



The Paediatric Emergency Medication Book

Developed by the Monash Children's Resuscitation Committee, this book is designed to provide clinicians with a weight-based guide to

- Signs of clinical instability / MET call criteria
- Medication doses in resuscitation situations (cardiac arrest, intubation)
- Endotracheal tube size and positioning
- Emergency management of seizures, asthma, anaphylaxis, and electrolyte disorders

Information is provided in a user-friendly, colour-coded layout. Tables and highlighting provide easy access to medication doses, appropriate dilution, and volumes to be administered. The book has laminated pages, is spiral-bound, and can easily be wiped clean. It is designed for use in clinical settings such as on a resuscitation trolley, in theatre, in the emergency department or intensive care.

APLS Australia have recently incorporated the use of our book in their courses

For more information, visit www.monashchildrenshospital.org/resuscitation

[Click here to order a copy of the book](#)

Click here to [download a copy of the pages for a single weight-range](#)

All medication doses and dilutions are referenced to standard resources, including

- [RCH \(Melbourne\) Clinical Practice Guidelines](#)

- [Advanced Paediatric Life Support \(APLS\) Australia](#)

- [RCH Paediatric Injectable Guidelines.](#)

For all enquiries regarding the Paediatric Emergency Medication Book please contact Simon Craig by email: simon.craig@monashhealth.org