Jenny Highlands

Jenny Highlands has been a Practice Development Officer—Chronic Disease with Hunter New England Local Health District’s Community Health Strategy team for the past five years. Based in Tamworth, NSW, Jenny’s role involves working with primary and community health teams in rural facilities to develop and redesign clinical practice to support the delivery of chronic care across the continuum. Her current focus is on chronic care rehabilitation, diabetes models of care, smoking cessation, telehealth, chronic disease self-management, lifestyle modification and advance care planning.

For the past 17 years, Jenny has worked in rural and remote areas in both NSW and QLD in population health and community health roles ranging from community nutrition, childhood obesity, health promotion, rural primary health, youth suicide, and drugs and alcohol. Jenny has been involved in the development and delivery of training programs and group facilitation workshops in these various roles.