

# Cultural responsiveness: an action based approach to cultural safety

Presented by AIDA, IAHA, NACCHO, NATSIHWA

24 May 2015, 10.30am – 3.30pm, Darwin Convention Centre

## Introduction

It is essential that health professionals are both clinically competent and culturally responsive in order to positively affect the health and wellbeing of Aboriginal and Torres Strait Islander people.

Indigenous Allied Health Australia, Australian Indigenous Doctors' Association, the National Aboriginal Community Controlled Health Organisation and the National Aboriginal and Torres Strait Islander Health Worker Association are pleased to provide participants with an opportunity, in a safe environment, to engage in self-reflection and practical activities that will enhance their ability to take culturally responsive action.

This workshop is for all rural and/or remote health professionals interested in providing culturally safe and responsive care with Aboriginal and Torres Strait Islander people.

## Workshop Aim

To build participants' ability to be culturally responsive to the unique needs of Aboriginal and Torres Strait Islander peoples, with a particular emphasis on those living in rural and remote locations.

## Learning Outcomes

*Participants will:*

- Explore the diversity and centrality of cultures to the health and wellbeing of Aboriginal and Torres Strait Islander peoples;
- Explore the relationship between cultural responsiveness and cultural safety and their positive impact upon Aboriginal and Torres Strait Islander health and wellbeing;
- Learn practical tips for being culturally responsive to the unique needs of Aboriginal and Torres Strait Islander peoples;
- Embrace self-reflection and build leadership capacity; and
- Develop their own roadmap/toolkit for being culturally responsive.