

Stay on top of your diabetes

The Government is committed to reducing the social, human and economic impact of diabetes in Australia. In doing so, it aims to help people understand and manage their diabetes through the NDSS, thereby enabling them to live a life where the impact of diabetes is minimised and health outcomes, improved.

People registered on the NDSS have timely access to quality information, support services and subsidised diabetes products. Registration is free and open to people with diabetes with a Medicare Card.

To learn more or to register
for free, [click here.](#)



**Being
Active**

Self-Care

**Taking
Medication**

**Keeping
Healthy**

Help people with diabetes stay on top of their condition.



Once registered with the National Diabetes Services Scheme (NDSS), people living with diabetes can access a huge range of resources and services that will help them stay on top of their condition.

SERVICES

- Peer support groups
- Workshops
- Information sessions
- Topic-specific education programs
- Age-specific education programs



SUPPORT

- NDSS Helpline 1300 136 588
- Translation services available
- 8:30am-5pm Monday to Friday, 9am-12pm Saturdays and national public holidays



INFORMATION

- E-books
- Booklets
- Fact sheets
- Dedicated websites for pregnancy, young people, researchers and more



PRODUCTS

- Subsidised blood glucose testing strips
- Subsidised urine testing strips
- Fully-subsidised insulin syringes and pen needles
- Subsidised insulin pump consumables
- Fully-subsidised continuous glucose monitoring products



ndss.com.au | NDSS Helpline 1300 136 588

NDSS
national diabetes services scheme

diabetes
australia