

## Sarah Haythornthwaite

Sarah Haythornthwaite grew up in Fremantle, WA, on Noongar land and completed her training as a Clinical Psychologist in the West Kimberley 15 years ago. She first moved to the NT in 2008, working with Wurlu Wurlinjang Health Service and started working with AMSANT 3½ years ago. Her role at AMSANT involves providing clinical supervision and support to those working in alcohol and other drug, social and emotional wellbeing and mental health programs throughout Aboriginal community controlled health services. Sarah's role involves working closely with members of the Remote AOD Workforce and Remote AOD Workforce Support Program. Sarah and her AMSANT colleagues recognise trauma, both historic and present day, as a significant underlying issue to many of the most complex issues being faced throughout communities, this recognition led to AMSANT's work exploring the principles and relevance of trauma informed care to Aboriginal Community Controlled Health Services.