

Gina Dillon

Gina Dillon has recently completed her PhD through the School of Rural Medicine at the University of New England, Armidale. Her PhD research investigated the influence of rural, remote and metropolitan settings on the experiences of intimate partner violence (IPV) for young Australian women. Using data from the Australian Longitudinal Study on Women's Health, Gina has published a number of peer reviewed journal articles investigating geographical differences in prevalence and type of IPV, as well as the influence of IPV on self-reported health, health service use, and domestic relocation in young women from major cities, regional and more remote areas. Gina has a diverse career background spanning research in agricultural entomology, wildlife population monitoring and education in the field of adult literacy and numeracy. Outside of academia, Gina is the Director of Armidale Yoga, and has a particular interest in applying the benefits of yoga and meditation to aid the physical and mental wellbeing of people experiencing anxiety and depression, or in recovery programs for drug and alcohol addiction.