

Judith Anderson

Dr Judith Anderson has been a registered nurse in rural Australia for more than 20 years, working in a variety of settings. Her background has been strongly focused on improving health outcomes for people living in rural and remote areas and the provision of nursing education. In 2010, she completed her PhD on change management in small rural health services. Judith has also had a history of working in mental health services, aged care, management and in community engagement in rural health services. Currently Judith works for Charles Sturt University, as the courses director for the School of Nursing, Midwifery and Indigenous Health, where she coordinates undergraduate and postgraduate nursing courses. She is currently supervising several PhD students, including one studying the development of caring behaviours in recently graduated nurses. At Charles Sturt University, Judith has been involved in teaching nursing and paramedic students for several years and has undertaken research about student experiences in learning and how this can be improved. This overall history has led to a further interest in researching the impact of teaching methods, particularly the engagement of carers and consumers to present the lived experience of mental health issues on students.