annie Bolitho
Singing for health and community
   Fay White
A7 - Health consumers' networking meeting

Morning Tea

Aboriginal health: achievements through partnership (Keynote 6)
   Puggy Hunter, Chairperson, National Aboriginal Community Controlled Health Organisation

Concurrent Session B

B1 - "Inside the doctor"

The social construction of place and identity as obstacles to male students from rural and remote areas choosing health careers
   Angela Durey

What symbolises rural and remote general practice: the practitioner’s perspective
   Richard Lawrance
The medical student's intention to practise in rural Australia: a questionnaire
George Somers

B2 - Primary health care and nursing

Climbing Sage Hill - the continuing story
Brenda Harrison, Beth Carty

Good health for a good country: primary health care in focus
Barbara Newman, Margaret Croke

Health and the ACOSS Agenda
Michael Raper

B3 - Rural health students

Supporting the learning team
Louise Lawler

Purpose of bush prac? A conflict of interests: industry and university
Janie Mason
The implications of an affirmative action student selection process for the rural medical workforce
Jo Adendorff, David Sutherland

B4 - Child and adolescent health
A co-ordinated approach to improving adolescent health in rural South Australia
Meredith Appleyard

Promoting physical activity to children and young people in rural Western Australia
Nicole Edwards

Nullicup, Nullicup
Michelle Gahler, Jodi Smith

B5 - Indigenous health workers
Improving access to cardiac rehabilitation for remote Indigenous clients
Elizabeth Chalmers

Binan Goonj - bridging cultures in Aboriginal health
Mary Martin
Good news stories - Aboriginal sexual health workers in rural and remote WA

Juli Coffin

B6 - CHAMPS from SA

Arts on the brain: rural young people using the arts to address issues of drug and alcohol use and how it affects their mental health and well-being

Dana Shen, Cindy Turner and CHAMPS

B7 - Scholarships Workshop

convened by NRHA

Alison Miles and Toni Alexandrow

Lunch

Opening of Conference Exhibition (Keynote 7)

General Practice Partnership Advisory Council (GPPAC) and Board of General Practice Education and Training

Dr Jill Maxwell, Chairperson, GPPAC
It's Different in the Bush: a comparison of general practice activity in metropolitan and rural areas of Australia, 1998
Australian Institute of Health and Welfare/University of Sydney Launch
Dr Richard Madden, Director, AIHW;
Associate Professor Helena Britt, Director, AIHW General Practice Statistics and Classification Unit,
University of Sydney;
Professor Ian Wronski, President, Australian College of Rural and Remote Medicine

Panel session
Chairs: Jean Kittson and Steve Clark
Members of Panel: Jane Bennett, Dr Jack Best, Dr Paul Hemming, Puggy Hunter, Megan McNicholl, Michael Raper, Sabina Knight

Afternoon Tea
Concurrent Session C
C1 - Remote health ("I'd give my eyeteeth to work in a remote area")
Anangu oral health - the status of the Indigenous population of the Anangu Pitjantjatjara lands
Colin Endean
The remote classroom: recruitment and orientation of Aboriginal and remote area nursing students to the university distance education learning environment
Margaret Hamilton

Follow-up of cataract surgery in remote people from the Top End of the Northern Territory
Alex Hewitt, Nitin Verma, Russell Gruen, Judi Walker

C2 - Evidence

Evidence-based practice and rural GPs
Judy Taylor, Joanne Dollard

Maximising the benefits of clinical trials involving an Aboriginal community
Bev Hayhurst

Graphical displays of clinical data to improve the understanding and compliance of patients
Martin Knapp
C3 - Aged care - without aGISm

- A national study of rural and remote health in Australia  
  Shirley Preston

- Meeting the aged care needs of rural and remote areas  
  Marcus James

- Identifying gaps in health service provision: Geographical Information System (GIS) approaches  
  Errol Bamford

C4 - Focus on the RFDS

- Improving access and equity in rural and remote Australia - provision of women’s health medical services by female GPs in remote and rural areas  
  Priscilla (Vall) Whittle, Libby Williams

- Psychological first aid training for health professionals: the development of an interactive educational CD-ROM  
  Robert Williams
The changing face of the RFDS in Queensland: seven years on from "The Best for the Bush"
Brenda Masutti, Robert Williams

C5 - Mental health

Capacity building in rural mental health in Western Australia
Samar Aoun

Regional mental health planning: juggling the rational and contingent agenda
Jeff Fuller

A model for improved health of rural and Indigenous Australians through education, support and training for psychologists
Maureen Dollard

C6 - Indigenous arts in health

Moving Stories - therapeutic theatre for counselling
Marie Cox
Looking, listening and learning from young people through photographs: a photovoice project with young Aboriginal people in Carnarvon, WA
Ann Larson, Elsie Mitchell

Exploring our internal landscape
June Staunton

C7 - Singing for health
A singing workshop with Fay White

Smorgasboard

Night at the Theatre
Alan Hopgood - scenes from "For Better, For Worse"
International music and dance
Vital Statistix - "Titbits!"

TUESDAY, 6 MARCH 2001
Breakfast Specials:
Australian National Gallery
Australian War Memorial
Volunteers in our Communities - International Year of Volunteers 2001

Breakfast Seminar at the National Convention Centre

Senator Amanda Vanstone, Minister for Family and Community Services

The proposed volunteers award of the NHMRC
Kerry Arabena

Opening video and welcome
Chairpersons: Jean Kittson and Steve Clark

Introduction of NRHA Council
Nigel Stewart

International video hook-up
Chair: Steve Clark
Special guest (in Canada): Dr Raymond Pong, Research Director, Centre for Rural and Northern Health Research, Laurentian University, Sudbury, Ontario

Rural health is on the agenda (Keynote 8)
The Hon Dr Michael Wooldridge MP, Minister for Health and Aged Care
Beyond Blue: the National Depression Initiative
Ian Hickie, Professor of Community Psychiatry, University of New South Wales, and CEO of "Beyond Blue", the National Depression Initiative

Recipients of Des Murray Scholarship, 2001 (Keynote 10)
Introduced by Nigel Stewart, Chairperson of the NRHA
Presented by Mary Murray

Recipient of Des Murray Scholarship, 2001
Ms Hayley Gilbert

Recipient of Des Murray Scholarship, 2001
Mr Ian Harvey

Recipients of Infront Outback Rural Health Research Award
Summarised by Ms Lesley Fitzpatrick, Director, The Cunningham Centre

Recipient of the Louis Ariotti Award for Excellence
Gordon Gregory

Recipient of the Louis Ariotti Award for Excellence
Sabina Knight
Morning Tea

- Key issue for rural health (Keynote 13)
  Jenny Macklin MP, Shadow Minister for Health

Concurrent Session D

D1 - Symposium: Women's Health Australia

- Women's Health Australia: introduction
  Christina Lee

- Access to health services in urban and rural Australia: a level playing field?
  Anne Young

- Young rural women: life choices, aspirations and well-being
  Penny Warner-Smith

- A sense of belonging: how do you measure it and does it matter?
  Anne Young
D2 - Asthma, public health and evidence

- Shared-care approach to asthma management
  Robyn Gunter

- Rural public health capacity
  Gillian Durham

- Implementing evidence-based health care: a new model for rural areas
  John McDonald

D3 - Teeth and transport

- Dearth in the desert - looking for a dentist in remote Australia
  Colin Endean

- Teeth for Keeps
  Marion James

- Transport to access health services in rural and remote NSW: a community perspective
  Ros Bragg, Liz Reedy
D4 - Information technology, WWW and education

- Rural health and information technology: a critical discourse analysis perspective
  Judi Walker, Quynh Lê

- Teaching the Master of Rural Health on-line: reflections on the experience
  Steve Kirkbright

- Right, I've turned the computer on - what next?
  Sue Whetton, Judi Walker

D5 - Flexible models and community capacity

- Working together to improve maternity services: recent experiences of an Aboriginal health worker (Midwifery Program) based at Walgett Aboriginal Medical Service
  Annette Kennedy, Nicky Leap

- Building community capacity and capability within the Avon Health Service
  Grace Ley, Shane Matthews, David Singe
Flexible funding as an underpinning to community resiliency: early reflections on the introduction of local area co-ordination in Queensland

Daniela Stehlik, Lesley Chenoweth

D6 - Playin' up for Indigenous health

Playin' up - young Aboriginal people play up in the far west of NSW
Louise Moriarty and young people from the Maari Ma Health Aboriginal Corporation

Use of the arts in health promotion for Aboriginal women

Barbara Davis

D7 - Arts-in-health

Get-together with Alan Hopgood

Lunch

Siesta and Singing
Fay White and the New Group

The voice of the rural health consumer (Keynote 14)

Marie Lally, National President, Country Women's Association of Australia
Rural Health Debate - "Young health professionals should selflessly serve the bush - like we did"
For the motion: Fiona O'Loughlin (Team Captain), Nigel Jefford and Janine Watts
Against the motion: Martin Pearson (Team Captain), Kerry Arabena and Ralph McLean
Adjudicator: Jean Kittson

The Vote

Afternoon Tea

Concurrent Session E

E1 - Small hospitals - or none?

- Review of rural health service models
  
  Bernadette Hodgins

- Developing a strategic research program for addressing cardiovascular disease and related disorders in Aboriginal and Torres Strait Islander Peoples and rural and remote settings
  
  Pat Field

- A regional approach for implementing critical pathways in smaller hospitals in rural areas
  
  Jenni Ham
E2 - Sitting and thinking

- Can Rural Communities Cope with the Burden of Mental Illness
  Des Graham

- A 'man-made' environment? A century of health in tropical Australia. Historical perspectives as frameworks for future strategies
  Daniela Stehlik

- Continuing professional development for rural and remote health care practitioners
  Helen Geissinger

E3 - Hearing, seeing, breathing

- Aboriginal, rural and remote audiological services: where do we start? Best practice guidelines
  Jeanette Scott

- Our health, our future, our responsibility
  Karen Evans
Practical strategies to improve asthma management and health outcomes in rural Australia
John Fardy

E4 - Collaboration and research

Understanding and engaging rural males for healthier outcomes
Bernard Denner

Promoting good food for bush people
Patricia Rankine

Moving over boundaries: the MOB partnership
Peter Drake, Anne Greenaway, Julie Tongs, Ian King

E5 - Networks for health

Evaluation of the South East Telehealth Trial
Rae Gibson

Networking North Queensland: an e-health revolution in the bush
Julie Watson, Lee Gasser
The World Wide Web - an information tool
Anske Robinson

E6 - Images of remote areas
It's the pits - images of the Pitjantjatjara lands
Stewart Roper
Before other help arrives - fairy penguins, theatre and trauma
Judi Walker, Lorraine Green

Creating an oasis from a resource desert: a right-brained approach to teaching about health issues
Julia Gill

E7 - Workshop

Management of episodes of violence in remote areas
Kerry Arabena
Exhibition Happy Hour
Dinner - Dance
WEDNESDAY, 7 MARCH 2001

Breakfast Specials:
By the Hot Air Balloons
Students' Recovery at Yarralumla Bay

- Early childhood services: an Australian context
  Breakfast Special at the National Convention Centre
  Chair: Dr Nigel Stewart, Regional Paediatrician, Port Augusta
  Special guest: Professor Frank Oberklaid, Director, Community Child Health, Royal Children's Hospital

Opening video and welcome
Chairpersons: Jean Kittson and Steve Clark

- Mental health - including for young Australians (Keynote 15)
  Senator Meg Lees, Leader, Australian Democrats

Concurrent Session F
F1 - Women's health; female practitioners

- National Female Rural General Practitioners Project
  Helen Tolhurst, Noela Lippert
Goonimoo women's projects
Christine Thorne

Not waving but drowning
Janine Watts

Rural doctors and retention
Naarilla Hirsch, Carolynn Fredericks

F2 - Another focus on Indigenous health

Workforce initiatives in Aboriginal health
Glenys Watts, Mary Buckskin

Food, fun and fitness for Noongars
Jo Webb, Michelle Gahler

Good tucker for Aboriginal old people in Alice Springs
Heather Campbell

The spatio-temporal distribution of notifiable diseases in Australia
Brett Bryan
F3 - Experiences of change

- Outback and in again - a new graduate's experience of rural and remote nursing
  Tegan Chandler

- Victorian rural women practitioner survey
  Jo Wainer

- Rural POPPIES: extracting the best - interdisciplinary education and support for rural and remote preceptors
  Lisa Dalton, Judi Walker

- Rural hospitals and metropolitan universities: forging new partnerships
  Marilyn Prieditis

F4 - Child and family health

- Antenatal care and perinatal health: how to do it better in an urban Indigenous community
  Rachel Atkinson
Disability in schools: supporting teachers and children with health care plans and credentialled workers
Nigel Stewart

Achieving baby-friendly accreditation in a rural setting
Debbie Sachse

"Tell Me About It": a community-based project to reduce the rate of teen pregnancy in Wagga Wagga
Jacinta Makin, Susan Butler

F5 - New and flexible models

Rural health matters - spreading the capacity (the St Mary’s Lymphoedema Clinic)
Shelagh Lowe

The Rural and Remote Area Placement Program: lessons learned in regional training delivery
Paul Worley, Anna Nichols
Tele-education: a collaborative project in the delivery of mental health education in rural Victoria
Anne Fahey, Harry Gelber

Pit stop: gentlemen - check your engines
Elsa Alston

F6 - Young people's arts in health

Labelled a Freak - eating disorder prevention through body image workshops for young women
Nikki Fallon, Zoe Scrogings

The big RORRT! Young people using the web to promote positive mental health in rural areas
Carolyn Sullivan, Meg Morrison, Kylie Lee
Aboriginal Resource and Development Services Inc, Darwin
Richard Trudgen

Tapping into art to relieve depression
Garry Fry
F7 - Workshop

"Alternative pathways to GP Fellowship" - Seminar
ACRRM, the National Consortium for Education in primary Medical care and other interested bodies

Morning Tea

Rural and remote environments and health (Keynote 16)
Rick Farley, Farley Consulting Group
1st recommendation session
The recommendations must benefit consumers and improve health outcomes

Networking Lunch
Siesta and Slideshow - Images of remote Australia
Stewart Roper

Health, rights and discrimination. Some of the success stories for Aboriginal Peoples and Torres Strait Islanders (Keynote 17)
Linda Burney, Director General, NSW Department of Aboriginal Affairs
2nd recommendation session
The recommendations must be practical, cost-effective, and owned
Afternoon Tea

Concurrent Session G

G1 - Preparing for practice

- Simulation training for rural health practitioners: a transformative approach
  John McDonald

- Recent graduate preparedness for rural employment
  Joan Loud

G2 - Telehealth showcase

Link by videoconference to a clinical site for demonstration of some of the latest developments in telehealth.
Chair: Mark Brommeyer

G3 - Diabetes and diet

- Community control - the key to tackling diabetes in Aboriginal communities
  Colleen Prideaux, Dulcie Flower

- The Laramba family wellness model: integration, sustainability and transferability
  Pat Field
G4 - Roe and Simmons

From little things
Yvette Roe

The Victorian Rural Physicians Survey
David Simmons

G5 - Healthy lifestyles

The Healthy Lifestyle Program: implications for preventative intervention in the rural setting
Gavin Booth

Consumers and volunteers as collaborators: lessons from rural palliative care research
Chris Moorhouse

G6 - The arts as a resource for health promotion

Arts for health’s sake
Susan Ball
Arts for Health: arts therapy program at the National Gallery of Australia
Philippa Winn

G7 - Conference recommendations clinic
Communiqué and Recommendations
WONCA 2002
presentation by Roger Strasser

Closing Session
We've come a long way since we first shook hands - but we've still got a long way to go
Nigel Stewart and Jean Kittson
Presentation re Hobart 2003

Farewell Drinks
Farewell