



6th National Rural Health Conference Program

**Good Health ~ Good Country
from conception to completion
Canberra 4-7 March, 2001**

SUNDAY, 4 MARCH 2001

Formal Statement of welcome to land and presentation of Welcome Stick

▶ **Formal welcome to the Conference**

Nigel Stewart, NRHA Chairperson

Marg Brown, Chairperson of Health Consumers of Rural and Remote Australia

▶ **Welcome to Canberra**

Michael Moore MLA, ACT Minister for Health, Housing and Community Services

▶ **Conference Opening Address**

The Hon Kim Beazley MP, Leader of the Opposition

NEXT PAGE ▶



▶ **International social policy and non-metropolitan Australia (Keynote 1)**

Julian Disney, Director, UNSW Social Justice Project

▶ **Welcome from Telstra Country Wide**

Doug Campbell, Group Managing Director

▶ **Issues in Indigenous Health (Keynote 2)**

Julie Tongs, CEO, Winnunga Nimmityjah Aboriginal Health Service

▶ **Employment and population growth in rural and remote Australia (Keynote 3)**

Brian Fisher, Executive Director, Australian Bureau of Agricultural and Resource Economics

Meeting and BBQ for *friends* of the Alliance

MONDAY 5 MARCH 2001

Opening video and welcome

Chairpersons: Jean Kittson and Steve Clark

▶ **Health in Regional Australia (Keynote 4)**

The Hon John Anderson MP, Deputy Prime Minister and Minister for Transport and Regional Services



- ▶ **Walking together: across disciplines, across cultures, across time (Keynote 5)**

James Fitzpatrick, Medical student, Young Australian of the Year

Concurrent Session A

A1 - Men's Health; Child Nutrition

- ▶ **Promoting rural men's health through diabetes education and screening**

Samar Aoun, Lyn Johnson

- ▶ **What are the determinants for presentation and therapy options for rural men with prostate cancer?**

Karen Francis, Desley Hegney, Paul Bramston, Marie Warden

- ▶ **An evaluation of a nutrition program in a remote community in central Australia**

Ilan Warchivker, Angharad Hayter

A2 - Multi-disciplinary

- ▶ **Advanced nursing practice: experiences of clients and multi-discipline health workers in bush nursing centres in rural Victoria**

Lesley Siegloff, Mollie Burley, Elaine Duffy



▶ **Models of care for rural palliative care services**

David Woods

▶ **Purchasing allied health services**

Gillian Durham, Nicole Edwards, Joan Loud

A3 - Working with the local community

▶ **Commonwealth-State relationships - the positive effect on multi-purpose development in WA**

Jan Hall, Terry Medley

▶ **Local health planning to meet the needs of communities**

Marion Wilson

▶ **Building on success in rural and remote communities: insights from the Grampians region of Victoria**

Leann Brown

A4 - Mental Health

▶ **Anxiety and depression in young people: a collaborative rural and remote model**

Warren Bartik



- ▶ **The general practitioner's role in the early identification of psychiatric illness**

Graham Fleming

- ▶ **Mental health in rural Tasmania: a preliminary report from the field**

Alistair Campbell

A5 - Building community capacity

- ▶ **Remote health services in the Kimberleys**

Henry Councillor

- ▶ **From the ground up - successful models of community capacity building to address recruitment and retention of GPs in rural SA**

Jenny Fleming

- ▶ **Binjang Marrang-Billa Project: a culturally effective drug treatment program in the Macquarie region**

David Kelly, Royden Griffen

A6 - Arts participation and health

- ▶ **In response - the Australian arts and health industry**

Sally Clifford



▶ **New dimensions in water conversation, the health of water in handmade books**

Annie Bolitho

Singing for health and community

Fay White

A7 - Health consumers' networking meeting

Morning Tea

▶ **Aboriginal health: achievements through partnership (Keynote 6)**

Puggy Hunter, Chairperson, National Aboriginal Community Controlled Health Organisation

Concurrent Session B

B1 - "Inside the doctor"

▶ **The social construction of place and identity as obstacles to male students from rural and remote areas choosing health careers**

Angela Durey

▶ **What symbolises rural and remote general practice: the practitioner's perspective**

Richard Lawrance



- ▶ **The medical student's intention to practise in rural Australia: a questionnaire**
George Somers

B2 - Primary health care and nursing

- ▶ **Climbing Sage Hill - the continuing story**
Brenda Harrison, Beth Carty
- ▶ **Good health for a good country: primary health care in focus**
Barbara Newman, Margaret Croke
- ▶ **Health and the ACOSS Agenda**
Michael Raper

B3 - Rural health students

- ▶ **Supporting the learning team**
Louise Lawler
- ▶ **Purpose of bush prac? A conflict of interests: industry and university**
Janie Mason



- ▶ **The implications of an affirmative action student selection process for the rural medical workforce**

Jo Adendorff, David Sutherland

B4 - Child and adolescent health

- ▶ **A co-ordinated approach to improving adolescent health in rural South Australia**

Meredith Appleyard

- ▶ **Promoting physical activity to children and young people in rural Western Australia**

Nicole Edwards

- ▶ **Nullicup, Nullicup**

Michelle Gahler, Jodi Smith

B5 - Indigenous health workers

- ▶ **Improving access to cardiac rehabilitation for remote Indigenous clients**

Elizabeth Chalmers

- ▶ **Binan Goonj - bridging cultures in Aboriginal health**

Mary Martin



▶ **Good news stories - Aboriginal sexual health workers in rural and remote WA**

Juli Coffin

B6 - CHAMPS from SA

Arts on the brain: rural young people using the arts to address issues of drug and alcohol use and how it affects their mental health and well-being

Dana Shen, Cindy Turner and CHAMPS

B7 - Scholarships Workshop

▶ **convened by NRHA**

Alison Miles and Toni Alexandrow

Lunch

Opening of Conference Exhibition (Keynote 7)

▶ **General Practice Partnership Advisory Council (GPPAC) and Board of General Practice Education and Training**

Dr Jill Maxwell, Chairperson, GPPAC



▶ **It's Different in the Bush: a comparison of general practice activity in metropolitan and rural areas of Australia, 1998**

Australian Institute of Health and Welfare/University of Sydney Launch

Dr Richard Madden, Director, AIHW;

Associate Professor Helena Britt, Director, AIHW General Practice Statistics and Classification Unit, University of Sydney;

Professor Ian Wronski, President, Australian College of Rural and Remote Medicine

▶ **Panel session**

Chairs: Jean Kittson and Steve Clark

Members of Panel: Jane Bennett, Dr Jack Best, Dr Paul Hemming, Puggy Hunter, Megan McNicholl, Michael Raper, Sabina Knight

Afternoon Tea

Concurrent Session C

C1 - Remote health ("I'd give my eyeteeth to work in a remote area")

▶ **Anangu oral health - the status of the Indigenous population of the Anangu Pitjantjatjara lands**

Colin Endean



- ▶ **The remote classroom: recruitment and orientation of Aboriginal and remote area nursing students to the university distance education learning environment**

Margaret Hamilton

- ▶ **Follow-up of cataract surgery in remote people from the Top End of the Northern Territory**

Alex Hewitt, Nitin Verma, Russell Gruen, Judi Walker

C2 - Evidence

- ▶ **Evidence-based practice and rural GPs**

Judy Taylor, Joanne Dollard

- ▶ **Maximising the benefits of clinical trials involving an Aboriginal community**

Bev Hayhurst

- ▶ **Graphical displays of clinical data to improve the understanding and compliance of patients**

Martin Knapp



C3 - Aged care - without aGISm

- ▶ **A national study of rural and remote health in Australia**

Shirley Preston

- ▶ **Meeting the aged care needs of rural and remote areas**

Marcus James

- ▶ **Identifying gaps in health service provision: Geographical Information System (GIS) approaches**

Errol Bamford

C4 - Focus on the RFDS

- ▶ **Improving access and equity in rural and remote Australia - provision of women's health medical services by female GPs in remote and rural areas**

Priscilla (Vall) Whittle, Libby Williams

- ▶ **Psychological first aid training for health professionals: the development of an interactive educational CD-ROM**

Robert Williams



- ▶ **The changing face of the RFDS in Queensland: seven years on from "The Best for the Bush"**

Brenda Masutti, Robert Williams

C5 - Mental health

- ▶ **Capacity building in rural mental health in Western Australia**

Samar Aoun

- ▶ **Regional mental health planning: juggling the rational and contingent agenda**

Jeff Fuller

- ▶ **A model for improved health of rural and Indigenous Australians through education, support and training for psychologists**

Maureen Dollard

C6 - Indigenous arts in health

- ▶ **Moving Stories - therapeutic theatre for counselling**

Marie Cox



▶ **Looking, listening and learning from young people through photographs: a photovoice project with young Aboriginal people in Carnarvon, WA**

Ann Larson, Elsie Mitchell

Exploring our internal landscape
June Staunton

C7 - Singing for health

A singing workshop with Fay White

Smorgasboard

Night at the Theatre

Alan Hopgood - scenes from "For Better, For Worse"
International music and dance
Vital Statistix - "Titbits!"

TUESDAY, 6 MARCH 2001

Breakfast Specials:
Australian National Gallery
Australian War Memorial



▶ **Volunteers in our Communities - International Year of Volunteers 2001
Breakfast Seminar at the National Convention Centre**

Senator Amanda Vanstone, Minister for Family and Community Services

The proposed volunteers award of the NHMRC
Kerry Arabena

Opening video and welcome
Chairpersons: Jean Kittson and Steve Clark

▶ **Introduction of NRHA Council**

Nigel Stewart

▶ **International video hook-up**

Chair: Steve Clark

*Special guest (in Canada): Dr Raymond Pong, Research Director, Centre for Rural and Northern Health
Research, Laurentian University, Sudbury, Ontario*

▶ **Rural health is on the agenda (Keynote 8)**

The Hon Dr Michael Wooldridge MP, Minister for Health and Aged Care



▶ **Beyond Blue: the National Depression Initiative**

Ian Hickie, Professor of Community Psychiatry, University of New South Wales, and CEO of "Beyond Blue", the National Depression Initiative

▶ **Recipients of Des Murray Scholarship, 2001 (Keynote 10)**

*Introduced by Nigel Stewart, Chairperson of the NRHA
Presented by Mary Murray*

▶ **Recipient of Des Murray Scholarship, 2001**

Ms Hayley Gilbert

▶ **Recipient of Des Murray Scholarship, 2001**

Mr Ian Harvey

▶ **Recipients of Infront Outback Rural Health Research Award**

Summarised by Ms Lesley Fitzpatrick, Director, The Cunningham Centre

▶ **Recipient of the Louis Ariotti Award for Excellence**

Gordon Gregory

▶ **Recipient of the Louis Ariotti Award for Excellence**

Sabina Knight



Morning Tea

▶ **Key issue for rural health (Keynote 13)**

Jenny Macklin MP, Shadow Minister for Health

Concurrent Session D

D1 - Symposium: Women's Health Australia

▶ **Women's Health Australia: introduction**

Christina Lee

▶ **Access to health services in urban and rural Australia: a level playing field?**

Anne Young

▶ **Young rural women: life choices, aspirations and well-being**

Penny Warner-Smith

▶ **A sense of belonging: how do you measure it and does it matter?**

Anne Young



D2 - Asthma, public health and evidence

- ▶ **Shared-care approach to asthma management**

Robyn Gunter

- ▶ **Rural public health capacity**

Gillian Durham

- ▶ **Implementing evidence-based health care: a new model for rural areas**

John McDonald

D3 - Teeth and transport

- ▶ **Dearth in the desert - looking for a dentist in remote Australia**

Colin Endean

- ▶ **Teeth for Keeps**

Marion James

- ▶ **Transport to access health services in rural and remote NSW: a community perspective**

Ros Bragg, Liz Reedy



D4 - Information technology, WWW and education

- ▶ **Rural health and information technology: a critical discourse analysis perspective**
Judi Walker, Quynh Lê
- ▶ **Teaching the Master of Rural Health on-line: reflections on the experience**
Steve Kirkbright
- ▶ **Right, I've turned the computer on - what next?**
Sue Whetton, Judi Walker

D5 - Flexible models and community capacity

- ▶ **Working together to improve maternity services: recent experiences of an Aboriginal health worker (Midwifery Program) based at Walgett Aboriginal Medical Service**
Annette Kennedy, Nicky Leap
- ▶ **Building community capacity and capability within the Avon Health Service**
Grace Ley, Shane Matthews, David Singe



- ▶ **Flexible funding as an underpinning to community resiliency: early reflections on the introduction of local area co-ordination in Queensland**

Daniela Stehlik, Lesley Chenoweth

D6 - Playin' up for Indigenous health

Playin' up - young Aboriginal people play up in the far west of NSW

Louise Moriarty and young people from the Maari Ma Health Aboriginal Corporation

- ▶ **Use of the arts in health promotion for Aboriginal women**

Barbara Davis

D7 - Arts-in-health

Get-together with Alan Hopgood

Lunch

Siesta and Singing

Fay White and the New Group

- ▶ **The voice of the rural health consumer (Keynote 14)**

Marie Lally, National President, Country Women's Association of Australia



Rural Health Debate - "Young health professionals should selflessly serve the bush - like we did"

For the motion: Fiona O'Loughlin (Team Captain), Nigel Jefford and Janine Watts

Against the motion: Martin Pearson (Team Captain), Kerry Arabena and Ralph McLean

Adjudicator: Jean Kittson

The Vote

Afternoon Tea

Concurrent Session E

E1 - Small hospitals - or none?

▶ **Review of rural health service models**

Bernadette Hodgins

▶ **Developing a strategic research program for addressing cardiovascular disease and related disorders in Aboriginal and Torres Strait Islander Peoples and rural and remote settings**

Pat Field

▶ **A regional approach for implementing critical pathways in smaller hospitals in rural areas**

Jenni Ham



E2 - Sitting and thinking

- ▶ **Can Rural Communities Cope with the Burden of Mental Illness**

Des Graham

- ▶ **A 'man-made' environment? A century of health in tropical Australia. Historical perspectives as frameworks for future strategies**

Daniela Stehlik

- ▶ **Continuing professional development for rural and remote health care practitioners**

Helen Geissinger

E3 - Hearing, seeing, breathing

- ▶ **Aboriginal, rural and remote audiological services: where do we start? Best practice guidelines**

Jeanette Scott

- ▶ **Our health, our future, our responsibility**

Karen Evans



▶ **Practical strategies to improve asthma management and health outcomes in rural Australia**

John Fardy

E4 - Collaboration and research

▶ **Understanding and engaging rural males for healthier outcomes**

Bernard Denner

▶ **Promoting good food for bush people**

Patricia Rankine

▶ **Moving over boundaries: the MOB partnership**

Peter Drake, Anne Greenaway, Julie Tongs, Ian King

E5 - Networks for health

▶ **Evaluation of the South East Telehealth Trial**

Rae Gibson

▶ **Networking North Queensland: an e-health revolution in the bush**

Julie Watson, Lee Gasser



▶ **The World Wide Web - an information tool**

Anske Robinson

E6 - Images of remote areas

It's the pits - images of the Pitjantjatjara lands

Stewart Roper

Before other help arrives - fairy penguins, theatre and trauma

Judi Walker, Lorraine Green

▶ **Creating an oasis from a resource desert: a right-brained approach to teaching about health issues**

Julia Gill

E7 - Workshop

▶ **Management of episodes of violence in remote areas**

Kerry Arabena

Exhibition Happy Hour



Dinner - Dance

WEDNESDAY, 7 MARCH 2001

Breakfast Specials:

By the Hot Air Balloons

Students' Recovery at Yarralumla Bay

▶ **Early childhood services: an Australian context**
Breakfast Special at the National Convention Centre

Chair: Dr Nigel Stewart, Regional Paediatrician, Port Augusta

Special guest: Professor Frank Oberklaid, Director, Community Child Health, Royal Children's Hospital

Opening video and welcome

Chairpersons: Jean Kittson and Steve Clark

▶ **Mental health - including for young Australians (Keynote 15)**

Senator Meg Lees, Leader, Australian Democrats

Concurrent Session F

F1 - Women's health; female practitioners

▶ **National Female Rural General Practitioners Project**

Helen Tolhurst, Noela Lippert



▶ **Goonimoo women's projects**

Christine Thorne

▶ **Not waving but drowning**

Janine Watts

▶ **Rural doctors and retention**

Naarilla Hirsch,Carolynn Fredericks

F2 - Another focus on Indigenous health

▶ **Workforce initiatives in Aboriginal health**

Glenys Watts, Mary Buckskin

▶ **Food, fun and fitness for Noongars**

Jo Webb, Michelle Gahler

▶ **Good tucker for Aboriginal old people in Alice Springs**

Heather Campbell

▶ **The spatio-temporal distribution of notifiable diseases in Australia**

Brett Bryan



F3 - Experiences of change

- ▶ **Outback and in again - a new graduate's experience of rural and remote nursing**
Tegan Chandler
- ▶ **Victorian rural women practitioner survey**
Jo Wainer
- ▶ **Rural POPPIES: extracting the best - interdisciplinary education and support for rural and remote preceptors**
Lisa Dalton, Judi Walker
- ▶ **Rural hospitals and metropolitan universities: forging new partnerships**
Marilyn Prieditis

F4 - Child and family health

- ▶ **Antenatal care and perinatal health: how to do it better in an urban Indigenous community**
Rachel Atkinson



- ▶ **Disability in schools: supporting teachers and children with health care plans and credentialed workers**

Nigel Stewart

- ▶ **Achieving baby-friendly accreditation in a rural setting**

Debbie Sachse

- ▶ **"Tell Me About It": a community-based project to reduce the rate of teen pregnancy in Wagga Wagga**

Jacinta Makin, Susan Butler

F5 - New and flexible models

- ▶ **Rural health matters - spreading the capacity (the St Mary's Lymphoedema Clinic)**

Shelagh Lowe

- ▶ **The Rural and Remote Area Placement Program: lessons learned in regional training delivery**

Paul Worley, Anna Nichols



- ▶ **Tele-education: a collaborative project in the delivery of mental health education in rural Victoria**

Anne Fahey, Harry Gelber

- ▶ **Pit stop: gentlemen - check your engines**

Elsa Alston

F6 - Young people's arts in health

- ▶ **Labelled a Freak - eating disorder prevention through body image workshops for young women**

Nikki Fallon, Zoe Scrogings

- ▶ **The big RORRT! Young people using the web to promote positive mental health in rural areas**

Carolyn Sullivan, Meg Morrison, Kylie Lee

Aboriginal Resource and Development Services Inc, Darwin
Richard Trudgen

- ▶ **Tapping into art to relieve depression**

Garry Fry



F7 - Workshop

▶ "Alternative pathways to GP Fellowship" - Seminar

ACRRM, the National Consortium for Education in primary Medical care and other interested bodies

Morning Tea

▶ Rural and remote environments and health (Keynote 16)

Rick Farley, Farley Consulting Group

1st recommendation session

The recommendations must benefit consumers and improve health outcomes

Networking Lunch

Siesta and Slideshow - Images of remote Australia

Stewart Roper

▶ Health, rights and discrimination. Some of the success stories for Aboriginal Peoples and Torres Strait Islanders (Keynote 17)

Linda Burney, Director General, NSW Department of Aboriginal Affairs

2nd recommendation session

The recommendations must be practical, cost-effective, and owned



Afternoon Tea

Concurrent Session G

G1 - Preparing for practice

- ▶ **Simulation training for rural health practitioners: a transformative approach**

John McDonald

- ▶ **Recent graduate preparedness for rural employment**

Joan Loud

G2 - Telehealth showcase

Link by videoconference to a clinical site for demonstration of some of the latest developments in telehealth.

Chair: Mark Brommeyer

G3 - Diabetes and diet

- ▶ **Community control - the key to tackling diabetes in Aboriginal communities**

Colleen Prideaux, Dulcie Flower

- ▶ **The Laramba family wellness model: integration, sustainability and transferability**

Pat Field



G4 - Roe and Simmons

▶ **From little things**

Yvette Roe

▶ **The Victorian Rural Physicians Survey**

David Simmons

G5 - Healthy lifestyles

▶ **The Healthy Lifestyle Program: implications for preventative intervention in the rural setting**

Gavin Booth

▶ **Consumers and volunteers as collaborators: lessons from rural palliative care research**

Chris Moorhouse

G6 - The arts as a resource for health promotion

▶ **Arts for health's sake**

Susan Ball



National Rural Health Alliance

6th National Rural Health Conference Program

- ▶ **Arts for Health: arts therapy program at the National Gallery of Australia**
Philippa Winn

G7 - Conference recommendations clinic

Communiqué and Recommendations

WONCA 2002

presentation by Roger Strasser

Closing Session

We've come a long way since we first shook hands - but we've still got a long way to go
Nigel Stewart and Jean Kittson

Presentation re Hobart 2003

Farewell Drinks

Farewell

◀ **PREVIOUS PAGE**

◀ **CATALOGUE**

◀ **SEARCH**

◀ **HELP**

◀ **HOME**