Title: Researching new models of care

Authors: Prof James Dunbar & Prof Prasuna Reddy Greater Green Triangle University Department of Rural Health Flinders & Deakin Universities

Abstract:
The health disparity of rurality is largely due to poorer access to care by comparison with metropolitan centres. In this presentation we will describe the research methodology of complex intervention illustrating it with a new model of care for people with depression, diabetes and heart disease. We will present the five phases of research using complex intervention methodology and detail how our findings allowed us to develop improved care for these patients. The model substantially expands the role of practice nurses who become the case managers in screening, managing and follow up of patients with co-morbid conditions in general practice.