Melissa Boucher

Melissa Boucher has a Bachelor of Social Science and a Masters in Communication Management and has worked for the NSW Rural Doctors Network (RDN) for over 12 years in a variety of roles. These include local health project research, coordination of RDN’s state-wide GP education conferences, the establishment and management of public relations for RDN, researching and co-authoring *Easy Entry, Gracious Exit*—a guide to assist rural communities to design and implement innovative approaches to medical recruitment and services.

After two years exploring New Zealand with her husband and three young children, and surviving two major earthquakes and six months of aftershocks, in 2011 she relocated back to the relative tranquility and safety of the Hunter Valley in NSW and began developing and coordinating the RMFN Bush Friends Mentoring Program. Melissa loves to lead a healthy, active lifestyle and enjoys mentoring family and friends in their quest to lead healthier, more active lives as well.