

# “I’M HERE FOR MY WOMEN’S CHECK UP”

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Health Promotion in the Context of Cervical  
Screening

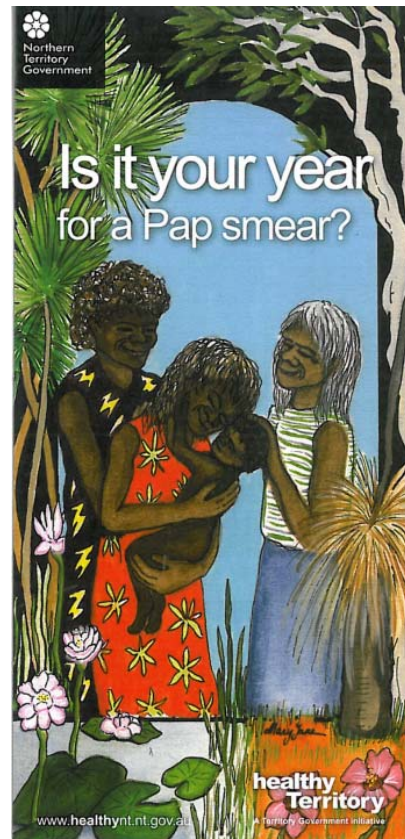
Genevieve Dally

# Background

- National cervical screening program (NCSP) introduced 1991
- Current model biennial screening age 18-70 years
- Offered in a context of:
  - High rates STIs
  - High rates unplanned pregnancy
  - Neglected sexual and reproductive health

# Background

- Current Cervical screening program - the 'women's check up'



# Background

- Renewal - 5 yearly primary HPV tests for women age 25 -74 years
- What are the implications for sexual and reproductive health care?

# Method

Family Planning  
Welfare Association of NT Inc.



# Method

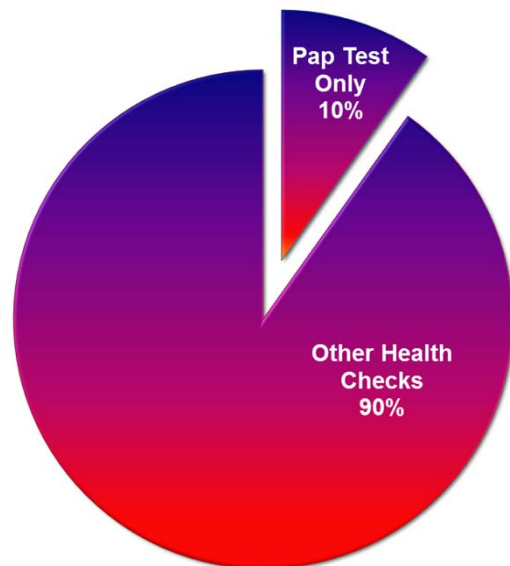
- 70 eligible clients June 2014
- 34 eligible clients Nov 2014
- Issues managed:
  - Breast health
  - STI screening
  - Contraception discussion
  - Contraception commenced or dispensed
  - Management of menstrual symptoms
  - Incontinence and pelvic floor health
  - Lifestyle issues
  - Subfertility/fertility
  - Pregnancy
  - Pelvic pain/symptom management



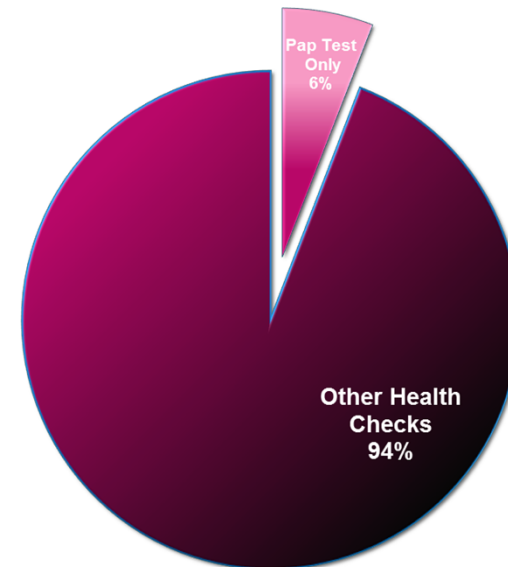
# Results

- Total 104 client visits
- 236 issues managed in addition to cervical screening

Of the 70 clients who had a Pap test in June 2014, only 7 women had ONLY that test. The other 64 had at least 1 and up to 5 other women's health checks!

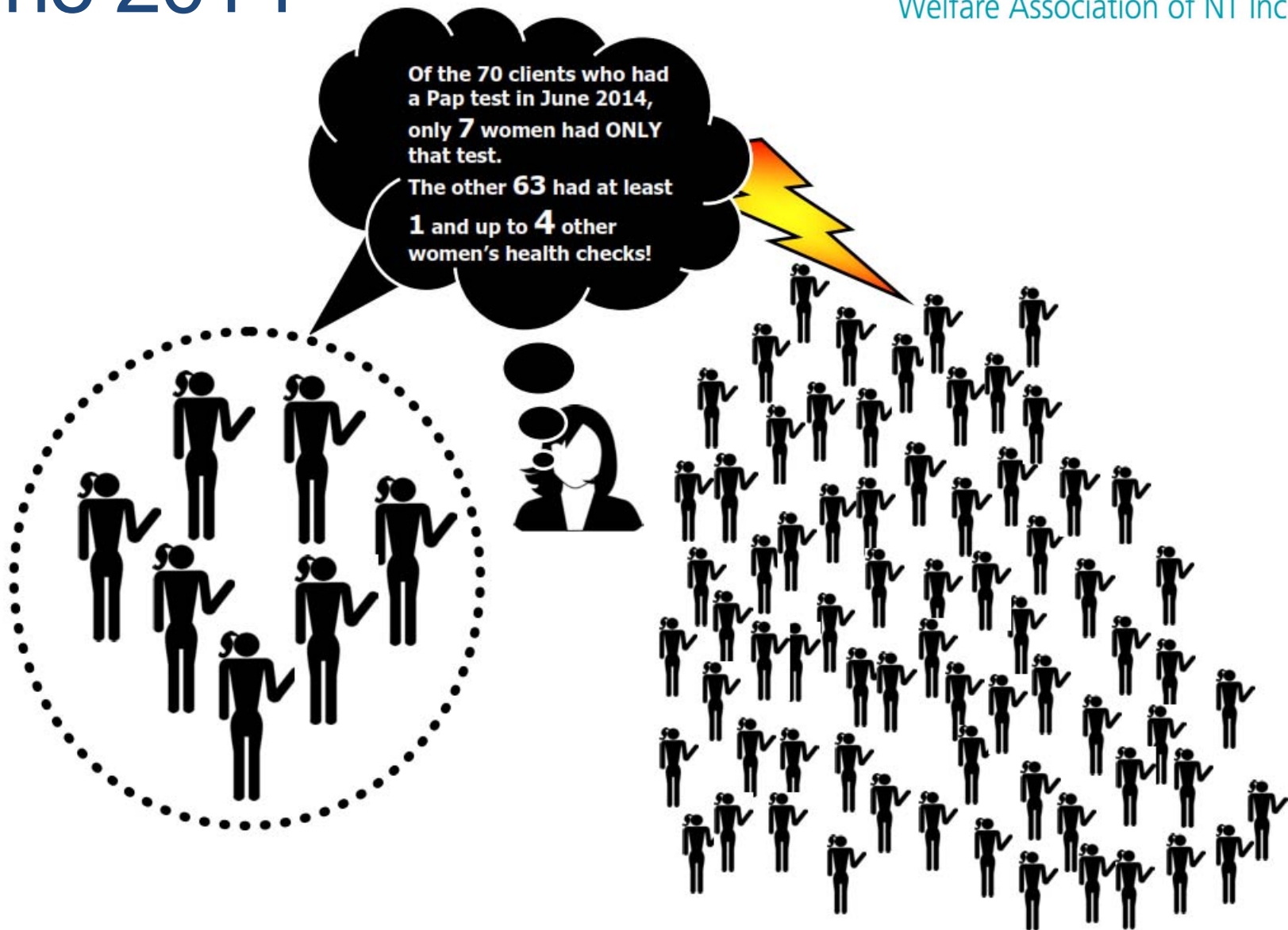


Of the 34 clients who had a Pap test in November 2014, only 2 women had ONLY that test. The other 32 had at least 1 and up to 4 other women's health checks!



# June 2014

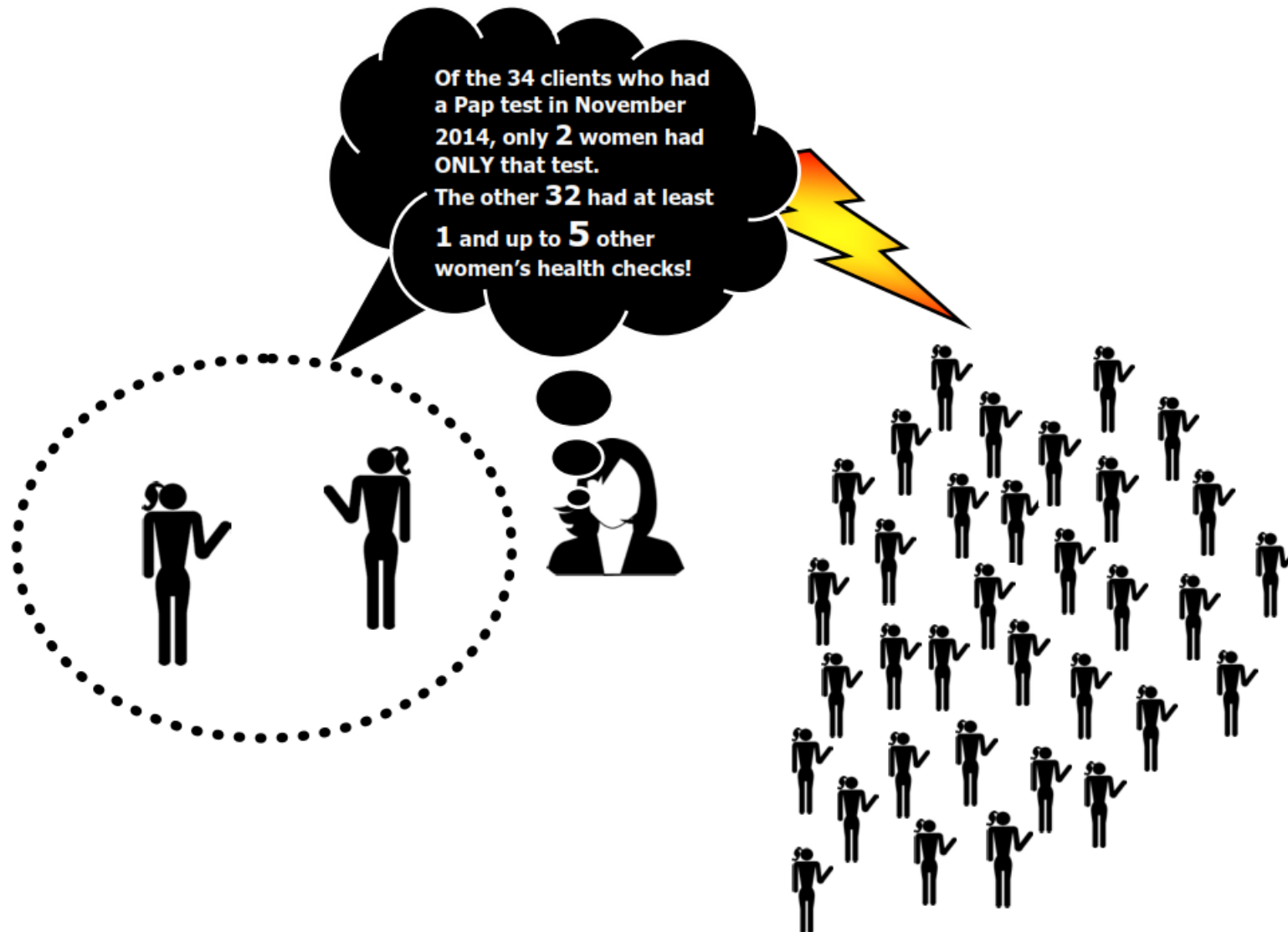
Family Planning  
Welfare Association of NT Inc.





# November 2014

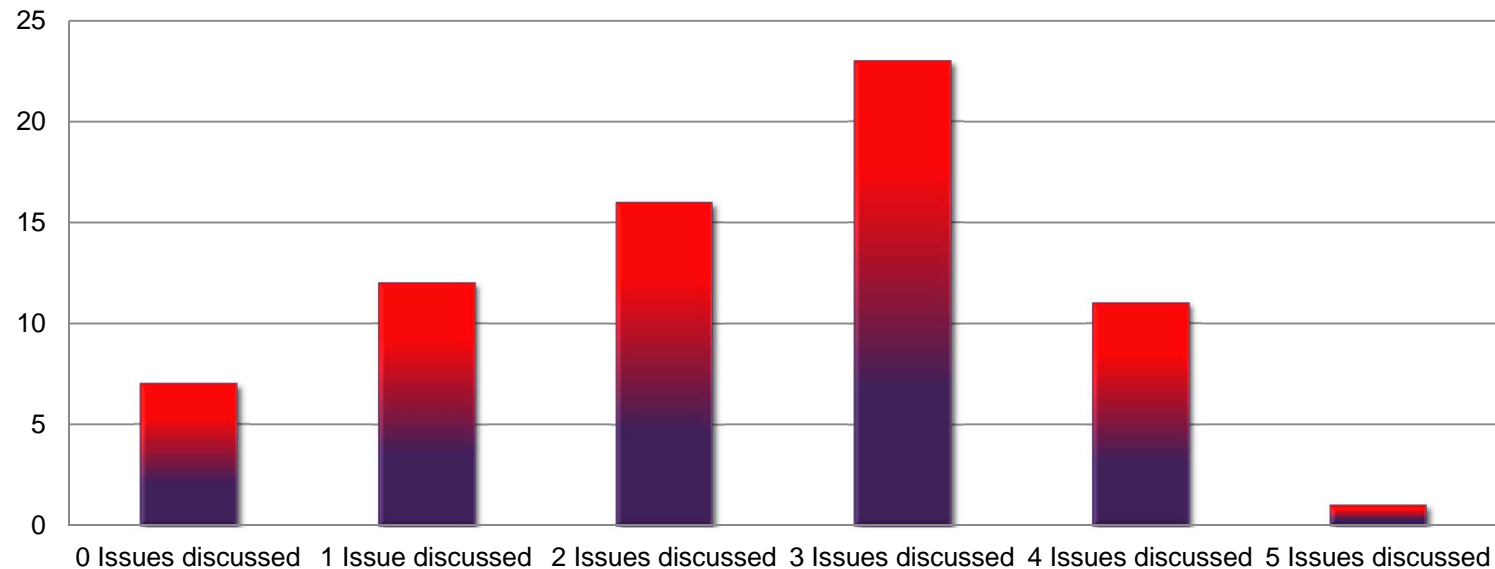
Family Planning  
Welfare Association of NT Inc.



# Results

- Number of issues addressed

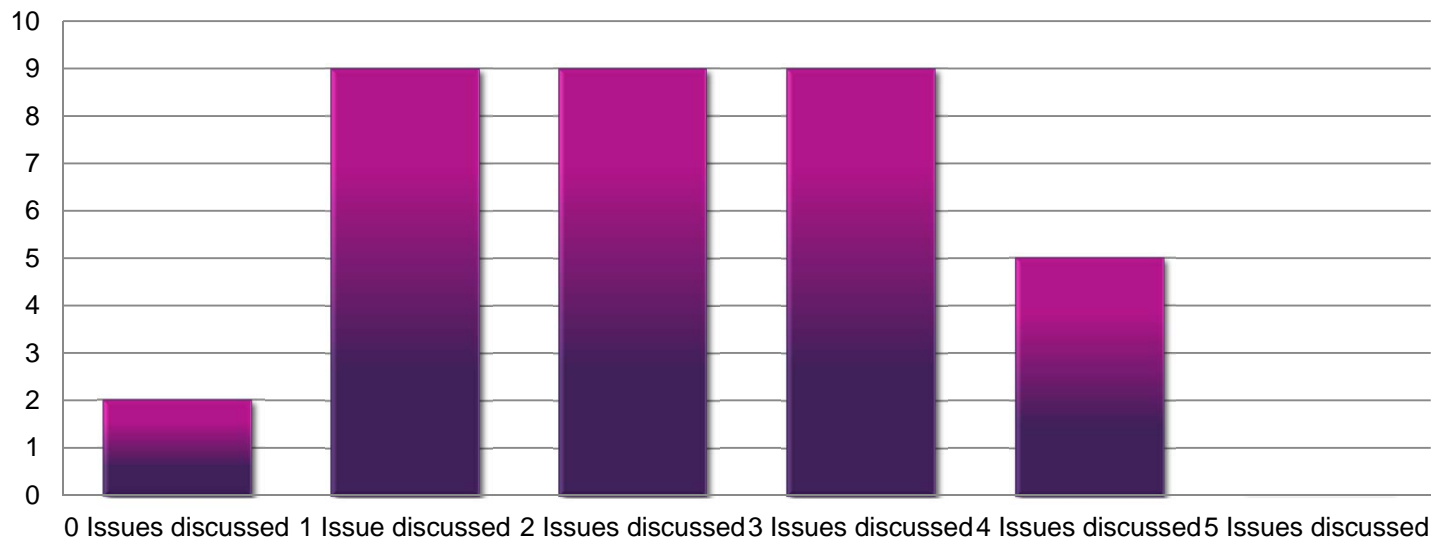
**# other health issues discussed at 70 cervical  
screening appointments - June 2014  
(Total 162 other checks)**



# Results

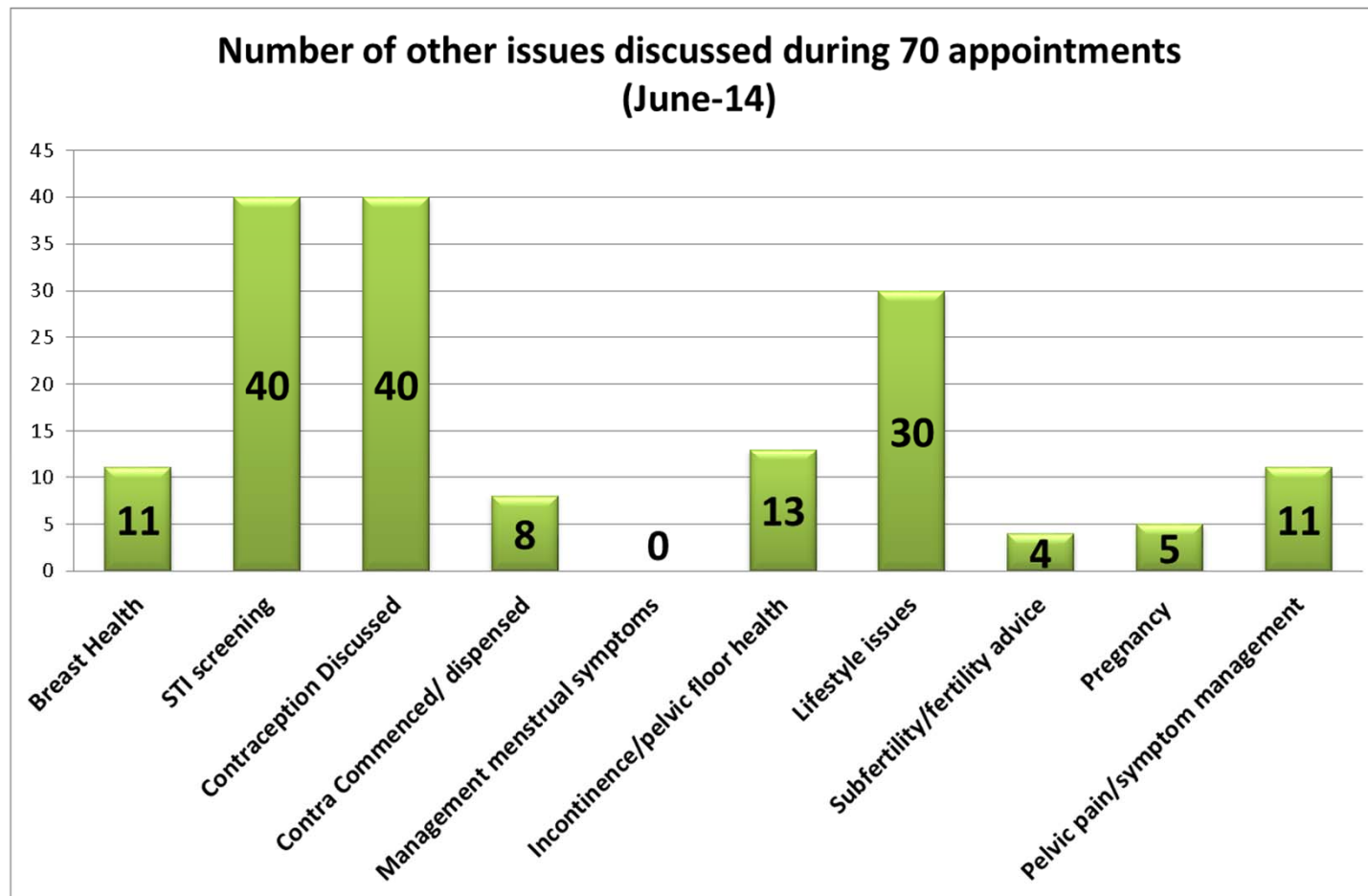
- Number of issues addressed

**# other health issues discussed at 34 Pap appointments - November 2014  
(Total 74 other checks)**



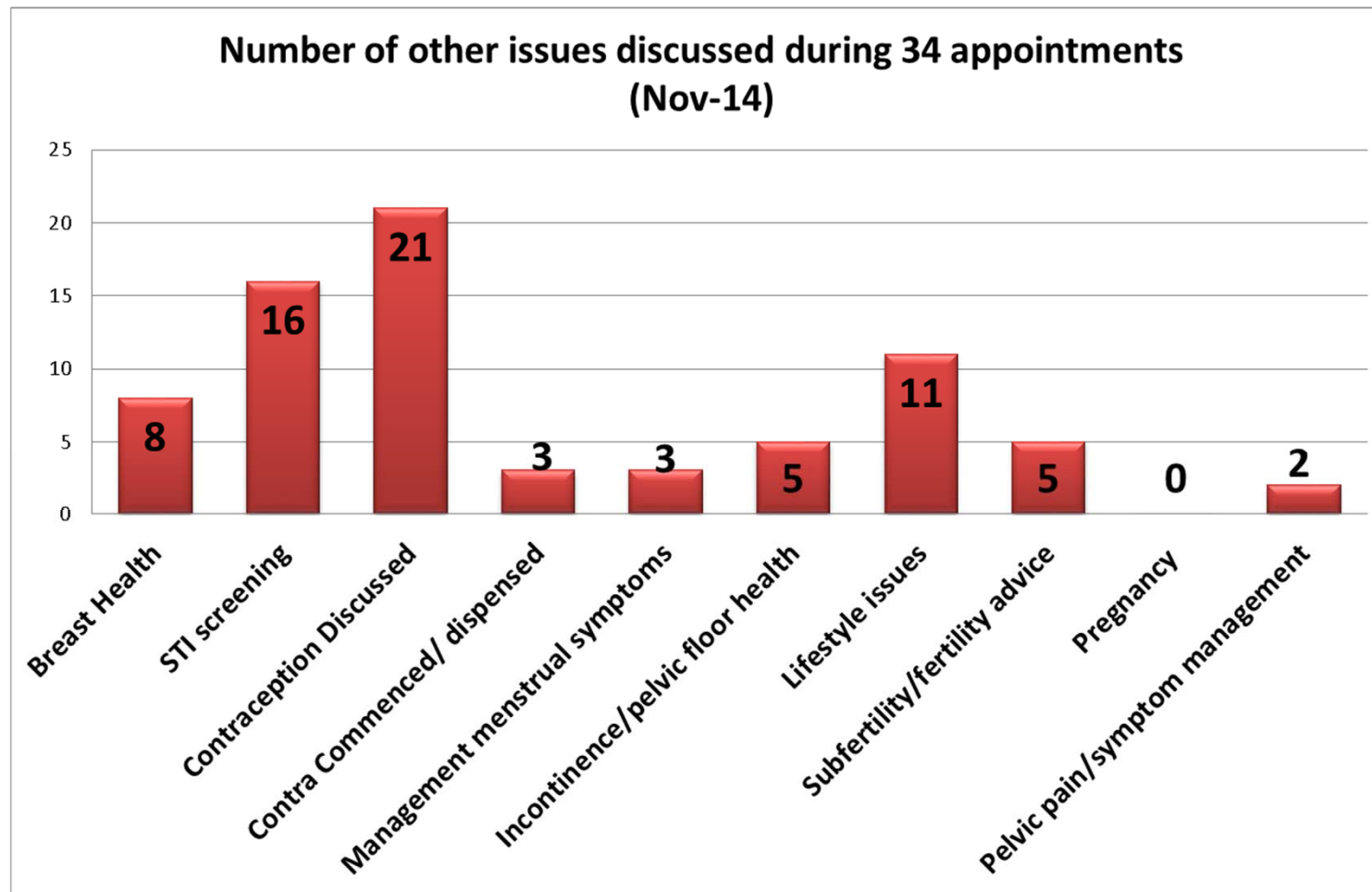
# Results

- Most common additional service offered



# Results

- Most common additional service offered



# Impact of Renewal

- ~ 46% decrease in number of cervical screening tests undertaken annually
- 2.4 million – 1.3 million
  - ↓ 214, 000 breast health consultations
  - ↓ 580,000 STI screens
  - ↓ 660,000 contraception discussions
  - ↓ 420,000 lifestyle issue consultation



THIS HAS MASSIVE  
IMPLICATIONS FOR PRACTICE

# Discussion

- Majority of cervical screening consultations involve additional services
- Renewed NCSP will result in a ~46% reduction in cervical screening consultations
- Renewed NCSP will result in significant cost-saving for the Australian Government
- Prevention of poor health outcomes is possible

# Recommendations

- MBS item number for SRH 'review'
- MBS item number specific to STI screening
- Inclusive, evidenced health promotion campaigns to promote sexual and reproductive health and wellness
- Effective monitoring and evaluation

# Further information



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Thank you

