



Medicines in the bush workshop

*Combine an adventure in NT
with inspiring education*

Sunday 24 May 2015

10.00 am – 3.30pm

Meeting Room 1, Darwin
Convention Centre

Cost: \$125, lunch included

PSA is hosting their second Medicines in the Bush workshop. This multi-disciplinary workshop will be held on Sunday May 24 in Darwin immediately prior to the opening of the 13th National Rural Health Conference.

This workshop will include presentations and case studies which will assist you to work with your patients with diabetes and your patients with poor health literacy. This workshop will assist you to become a better communicator and challenge innovative thinking around the pharmacists' roles in primary care.

Attend this event alone or as an adjunct to the 13th Rural Health Conference of People, Places and Possibilities. This event has relevance for all health professionals, not just those working in rural and remote settings.



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Speakers

Associate Professor Louise Maple-Brown

Louise is Head of Department of Endocrinology at Royal Darwin and leads the clinical research program within the Wellbeing and Preventable Chronic Diseases division of Menzies, with a focus on diabetes and related conditions in Indigenous Australians. Louise and 2 of her diabetes educator colleagues Gaynor Garstone and Sumaria Corpus will lead us through some diabetes case studies.

Professor Timothy Skinner

Tim is Professor of Health Psychology and the Head of the School of Psychological and Clinical Sciences at Charles Darwin University. He trained as a Health Psychologist in the UK, at the University of Westminster and the University of Surrey. His research and clinical work is focused on the prevention and management of diabetes. As part of this work Prof Skinner led the development of a diabetes self-management program (known as DESMOND) for people with type 2 diabetes. This program is now developed across the UK, Netherlands, Ireland, Saudi Arabia, Australia and New Zealand, with over 180,000 individuals having received the program to date. Tim will explain about the DESMOND project and how you can assist your patient to self manage their diabetes.

Bhavini Patel

Bhavini has been a practicing clinical pharmacist in the NT since 1996 and is currently the Director of Medicines Management for the Northern Territory (NT) Department of Health. She has been instrumental in the setting up of clinical pharmacy services in the NT public hospitals which includes services to health centres in remote communities. Bhavini will help us to assess and understand the impact of functional health literacy on the ability of patients and carers to make informed choices. She will assist us convert health jargon into plain English to achieve a better shared understanding with patients and carers.

Mike Stevens

Mike is a pharmacist with over 15 years experience working with retail pharmacies, performing medication reviews and in hospitals. He has worked in Australia, the United Kingdom and Guatemala. In October 2013 Mike was the first pharmacist to be employed full-time at Darwin's urban Aboriginal Community Controlled Health Service, Danila Dilba. This position focused broadly on developing quality of use medicines within Danila Dilba and consolidating relationships with key community pharmacies.

Workshop details

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Register for just Medicines in the Bush alone, or together with the 13th National Rural Health Conference at www.nrha.net.au

See details of the 13th National Rural Health conference at www.ruralhealth.org.au/13nrhc

For further information contact Lindy Swain
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