## **Amanda Norton**

Amanda Norton is responsible for the Primary Health Care, Chronic Disease Clinical Nurse Service at Ayr Health Service, Townsville Hospital & Health Service, Rural Hospital Service Group, since 2007. The role involves the expansion to case manage across a broad spectrum of multidisciplinary teams of specialist and allied health to coordinate the optimum care for complex multi-chronic disease markers. This service allows emphasis on identification in adult education learning styles and apply resources at the level of knowledge base to the individual. This improves the individual education uptake on understanding health conditions, how to reduce late presentations, medication compliance through linking pharmaceutical benefits and close the gap. This results in an understanding of how to get the best from service providers and encourage self responsibility. Amanda's passion has grown for client self-empowerment to ensure they take a lead and proactive role in the disease management, particularly with diabetes, cardiac rehabilitation, heart failure and chronic kidney disease.