



Rural & Remote Transition Support

inspire | enliven | sustain

Amongst the many challenges an employer can face is the recruitment and retention of great staff.

These challenges are only amplified in the Bush with remoteness sometimes deterring good applicants.

Sybella Mentoring's unique program helps to retain staff and reduce on-going recruitment costs. It does this by building on an employee's resilience and self-care skills, assisting them in managing isolation and ensuring they avoid the pitfalls of the transition phase.

How does it work?

Sybella's proven approach relies on the principals of Positive Psychology - the science of optimal human functioning. Based on the premise that we each have an innate desire for growth and development, our programs seek to enhance an employee's capacity for positive emotion,

The Sybella Mentoring Kit includes text books, CDs, Handbook and self-care materials

engagement, meaning and relationships - all factors that we know create conditions that will allow individuals, teams and communities to thrive.

Sybella Mentoring has demonstrated potential to:

- **Reduce** recruitment costs.
- **Improve** retention and reduce absenteeism
- **Reduce** incidence and cost of psychological injury claims
- **Enhance** employee wellbeing and performance
- **Increase** employee engagement and productivity
- **Improve** employee leadership style and behaviour



fact check

90% of people who finish the Sybella Mentoring Program want to stay longer in their current job

80% want to stay even longer in a rural or remote community

100% would encourage their friends and family to make a similar rural career move.

Save time and money.

Sybella Mentoring reduces costs by supporting new staff and helping them adapt to their new life in a rural or remote community.

When staff finish their first year settled and content, their contributions are more productive and their experience of regional Australia is more positive.

They will choose to stay longer and embrace the opportunities provided by a successful move to rural/remote Australia.