

Kia Naylor

Kia Naylor is the Managing Director of Bodyfit NT, which is in its 9th year. Born and bred in South Australia, Kia moved to Darwin in 2005 for a lifestyle and career change after graduating from the University of South Australia. Kia has grown the company from a one woman enterprise to a sustainable and award winning company with a fantastic team of over 20. With a strong passion in Indigenous health programs, Kia directed the company towards an extensive footprint servicing the rural and remote Indigenous communities of the NT. The first remote program being delivered in 2009 and now expanded to include over 30 programs and communities in the Top End and Central Australia delivering both Exercise Physiology and Physiotherapy services.