Kate Astbury

Kate Astbury is currently the Extended Care Program Manager for Grampians Community Health (GCH), Victoria, where she manages health promotion, community development, community care packages, psychiatric disability rehabilitation support services, and early intervention in chronic disease. Other support services provided by GCH include drug and alcohol, gambling, youth, counselling, housing, and family violence. Kate is based at and manages the Ararat site which is one of three sites from which the organisation provides services to nine surrounding local government areas.

Prior to her current position, Kate worked with the Grampians Pyrenees Primary Care Partnership where she was the Partnership Development Officer. Kate’s role was to support the 32 member agencies and other relevant service providers to facilitate system redesign which would improve the coordination of services in the area.