

Centre for Remote Health

A joint centre of Flinders University and Charles Darwin University

Pre-conference event: Sunday, 24 March 2019

Prescribing, dispensing, and supporting medicines use with Aboriginal and Torres Strait Islander peoples

Target audience:

Health professionals involved in provision of medicines to Aboriginal and Torres Strait Islander people (Aboriginal and Torres Strait Islander Health Practitioners, doctors, dentists, nurse practitioners, nurses, pharmacists, midwives).

Summary

This workshop will assist clinicians involved in the provision of medications to Aboriginal and Torres Strait Islander people to ensure the appropriate, safe and effective use of medicines. Medications are crucial to the effective management of many health conditions. The workshop will cover access to medicines, communication considerations and adherence to therapies incorporating interactive activities to provide clinicians with strategies and resources to enhance quality use of medicines in collaboration with Aboriginal and Torres Strait Islander people.

On completion of the workshop participants will be able to:

1. Demonstrate an understanding of the systems designed to increase access to medicines for Aboriginal and Torres Strait Islander peoples, including Section 100, CTG scripts (PBS copayment measure) and QUMax.
2. Communicate treatment plans effectively with Aboriginal and Torres Strait Islander people.
3. Implement strategies to enhance adherence to therapy.

The presenters include a public health physician, academic, and researcher with 27 years experience working for the Aboriginal community controlled health sector, Indigenous Australian Academics and a remote pharmacist with extensive experience and knowledge in Aboriginal and Torres Strait Islander health and communication.

All participants will receive a culturally appropriate medicines counselling resource developed to assist in the discussion of medicines with Aboriginal and Torres Strait Islander people.

The workshop was initially conducted as a James Cook University Generalist Medical Training masterclass.

Attendees may self-reported 3 hours of Group 2 Continuing Professional Development.

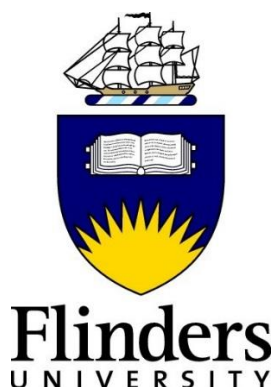
Presenters:

- Sophie Couzos, Associate Professor, Anton Breinl Research Centre for Health Systems Strengthening, James Cook University
- Kathleen Martin, Indigenous Academic, Centre for Remote Health, Flinders University
- Barbara Richards, Indigenous Academic, Centre for Remote Health, Flinders University
- Tobias Speare, Pharmacy Academic, Centre for Remote Health, Flinders University

Program:

	Topic	Presenter
830	Registration	
900	Welcome	
910	Access to medicines <ul style="list-style-type: none">• Section 100• CTG prescriptions (PBS copayment measure)• QUMax	Tobias Speare
1000	Communication considerations <ul style="list-style-type: none">• Barriers to communication	Kathleen Martin & Barbara Richards
1030	Morning tea	
1100	Communication considerations cont. <ul style="list-style-type: none">• Strategies to improve communication	Kathleen Martin & Barbara Richards
1130	Adherence to therapy	Sophia Couzos
1220	Conclusion	

Cost: \$220, includes morning tea and medicines counselling resource.

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Conference website: <http://www.ruralhealth.org.au/15nrhc/preconference>