



# 15<sup>TH</sup> NATIONAL RURAL HEALTH CONFERENCE

24-27 MARCH 2019  
Hotel Grand Chancellor  
nipaluna/Hobart, Tasmania  
*Better together!*



NATIONAL RURAL HEALTH ALLIANCE LTD

Principal Sponsor



First-time presenters



'Top 20' abstracts



No 1 abstract



Peer-reviewed paper



Streamed via [ruralhealth.org.au](http://ruralhealth.org.au)

as at 21 March 2019

## DAY 1—SUNDAY, 24 MARCH 2019

8.00 am	Registration desk op	Foyer
<b>Pre-conference workshops</b>		
10.00 am – 3.30 pm	<b>Determinants of health: working better together for rural and remote health and wellbeing</b> Professor Fran Baum, Sir Harry Burns, Dr John Boffa	Ballroom 1
1.30 pm – 3.00 pm	<b>Educating the Nurse of the Future Consultation Workshop</b> Australian Government Department of Health	Ballroom 3
9.30 am – 3.30 pm	<b>Preventing and managing chronic pain locally</b> Professor Lorimer Moseley, Pain Revolution	Harbour View Room 2
8.30 am – 12.20 pm	<b>Prescribing, dispensing and supporting medicines use with Aboriginal and Torres Strait Islander peoples</b> Centre for Remote Health	Chancellor Room 6
12.30 pm – 3.30 pm	<b>Better together! Song writing workshop</b> Josh Arnold, The Outback Fella	Chancellor Room 6
3.00 pm	<b>Film Launch: Arts and Health Better Together</b> The Tasmanian Arts and Health Leadership Group	Federation Ballroom
8.45 am – 3.30 pm	<b>Chronic Disease Support Program</b> The Benchmark Group	Merino Room The Old Woolstore



Program and app sponsor

Visit the Sharing Shed: [www.ruralhealth.org.au/sharingshed](http://www.ruralhealth.org.au/sharingshed)



## DAY 1—SUNDAY, 24 MARCH 2019

2.00 pm – 4.00 pm	<b>EXHIBITION OPEN</b>	Federation Ballroom
4.00 pm – 6.30 pm	<b>OPENING SESSION 1—BETTER TOGETHER: A GLOBAL VIEW</b>	
4.00 pm	Welcome to Country by the palawa people of lutruwita (Tasmania) <i>A celebration of culture through song, dance and language</i>	
4.20 pm	<b>Lord Mayor, Councillor Anna Reynolds</b> <i>Welcome to Hobart</i>	
4.30 pm	<b>Janine Mohamed</b> , Conference MC <i>Welcome to the 15<sup>th</sup> National Rural Health Conference</i>	
4.40 pm	<b>Principal sponsor: Martin Laverty</b> , Chief Executive, Royal Flying Doctor Service of Australia; and Director, National Disability Insurance Agency <i>Better together ten years from now, better together one month from now</i>	
4.50 pm	 KEYNOTE 1: <b>Jane Mills</b> , Professor and Pro Vice Chancellor, College of Health, Massey University, New Zealand <i>Health is not just the absence of disease—how addressing the United Nation’s 17 Sustainable Development Goals will lead to healthy people in a healthy world</i>	
5.10 pm	 KEYNOTE 2: <b>Kelvin Kong</b> , Conjoint Associate Professor, School of Medicine and Public Health, University of Newcastle; Head and neck surgeon <i>Hearing loss and poor educational outcomes for rural children</i>	
5.30 pm	 KEYNOTE 3: <b>James Buchan</b> , Adjunct Professor, World Health Organization Collaborating Centre, University of Technology, Sydney <i>A global view of the rural health workforce</i>	
5.50 pm	<b>Tanya Lehmann</b> , Chair, National Rural Health Alliance <i>25 years of the National Rural Health Alliance</i>	
6.10 pm	<b>Jenny May</b> , Chair, Recommendations Committee; and <b>Richard Colbran</b> , Chief Executive Officer, NSW Rural Doctors’ Network <i>National words into local action—better together in the Sharing Shed</i>	
6.20 pm – 7.20 pm	<b>WELCOME RECEPTION</b> Sponsored by Monash Regional Training Hubs Entertainment: Kartanya Maynard and Danah Ngahware	Federation Ballroom
 		
<p>Regional Training Hubs are supported by funding from the Australian Government under the Rural Health Multidisciplinary Training Program</p>		
7.20 pm – 7.35 pm	<b>Student meetup—all students welcome</b> <i>Stage area in the Exhibition Hall</i>	

## DAY 2—MONDAY, 25 MARCH 2019: The current situation

6.30 am Delegates are encouraged to join Jan Butler from the Heart Foundation's Early Birds walking group for a delightful morning walk along the waterfront  
Meet in the Hotel Grand Chancellor foyer. Group will return to the hotel by 7.30 am.

8.00 am Registration desk and exhibition hall open

Foyer and  
Federation Ballroom

8.20 am –  
10.30 am

### PLENARY SESSION 2—HEALTH ISSUES IN RURAL AND REMOTE AUSTRALIA


Concert Hall


8.20 am Performance: RED, Liz Lea


*A poignant, riotous and ultimately triumphant exploration of one women's story through illness and recovery*

8.35 am **Janine Mohamed**, Conference MCs

8.45 am  **The Hon Catherine King**, Shadow Minister for Health and Medicare

9.05 am  KEYNOTE 4: **Bo Remenyi**, Paediatric cardiologist; NT 2018 Australian of the Year, Menzies School of Health Research  
*Rheumatic heart disease: successes and challenges*

9.25 am  KEYNOTE 5: **Lorimer Moseley**, Professor of Neuroscience, University of South Australia  
*Pain, the brain, your protectometer and why our rural communities need you to understand*

9.45 am  KEYNOTE 6: **James Ward**, Associate Professor and Head, Aboriginal Health Infectious Diseases, Matthew Flinders Fellow, College of Medicine and Public Health, Flinders University  
South Australian Health and Medical Research Institute  
*It should be easy but it's complex, but we will get there: addressing sexually transmitted infections in remote Australia*

10.05 am Q and A

10.20 am **Jenny May**  
*How to contribute to the Sharing Shed*

10.30 am




### MORNING TEA

Federation Ballroom

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## DAY 2—MONDAY, 25 MARCH 2019: The current situation

11.00 am – 12.35 pm <b>CONCURRENT SESSION A</b>										
	A1 NDIS, disability and carers	A2 Disease management / infectious diseases	A3 Research priorities for rural health workshop	A4 Vulnerable children	A5 Arts and health: community	A6 Emergency, sub-acute and acute care	A7 Workforce planning and recruitment	A8 Improving the journey on the health care pathway	A9 Environmental impacts on health	A10 Strengthening regions and communities
ROOM	Concert Hall Hotel Grand Chancellor	Ballroom 1 Hotel Grand Chancellor	Ballroom 2 Hotel Grand Chancellor	Ballroom 3 Hotel Grand Chancellor	Harbour View 1 Hotel Grand Chancellor	Harbour View 2 Hotel Grand Chancellor	Chancellor 6 Hotel Grand Chancellor	Theatrette Old Wool Store 1 Macquarie St	Merino Room Old Wool Store 1 Macquarie St	Shearers' Room Old Wool Store 1 Macquarie St
CHAIRS	Lynne Strathie	Felicity Croker Henry Johnston	Kim Snowball	Jo McCubbin Taylor Smithurst	Jami Bladel	Stephen Gourley Natasha Patrick	Dennis Pashen Maree Green	Gwenda Freeman Eloise Knuckey	Peter Sainsbury Hannah Birch	Vicki Sheedy Xenia Vrakatselis
STAFF	Pauline Gwaturisa	Andrew Waters	Jo Walker	Olivia Cameron	Peter Brown	Janine Snowie	Amanda Kaminski	CWA TAS	CWA TAS	CWA TAS
11.00 am – 11.20 am	<i>Rural insights: exploring perspectives of clinical service providers working with the NDIS</i> <b>Rebecca Wolfgang</b>	<i>Working 'better together' guaranteed successful meningococcal W vaccination clinics across South Australia</i> <b>Alicia Jackson Mary-Anne Williams</b>	<b>WORKSHOP 11am – 12.25pm</b>  <i>Have your say in how the Medical Research Future Fund can transform rural health outcomes</i> <b>Kim Snowball Erica Kneipp Heather St John</b>	<i>Better or worse? Returning children with complex health needs to their communities</i> <b>Jennifer Smith Erica Russ</b>	<i>The Mental Health Rural Art Roadshow: benefits, lessons learnt and future potential</i> <b>Heather Bridgman</b>	<i>Facilitating sub-acute care 'closer to home' for rural and remote patients</i> <b>Jennifer Finch</b>	<i>Trends in health workforce turnover and stability in remote Northern Territory communities</i> <b>Deborah Russell</b> 	<i>Pop-up women's health service for rural and remote communities</i> <b>Sharon Stokell Alice Evans</b>	<i>Ecological determinants of health</i> <b>Rosalie Schultz</b>  <i>Improving public health through great-tasting water</i> <b>Kelly Edwards</b> 	<i>Rural health and rural economic development</i> <b>Kim Houghton</b>
11.25 am – 11.45 am	<i>Answering the carer's call in rural areas: making it better together</i> <b>Ann Nicholas</b>	<i>Q fever knowledge and follow-up practices of northern Australian rural general practitioners</i> <b>Aaron Hollins</b> 	<i>Investing in early childhood nutrition to combat entrenched poverty in rural Australia</i> <b>Kelly McJannett</b>	<i>'Deadly Threads': using creativity, culture and pyjamas to connect community to hospital</i> <b>Claire Treadgold</b>	<i>Creating a multidisciplinary tracheostomy team in a sub-regional hospital: better together</i> <b>Brooke Winzer</b>  <i>Antimicrobial stewardship in regional and remote hospitals: the seeds for sustainability</i> <b>Jaclyn Bishop</b>	<i>Remote health workforce instability: what do we know, what should we do?</i> <b>John Wakerman</b>	<i>Close the gap for vision: illustrating better together</i> <b>Mitchell Anjou</b>	<i>The role of rural health teams in addressing drought</i> <b>Ayman Shenouda</b>	<i>Social enterprises and wellbeing for disadvantaged people in Australian regional towns</i> <b>Sue Kilpatrick</b>	

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## DAY 2—MONDAY, 25 MARCH 2019: The current situation

11.50 am  
– 12.10 pm

*The future of allied health student placements in rural NDIS funded services*  
**Claire Quilliam**

*Reducing tuberculosis treatment impact in rural NSW with VDOTS*  
**Catherine McKenna**



*Collaborations in the early years: connecting culture on country for wellbeing*  
**Sally Mollison**

*MENTAL: the mother load. A creative documentary performance exploring the beauty, grotesque and poetic in the madness and mundane of motherhood*  
**Julie Waddington**

*Experiences of Aboriginal and Torres Strait Islander peoples attending Australian emergency departments*  
**Jolene Lim**



*Aboriginal and Torres Strait Islander emergency department utilisation in south-west Queensland*  
**Helena King**

**Raelene Ward**



*The Western NSW Primary Health Workforce Planning Framework Project*  
**Richard Colbran**

*Mobile operating theatre: creating equity in rural New Zealand communities*  
**Mark Eager**

*The hoof print of zoonotic diseases and animal-related injuries in rural health care*  
**David Buckley**

*Promoting food secure environments in remote Aboriginal and Torres Strait Islander communities*  
**Megan Ferguson**

12.15 pm  
– 12.35 pm

*Using co-design to support inclusion of children with disability in mainstream schools*  
**Nerida Hyett**  
**Kerryn Bagley**

*A central Australian experience of post-infectious glomerulonephritis*  
**James Dowler**



*Insights from an economic evaluation of the Bamardos Beyond Barbed Wire service*  
**Jodi Burnstein**

*The Unconformity—mining new cultural experiences at the edge of the world*  
**Travis Tiddy**

*Kickstart Arts—cultural and community action*  
**Jami Bladel**

*Northern NSW winter strategy: an integrated response to seasonable demand*  
**Monika Wheeler**



*Recruiting the community for survival of a remote area medical practice*  
**Robin Bryant**

*Victorian Lung Cancer Service Redesign Project: variation between rural and metropolitan outcomes*  
**Geraldine Largey**

*Blood lead levels among children: implications for Broken Hill Lead Management Program*  
**David Lyle**

*Community awareness of living safely with lead in Mount Isa*  
**Yaqoot Fatima**

*The community and health service working together to grow the local workforce*  
**Sally Goode**  
**Merridee Seiboth**



12.35 pm –  
1.35 pm










**LUNCH AND VIEWING OF POSTERS**

Federation Ballroom

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## DAY 2—MONDAY, 25 MARCH 2019: The current situation

1.40 pm – 3.15 pm CONCURRENT SESSION B										
	B1 Caring for those with dementia	B2 Disease management—chronic conditions	B3 Culturally safe health services	B4 Children and adolescent health	B5 Arts and health: state of play	B6 Workforce models	B7 Training the rural health workforce	B8 Models for primary care	B9 Telehealth at home	B10 Rogano-style research workshop
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STAFF	Lindsay Peak	Andrew Waters	Pauline Gwatirisa	Olivia Cameron	Kelly Drummond Cawthon	Janine Snowie	Amanda Kaminski	CWA TAS	CWA TAS	Peter Brown
1.40 pm – 2.00 pm	<p><i>Building a virtual online community to support rural carers: Verily Connect project</i> <b>Irene Blackberry</b> <b>Clare Wilding</b></p> <p><i>Connecting carers of people with dementia: can we do it by videoconference?</i> <b>Lynne Parkinson</b></p>	<p><i>The impact of pain on rural and regional Australia: problems and solutions</i> <b>Carol Bennett</b></p> 	<p><i>Yarning</i> <b>Maureen Ryan</b> <b>Raylene Foster</b></p> <p><i>Review of the Koolin Balit Aboriginal Health Cultural Competence Audit Project</i> <b>Olivia Mitchell</b></p>	<p><i>Sedation in children requiring MRI in a regional hospital: a retrospective study</i> <b>Indhumathi Babu</b></p>  <p><i>Experiences of children with cancer and their families living in Tasmania</i> <b>Jessica Hammersley</b></p> 	<p><i>RANT Arts: empowering art narratives through creative innovation, facilitation, connectivity and reflective practice</i> <b>Nathan Tucker</b></p>	<p><i>Designing a rural community-engaged health service and model of nursing practice</i> <b>David Lyle</b> <b>Jacqueline Ballard</b></p>	<p><i>An innovative partnership aiming to embed clinical learning in regional WA</i> <b>Emma Cahill</b> <b>John Von Dadelzen</b></p>  <p><i>Rural training pathways: the Royal Australasian College of Surgeons surgical perspective</i> <b>Sally Butchers</b></p>	<p><i>Primary health planning in rural Victoria: a case study of Gippsland PHN</i> <b>Rod Wilson</b></p>	<p><i>Delivery of home monitoring and point-of-care testing in general practice</i> <b>Rosy Tirimacco</b></p>	<p><i>Improving outcomes for rural cancer survivors: new ideas from a Churchill Fellowship</i> <b>Kate Gunn</b></p>
2.05 pm – 2.25 pm	<p><i>Protocol for innovative personalised model of care for dementia in rural Australia</i> <b>Abraham Kuot</b></p>	<p><i>Providing renal services closer to home in country South Australia</i> <b>Jayne Westling</b></p> <p><i>continencesupportnow.com.au: a pocket guide for care workers providing bladder and bowel support</i> <b>Bronwyn Robinson</b></p> 	<p><i>Ka-ree-ta Ngoot-yoong Wat-nan-da—Grow Healthy Together: our partnership journey</i> <b>Christine Giles</b> <b>Tamika Amos</b></p>	<p><i>Protecting the future: fatal incidents on Australian farms involving children (2001 to 2017)</i> <b>Kerri-Lynn Peachey</b></p>	<p><i>The Regional Arts Fund: health and wellbeing through creative engagements across Australia</i> <b>Ros Abercrombie</b></p>	<p><i>Routine health checks and developmental reviews for Aboriginal children: practices in a remote Kimberley primary health care</i> <b>Jane Bromley</b></p>  	<p><i>How quality education and training saves money: a case study</i> <b>Stephen Gourley</b></p> <p><i>Postgraduate education to support rural generalists in the allied health professions</i> <b>Kylie Woolcock</b></p>	<p><i>To the city and back: developing a quality patient flow framework</i> <b>Julia Waddington-Powell</b></p>	<p><i>Achieving equity, effectiveness and efficiency: digital health in allied health</i> <b>Richard Cheney</b></p> <p><i>Expansion of tele palliative care in the home in regional Western Australia</i> <b>Brett Hayes</b></p> 	<p><i>Promoting better management of epilepsy in rural Australia</i> <b>Honor Coleman</b></p> 

## DAY 2—MONDAY, 25 MARCH 2019: The current situation

2.30 pm – 2.50 pm	Overcoming barriers to screening for cognitive decline in rural surgical patients <b>Sean MacDermott</b>	Ambassadors as key stakeholders—working better together with community <b>Vicki Wade</b>	Practitioner perceptions of the health of Australian First Nations' Peoples: preliminary findings <b>Alan Crouch</b> <b>Gwenda Freeman</b>	Enhancing healthcare access for rural Aboriginal adolescents: a population health approach <b>Georgina Luscombe</b>	Indigenous art and health—'arts as practice' <b>Allan Sumner</b>	Building the evidence base for allied health in the real world <b>Kristine Battye</b>  Aboriginal and Torres Strait Islander engagement activities for rural health clubs <b>Rebecca Fatnowna</b>	Joining the dots ... quantifying the economic value of rural health training to community <b>Jenny May</b> <b>Jennifer Lang</b>	Alliance contracting: a western Queensland experience <b>Cassandra Gillies</b> <b>Stuart Gordon</b>	Implementing telerehabilitation services statewide: what are we learning? <b>Kate Osborne</b>	Implementation of nasal high flow therapy in Thursday Island and Cape York <b>Sally West</b> <b>Nicholas Cairns</b>
2.55 pm – 3.15 pm	Listening to the lived experience of people who have dementia <b>Ros Calvert</b>	General practitioners or orthopaedic surgeons—who's responsible for the gap in osteoporosis management? <b>Jane Anderson-Wurf</b>	Dreaming for self-determination: flipping the focus using appreciative inquiry and yarning <b>David Ritchie</b>	Can you hear us? Children with a hearing loss in rural Australia <b>Megan Barr</b>	The University of Florida Center for Arts in Medicine Interdisciplinary Research Lab: arts and health communication and the arts and community health <b>Jill Sonke</b>	Can psychology students improve access to mental health services for Kimberley peoples? <b>Lindy Swain</b> <b>Yogayashwanthi</b> <b>Yogaraj</b>	Queensland Health allied health rural generalist training positions trial 2014 to 2018 <b>Ilsa Nielsen</b>	Partnership and co-design: the national enhanced response to the infectious syphilis outbreak <b>Lucas de Toca</b> <b>Dawn Casey</b>	Healthy at home: telephone monitoring for vulnerable people <b>Sally Philip</b>	Student placements in remote NT and the impact on future workforce <b>Jessie Anderson</b> <b>Narelle Campbell</b>

3.15 pm

### AFTERNOON TEA

Federation Ballroom




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## DAY 2—MONDAY, 25 MARCH 2019: The current situation

### 3.45 pm – 5.30 pm PLENARY SESSION 3—LOOKING AT DIFFERENT RURAL AND REMOTE HEALTH CONTEXTS

Concert Hall

- 3.45 pm Performance: *Your Zen soundtrack*  
Brian Ritchie and Yyan Ng perform Buddhist and Shinto music on the shakuhachi and taiko drums
- 3.55 pm **Joe O'Malley**, Conference MC
- 4.10 pm **Conference sponsor: R U OK?**  
**Mitch McPherson**, Founder, SPEAK UP! Stay ChaTY
- 4.20 pm  KEYNOTE 7: **Luis Salvador-Carulla**, Head, Centre for Mental Health Research, Australian National University  
*Using evidence to shape mental health care in rural areas*
- 4.40 pm  KEYNOTE 8: **Jeff Ayton**, Chief Medical Officer, Australian Antarctic Division, Polar Medicine Unit  
*Delivering health services to Australia's remotest communities—Australia's Antarctic Program*
- 5.00 pm  KEYNOTE 9: **Margaret Alston**, Professor, School of Humanities and Social Science, University of Newcastle  
*Rural women's health*
- 5.20 pm Q and A
- 5.30 pm Close Day 2

7.00 pm for  
7.30 pm

### CONFERENCE DINNER AND RURAL HEALTH AWARDS

Dress code: Black tie and boots!

Entertainment: Mambo Africa Trio / Sugar Train

# HESTA



Princes Wharf 1, Castray Esplanade, Hobart

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## DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

8.00 am Registration desk and exhibition hall open

Foyer and  
Federation Ballroom

8.30 am –  
10.30 am


### PLENARY SESSION 4—SOCIAL AND ECONOMIC DETERMINANTS OF HEALTH


Concert Hall


8.30 am Performance: Mature Artists Dance Experience  
*The Frock, by Graeme Murphy*

8.40 am **Megan Smith**, Dean, Faculty of Science, Charles Sturt University  
*A word from our Education Sponsor*

8.55 am **Joe O'Malley**, Conference MC

9.00 am  KEYNOTE 10: **Sir Harry Burns**, Professor of Global Public Health, University of Strathclyde, Scotland  
*Early childhood trauma, social determinants of health, anticipatory care approach*

9.20 am  KEYNOTE 11: **Fran Baum**, Director, Southgate Institute for Health, Society and Equity and Matthew Flinders Distinguished Professor, Flinders University  
*Governing for health and equity: perspective for rural Australia*

9.40 am  KEYNOTE 12: **Saul Eslake**, Economist and Vice-Chancellor's Fellow, University of Tasmania  
*Education, employment participation and health outcomes—Tasmania as a case study*

10.00 am Panel discussion

10.25 am **Jenny May**  
An update on what's in the Sharing Shed



10.30 am







### MORNING TEA

Federation Ballroom

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## DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

11.00 am – 12.35 pm <b>CONCURRENT SESSION C</b>										
	C1 Mental health— responding to the need	C2 Social determinants and health	C3 Healthy communities	C4 Infants and parents	C5 Arts and health: the body	C6 Health service planning	C7 Research and research methods	C8 Pharmacy and medicines	C9 End-of-life care	C10 Rural PHN workshop
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STAFF	Pauline Gwatarisa	Andrew Waters	Alex McCubbin	Olivia Cameron	Peter Brown	Janine Snowie	Amanda Kaminski	CWA TAS	CWA TAS	CWA TAS
11.00 am – 11.20 am	<p><i>Co-designing a suicide intervention training program for Indigenous communities—INSIST</i> <b>Bushra Nasir</b></p> 	<p><i>Seeing the whole person: addressing the link between social determinants and health</i> <b>Jenny Caspersonn</b></p> 	<p><i>Making connections: a systems approach to Tackling Indigenous Smoking</i> <b>Penelope Upton Desley Thompson</b></p>	<p><i>Growing together: experience of parenting a premature infant in a rural area</i> <b>Luke Wakely</b></p> 	<p><i>Movers and shakers dance for Parkinson's</i> <b>Mature Artists Dance Experience</b></p>	<p><i>Riding the funding cycle: dodging 'potholes' in regional rural and remote Australia</i> <b>Jen Cleary</b></p>	<p><i>Inequities in research engagement between rural/remote and metropolitan health care providers</i> <b>Bonnie Eklom</b></p> 	<p><i>Accuracy of medications in GP referrals to emergency departments</i> <b>Christopher Etherington Dong Cheah</b></p> <p><i>Minimising medication misadventure in rural communities by working better together</i> <b>Michelle Rothwell</b></p>	<p><i>Transforming end-of-life care for older Australians: building workforce capacity through ELDAC</i> <b>Patsy Yates</b></p> <p><i>The success of paediatric oncology, haematology and palliative shared care throughout Queensland</i> <b>Jessica Nicholson</b></p>	<p><b>WORKSHOP</b> <b>11am – 12.25pm</b></p> <p><i>Service integration by rural PHNs—where to from here?</i> <b>Matt Jones</b></p>
11.25 am – 11.45 am	<p><i>Child mental health is everyone's responsibility</i> <b>Courtney Schuurman Angela Scuderi</b></p> 	<p><i>Better together: working and growing together will enhance Aboriginal careers in health</i> <b>Pam Renata Talisa Smith</b></p>	<p><i>The story of Active Launceston</i> <b>Lucy Byrne</b></p>	<p><i>From pilot to state-wide scale up: extending Tresillian's rural reach through partnership</i> <b>Robert Mills Deborah Stockton</b></p>	<p><i>Sharing knowledge: using art to translate and disseminate research findings to communities</i> <b>Jennifer Ayton</b></p>	<p><i>SPOTing need: RFDS Service Planning Operational Tool</i> <b>Lauren Gale</b></p>	<p><i>Starting a remote area academic centre ... the trials and tribulations</i> <b>Tara Walker</b></p> <p><i>Obtaining consent from Aboriginal patients: a culturally sensitive approach</i> <b>Elise Kempler</b></p> 	<p><i>No longer isolated: increasing clinical pharmacy services in a very remote hospital</i> <b>Kara Milne</b></p>	<p><i>Dying to talk: it is better together!</i> <b>Kelly Gourlay</b></p>	

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## DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

11.50 am – 12.10 pm	<p><b>Outcomes and learnings from the Specialist Support Coordination program in rural NSW</b> <b>Matt Thomas</b></p>	<p>Who cares about the health of former female prisoners? <b>Donna-Marie Bloice</b></p> 	<p>When education, partnerships and humour combine: a successful multi-sectoral health promotion model <b>Fiona Darling</b></p> <p>Cultural and communication skill training <b>Patrick Mahony</b></p> 	<p>Mothering children with chronic conditions: stories from the bush <b>Sally Bristow</b></p> 	<p>The Nayri Niara Centre—a sanctuary for people to experience transformational activities aligned with Indigenous traditions of healing <b>Ruth Langford</b></p>	<p>Can technology fix the failure of Medicare for rural and remote Australians <b>Kim Snowball</b></p>	<p>Healing together: research partnerships between rural Aboriginal communities, services and researchers <b>Alice Munro</b></p>  	<p>Vaccine cold chain integrity in remote Australia <b>Angela Young</b></p> <p>Medication education from your pharmacist, wherever you are <b>Hannah Mann</b></p>	<p>The Tasmanian Bereavement Care Network: linking people and services across the state <b>Flora Dean</b> <b>Pauline Marsh</b></p>	
12.15 pm – 12.35 pm	<p>An overview of headspace intake and demand management <b>Caroline Thain</b> <b>Miranda Ashby</b></p>	<p>Supporting health and justice through partnership <b>Lottie Turner</b></p>	<p>Perceived access to health care in rural Victoria <b>Lisa Bourke</b></p>	<p>State-wide implementation of the Social Attention and Communication Surveillance-Revised (SACS-R): a design thinking approach <b>Ali Morse</b></p>	<p>The Extra Some <b>Liz Lea + Katie Senior</b></p>	<p>Introduction to HeaDS UPP workforce planning tool <b>Maureen McCarty</b></p>	<p>Analysis of 'non-mainstream' data: quantile is better than ordinary (OLS) regression <b>Gokula Chandran</b></p>	<p>Aboriginal and Torres Strait Islander Health Practitioner Project, Queensland Health <b>Josslyn Tully</b></p>	<p>Living, loving, dying: health promoting palliative care and rural compassion <b>Pauline Marsh</b></p>	
12.35 pm – 1.30 pm	<b>LUNCH AND VIEWING OF POSTERS</b>									Federation Ballroom
12.50 pm – 1.20 pm	<p><b>Lunch time session: New workforce planning tool: HeaDS UPP demonstration</b> <b>Maureen McCarty</b>, Australian Government Department of Health</p>									Harbour View 2

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## DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

1.30 pm – 3.35 pm										
CONCURRENT SESSION D										
	D1 Mental wellbeing	D2 Social dimensions of health and wellbeing	D3 Promoting good health	D4 Pre-conception to birth	D5 Arts and health: music	D6 Health services—collaborating and coordinating	D7 Workforce and workplace issues	D8 Clinical placements and 'going rural'	D9 Telehealth in hospitals and health services	D10 <i>Australian Journal of Rural Health</i> workshop
ROOM	Concert Hall Hotel Grand Chancellor	Ballroom 1 Hotel Grand Chancellor	Ballroom 2 Hotel Grand Chancellor	Ballroom 3 Hotel Grand Chancellor	Harbour View 1 Hotel Grand Chancellor	Harbour View 2 Hotel Grand Chancellor	Chancellor 6 Hotel Grand Chancellor	Theatrette Old Wool Store 1 Macquarie St	Merino Room Old Wool Store 1 Macquarie St	Shearers' Room Old Wool Store 1 Macquarie St
CHAIRS	Margi Johnson Eloise Knuckey	Joan van Rotterdam Hannah Birch	Eithne Irving	Catherine Helps Natasha Patrick	Matthew Farger	Peter O'Meara Henry Johnston	Glynda Summers Maree Green	David Trench Xenia Vrakatselis	Martin Lavery Tanya Cameron	Russell Roberts Taylor Smithurst
STAFF	Pauline Gwatirisa	Andrew Waters	Alex McCubbin	Olivia Cameron	Kelly Drummond Cawthon	Janine Snowie	Amanda Kaminski	CWA TAS	CWA TAS	Peter Brown
1.30 pm – 1.50 pm	<p><i>Mental health and wellbeing promotion through rural football clubs</i></p> <p>Heidi Hutchesson</p> 	<p><i>Strengthening hospital responses to family violence in the south-west of Victoria</i></p> <p>Jackie Kelly</p> <p><i>Finding treasure: the power of community in rural health and wellbeing</i></p> <p>Fae Robinson</p>	<p><i>Managing dental decay of young Aboriginal children in the Kimberley, Western Australia</i></p> <p>Susan Piggott Sheryl Carter</p> 	<p><i>A review of pre-conception care delivery in a remote Aboriginal community context</i></p> <p>Emma Griffiths</p>	<p><i>The ins and outs of undertaking a song-writing workshop for rural women</i></p> <p>Wendy Madsen</p> 	<p><i>Comprehensive primary health care within Aboriginal Community Controlled Health Services</i></p> <p>Lisa Coulson Diane Hopper</p>	<p><i>How effective are interventions to reduce violence against health care workers?</i></p> <p>Evelien Spelten</p> <p><i>Have a drink and get over it: how violence is impacting paramedics</i></p> <p>Brodie Thomas</p>	<p><i>Rural pharmacy workforce: impact of curriculum and clinical placements</i></p> <p>Selina Taylor</p>	<p><i>A collaborative approach in remote Aboriginal communities: why has telehealth worked in the Laynhapuy Homelands?</i></p> <p>Marianne St Clair</p> 	<p><b>WORKSHOP</b> 1.30pm – 3.35pm</p> <p><i>Writing for publication and meet the Editors of the Australian Journal of Rural Health</i></p> <p>Russell Roberts Narelle Campbell Martin Jones Evelien Spelten Alison Bell (Wiley)</p>
1.55 pm – 2.15 pm	<p><i>Delivering a mental wellbeing program through local rural football clubs</i></p> <p>Jocelyn Kernot</p>	<p><i>From childcare to elder care: challenges for female caregivers in rural areas</i></p> <p>Leigh Tooth</p> <p><i>Better together to provide awareness, support and prevention of elder abuse in our rural communities</i></p> <p>Maree Montgomery</p>	<p><i>The rrala milaythina-ti</i></p> <p>Raylene Foster</p>	<p><i>Where there is no midwife: the Imminent Birth Education Program</i></p> <p>Jenny Kelly Jane Connell</p> 	<p><i>Men. Music. Change. Youth and mental health service: using music programs to bring about positive change in men's lives</i></p> <p>Matthew Farger</p>	<p><i>Working together to build sustainable cancer services close to home</i></p> <p>Kelly Schulze</p> 	<p><i>The workforce climate of nursing and midwifery in country health South Australia</i></p> <p>Micah Peters</p>	<p><i>A model for general practice placements in Tasmania for hospital medical officers</i></p> <p>Alex Crespo-Schmidt</p> <p><i>Student placements in rural health services: developing an interdisciplinary model</i></p> <p>Carol Reid Rochelle Barbaro</p> 	<p><i>Western NSW Telehealth Strategy—care closer to home</i></p> <p>Sharon Cowie</p>	

## DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

2.20 pm – 2.40 pm	<p><i>Severe Tropical Cyclone Debbie—mental health recovery program: success, challenges and lessons learnt</i> <b>Sonia Morshead</b></p> 	<p><i>'Drop and go' charity mentality is not viable for those in critical need</i> <b>Blake Davies</b></p> <p><i>Drought, housing and rural women: myriads of measures, myriads of issues</i> <b>Alwyn Friedersdorff</b></p> 	<p><i>Insight into health information seeking behaviour in men living in regional Australia</i> <b>Kirsten Hogg</b></p>	<p><i>Birthing on Mornington Island</i> <b>Catrina Felton-Busch</b></p>	<p><i>Health by stealth: drumming for wellness and health professional education</i> <b>Nicky Wright</b></p>	<p><i>Building collaborative practice with consumers in rural and remote Australia</i> <b>Leanne Wells</b> <b>Andrew Harvey</b></p>	<p><i>Are rural aged care workers stressed out?</i> <b>Vivian Isaac</b></p>	<p><i>Challenges to employing recent nursing and allied health graduates in rural areas</i> <b>Merylin Cross</b></p>	<p><i>Telehealth Emergency Management Support Unit: connecting rural, remote and regional Queensland through acute telehealth</i> <b>Deanne Crosbie</b></p>  
2.45 pm – 3.05 pm	<p><i>Rural suicide prevention through building healthy and resilient people and communities</i> <b>Hazel Dalton</b></p>	<p><i>Transforming houses into homes: supporting wellbeing for Indigenous families</i> <b>Wendy Madsen</b></p> 	<p><i>Towards barrier-free counselling for sexual/gender minorities and sex workers in rural Tasmania</i> <b>Tamara Reynish</b></p> 	<p><i>Royal Flying Doctor Service Obstetric Retrievals Audit: who, where, what and why?</i> <b>Kiri Oates</b></p> 	<p><i>Caring for carers who care for people with dementia</i> <b>Helen Swain</b></p>	<p><i>Working together to give women choice: community-based HPV self-sampling for Aboriginal women</i> <b>Jo Marjoram</b></p> 	<p><i>Workplace aggression experiences of Victorian nurses and midwives in non-metropolitan settings</i> <b>Danny Hills</b></p>	<p><i>Barriers and opportunities to clinical placements in regional, rural and remote settings</i> <b>Pamela Stronach</b></p> 	<p><i>Teleotogy: a picture tells a thousand words</i> <b>Laura O'Connor</b></p>

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## DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health


3.10 pm **AFTERNOON TEA** Federation Ballroom


3.40 pm – 5.30 pm **PLENARY SESSION 5—COMMUNITY PERSPECTIVES** Concert Hall

3.40 pm Performance by Second Echo Ensemble: *By my hand*

3.50 pm **Joe O'Malley**, Conference MC

4.00 pm  KEYNOTE 13: **Anne Cahill Lambert**, Health Consumer Advocate  
*'Nothing for us or about us without us'—better together with rural health consumers*

4.20 pm  KEYNOTE 14: **Peter Sainsbury**, Past President, Public Health Association of Australia and the Climate and Health Alliance  
*Action before it is too late: climate change and the health of rural Australia*

4.40 pm  KEYNOTE 15: **Lucas Patchett and Nicholas Marchesi**, Co-founders, Orange Sky  
*Better together—positively connecting communities*

5.40 pm Close Day 3

5.45 pm – 6.45 pm **NETWORKING EVENING** Federation Ballroom  
Sponsored by the University of Sydney School of Rural Health  
Entertainment: Silver Space

 THE UNIVERSITY OF SYDNEY | Western NSW Regional Training Hub  
SCHOOL OF RURAL HEALTH

7.00 pm **RECOMMENDATIONS ROUNDTABLE** Lobby Boardroom  
Delegates invited to discuss progress of the Sharing Shed recommendations with the Recommendations Committee  
Ground Floor

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## DAY 4—WEDNESDAY, 27 MARCH 2019: Future success

6.30 am Delegates are encouraged to join Jan Butler from the Heart Foundation's Early Birds walking group for a delightful morning walk along the waterfront. Meet in the Hotel Grand Chancellor foyer. Group will return to the hotel by 7.30 am.

8.00 am Registration desk and exhibition hall opens

Foyer and  
Federation Ballroom

8.30 am –  
10.30 am

### PLENARY SESSION 6—MANAGING HEALTH INTO THE FUTURE

Concert Hall

8.30 am

**Jenny May**

*'What do you recommend?' Last call for contributions to the Sharing Shed*

8.40 am

**Joe O'Malley**, Conference MC

*Announcing the winners of the Friends Photo and Poetry Competition*

8.50 am



KEYNOTE 16: **Richard Di Natale**, Leader, Australian Greens  
*Prioritising the needs of rural health into the future*

9.10 am



KEYNOTE 17: **Kalinda Griffiths**, Scientia Fellow, Centre for Big Data Research in Health, University of NSW  
*Measuring health disparities in Australia: using data to drive solutions*

9.30 am



KEYNOTE 18: **Cassandra Goldie**, Chief Executive Officer, Australian Council of Social Service  
*A decent social safety net and affordable housing: a plan for a healthier future*

9.50 am

Q and A

10.10 am

*'Better together!' by Josh Arnold and the Conference Choir!*

10.30 am





### MORNING TEA

Federation Ballroom

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## DAY 4—WEDNESDAY, 27 MARCH 2019: Future success

11.00 am — 12.35 pm CONCURRENT SESSION E										
	E1 Older people	E2 Disease management—cardiovascular disease	E3 Learning from Australia's friends and neighbours	E4 Digital health—children and parenting	E5 Arts and health: story	E6 Refugees and migrants in regional Australia	E7 Addressing the harm—alcohol and other drugs	E8 Training and learning	E9 Stories of health consumers	E10 Climate change and health workshop
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STAFF	Janine Snowie	Andrew Waters	Alex McCubbin	Olivia Cameron	Peter Brown	Pauline Gwatirisa	Amanda Kaminski	CWA TAS	Jo Walker	CWA TAS
11.00 am — 11.20 am	<i>Working interprofessionally to improve oral health and reduce aspiration pneumonia risk</i> <b>Lynette Goldberg</b>	<i>Improving outcomes for rural stroke patients: a South Australian success story</i> <b>Karen Dixon</b>	<i>Sustaining farm families from Victoria, Australia to Alberta, Canada</i> <b>Susan Brumby</b>	<i>Rural/remote mental health service delivery: can telecare meet the needs of children?</i> <b>Caroline Stevenson</b> <b>Alexandra Crawford</b>	<i>Terrapin Puppet Theatre—making the impossible, possible using just our hands</i> <b>Sam Routledge</b>  <i>Park Days (play reading contains coarse language)</i> <b>Jordy Gregg</b>  <i>By my hand—performance</i> <b>Second Echo Ensemble</b>	<i>Australian Indigenous and CALD women overcoming barriers to health screens: better together!</i> <b>Dianne Jonasson</b>	<i>Women, alcohol and pregnancy: are we telling the truth?</i> <b>Marion Hale</b>	<i>Partners in health to eLearning module development in rural and remote Western Australia</i> <b>Lesley Pearson</b> <b>Christine Hunter</b>	<i>New, real, effective support desperately needed for people suffering with mental illnesses</i> <b>Paisley Rylance</b>   <i>Other side of the fence: health service representative to rural health consumer</i> <b>Judi Walker</b>	<b>WORKSHOP</b> 11am – 12.25pm  <i>Climate change and health in rural Australia</i> <b>Sujata Allan</b> <b>Rosalie Schultz</b> <b>Rohan Church</b>
11.25 am — 11.45 am	<i>Living well in NSW: multipurpose services evaluated—is it home?</i> <b>Jenny Preece</b>  <i>Highview Model: a journey beyond living well in a NSW multipurpose service</i> <b>Lynn Forsyth</b> <b>Fiona Flynn</b> 	<i>The Australian Heart Maps: a tool to help address heart health inequities</i> <b>Cliona Fitzpatrick</b>	<i>Australian Doctors International operations in Western Province, Papua New Guinea</i> <b>Klara Henderson</b>	<i>City versus country: do rural adolescents experience digital health inequalities?</i> <b>Georgina Luscombe</b>	<i>The benefits of creative arts programs for people receiving renal dialysis</i> <b>Leigh Tesch</b>	<i>TREE: The Ripple Effect of Ethnicities</i> <b>Mara Richards</b> <b>Ray Gentle</b> 	<i>Consulting with Indigenous communities to provide support for addressing alcohol and other drug use</i> <b>Avinna Trzesinski</b>	<i>Advance Care Yarning: a culturally sensitive journey using technology</i> <b>Lorraine McMurtrie</b> <b>Karen Johnson</b> 	<i>Medically abandoned in Australia</i> <b>Sharon Whiteman</b>	



## DAY 4—WEDNESDAY, 27 MARCH 2019: Future success

11.50 am – 12.10 pm	<p><i>Getting GPs into residential aged care: time for a rethink on remuneration?</i> <b>Kristine Batty</b> <b>Catherine Sefton</b></p> <p><i>The Vitality Passport</i> <b>Melanie Reeves</b></p>	<p><i>Delivery of outpatient cardiac rehabilitation using a GP Hybrid/ Telephone Program model</i> <b>Claudine Clark</b></p>	<p><i>Equity in the context of co-designing sustainable rural maternity services</i> <b>Bernadette Doube</b> <b>Jill Dibble</b></p>	<p><i>Social media innovation: together we beat the tyranny of distance</i> <b>Dianne Zalitis</b></p>	<p><i>Storytelling: the conduit to good health and prosperity for rural Australia</i> <b>Penny Terry</b></p>	<p><i>Using the National Settlement Standards to achieve better health outcomes for migrants and refugees in rural and regional Australia: Part 1</i> <b>Andrew Cummings</b> <b>Clarissa Adriel</b></p>	<p><b>Neonatal abstinence syndrome: is it the same everywhere?</b> <b>Shabna Rajapaksa</b></p>	<p><i>Benefits of sharing limited licence radiography online course material across state boundaries</i> <b>Tony Smith</b></p>	<p><i>A carer's reflection on navigating the NDIS in the Northern Territory</i> <b>Lynne Strathie</b></p>
12.15 pm – 12.35 pm	<p><i>Making a place for joy: designing better rural aged care facilities</i> <b>Belinda Douglas</b></p> 	<p><i>Roll-out of automated external defibrillators to rural and remote Australian communities</i> <b>Lauren Gale</b> <b>Lindy Harkness</b></p> 	<p><i>An integrated approach to Indigenous health in northern British Columbia, Canada</i> <b>Travis Holyk</b></p>	<p><i>Occupational therapy led paediatric burn telehealth clinic: keeping kids closer to home</i> <b>Tilley Pain</b></p> 	<p><i>Case studies of transformation through inclusive theatre making: doing Shakespeare in Cairns</i> <b>Avril Duck</b> <b>Velvet Eldred</b></p>	<p><i>Using the National Settlement Standards to achieve better health outcomes for migrants and refugees in rural and regional Australia: Part 2</i> <b>Andrew Cummings</b> <b>Clarissa Adriel</b></p>	<p><i>Too much booze in the bush: what can we do?</i> <b>Madeleine Day</b></p>	<p><i>Accessing evidence-based online mental health support</i> <b>Heidi Sturk</b></p>	<p><i>Daring to care! An autoethnographic journey of recovery from bipolar affective disorder and complex trauma</i> <b>Cecil Camilleri</b></p> 
12.35 pm	Session concludes. Sharing Shed closes 1 pm								
12.35 pm – 1.30 pm	<h3>LUNCH AND VIEWING OF POSTERS</h3> <p>Exhibition Incentive Competition draw - winner must be present to win</p>								
									Federation Ballroom

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## DAY 4—WEDNESDAY, 27 MARCH 2019: Future success

1.30 pm –  
3.30 pm

### PLENARY SESSION 7—BETTER TOGETHER FOR THE NEXT 25 YEARS!

Concert Hall

- 1.30 pm **Joe O'Malley**, Conference MC  
Announcing the winners of the Friends Photo and Poetry Competition
- 1.40 pm **Jenny May**  
*Presentation of conference priority recommendations—final report from the Sharing Shed*
- 1.50 pm  **The Hon Bridget McKenzie**, Minister for Regional Services
- 2.10 pm  KEYNOTE 19: **Paul Worley**, National Rural Health Commissioner  
*Sustainable rural health teams: our future or fantasy*
- 2.30 pm  KEYNOTE 20: **Jill Sonke**, Director, Center for Arts in Medicine, University of Florida  
*Do the arts help us live longer and age better? Considering the long-term public health impacts of arts and cultural engagement*
- 2.50 pm  KEYNOTE 21: **Sandro Demaio**, Co-host, ABC's *Ask the Doctor*; Chief Executive Officer, EAT; Founder, Sandro Demaio Foundation  
*Closing address*
- 3.30 pm **Tanya Lehmann**, Chair, National Rural Health Alliance  
*Thank you and close*
- 3.40 pm See you in 2021 ...
- 3.45 pm Closing performance

4.00 pm

### FAREWELL AFTERNOON TEA


Foyer

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## POSTER PRESENTATIONS

*Professional and organisational factors associated with specialist retention in rural Tasmania*  
**Penny Allen**

 *Implementation of a patient experience monitor in three rural urgent care centres*  
**Danielle Beekman**

*Collaborate, embrace, evaluate: strategic research in general practice training*  
**Michael Bentley**

 *Rural adolescent health care: barriers, access and age appropriate care*  
**Lani Brazier, Nikolina Sladojevic**


*A community-identified priority: creating breastfeeding-friendly food outlets in rural Victoria*  
**Natalie Bremner, Ashleigh Robinson**

*Better together: collaborative primary health care for severe and complex mental illness*  
**Laurinne Campbell, Kristy Payne**


*Redefining COPD: collaborative opportunities for partnership development*  
**Glenda Chapman**


*Where are the boys? Health care professionals' and educators' perspectives*  
**Sandra Connor**


*Do preventable hospital admissions for oral health-related conditions vary by geographical remoteness?*  
**Leonard Crocombe**

 *Appropriateness of adult plain abdominal radiograph requesting in a regional emergency department*  
**Michelle Fernandez**


*It's a tough gig for remote managers without the essentials*  
**Marcia Hakendorf**

 *Improving ear health for Aboriginal and Torres Strait Islander people through partnerships*  
**Jacqui Hawgood**

 *An innovative nursing model supporting country people receiving oral treatment for cancer*  
**Brett Hayes**

 *Linking program funding to provide streamlined diabetes care in rural communities*  
**Minke Hoekstra**


*Telehealth improvement through innovation*  
**Vickie Irving**


 *'Never too far': return to country, working with rural Indigenous communities*  
**Karen Joy, Rebekah Orford**


*Service development for chronic pain: a model from remote Australia*  
**Rachel Kovacevic, Stephen McCrea**


*Mapping the optimal care pathway for oesophagogastric cancer in regional Victoria*  
**Michael Leach**

*Visualising rural health through the arts*  
**Michael Leach**

 *Managing insulin in rural communities after it is dispensed*  
**Patrick Mahony**

 *Eating disorder assessment and management in paediatric inpatients at a rural hospital*  
**Robert Milledge**

 *A retrospective comprehensive overview of a regional Queensland acute pain management service*  
**Bushra Nasir**

 *Stimulant prescribing for ADHD over 20 years in two regional paediatric departments*  
**Helen Puusepp-Benazzouz**

*Adherence to chronic disease management regimes in rural populations: a scoping review*  
**Arlen Rowe**

*Continuing professional development aid for rural medical specialists*  
**Sarah Srikanthan, Bernard Bucalon**

*Knit one, purl one, knit together*  
**Erica Stevenson**

*Positive client outcomes from rural clinical placements developed by Going Rural Health*  
**Trish Thorpe, Jane Doyle**

*Nurse practitioner locum solutions: addressing Australian rural health service provision gaps*  
**Kathleen Tori**



*The impact of nurse practitioners in a rural community*  
**Kathleen Tori**


*Partnering with purpose: Starlight's support for child and adolescent rural health care services*  
**Claire Treadgold, Jo Dann**

*National Regional Training Hubs Program: improved rural health outcomes*  
**Fran Trench**

*The health of rural and remote Australians*  
**Micaella Watson, Ingrid Evans**

*Screening for post-stroke depression in a rural rehabilitation unit*  
**Sandra Wicks**

  *A multidisciplinary approach to managing gestational diabetes mellitus in a regional hospital*  
**Ellisha Willoughby**

 *Rural career intentions: the influence of placement experiences for allied health students*  
**Rebecca Wolfgang**

*An innovative, educational approach to weight management in general practice*  
**Scott Wood**

*Bariatric Specialist Multi-Disciplinary Consultancy Service (Phone B-A-R-I)*  
**Peter Young, Natalie Papallo**

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Symptom management for palliative patients

