

Take the next step

Become a provider of Focussed Psychological Strategies

If you are among the 86% of GPs who have completed level 1 mental health training, advance your skills by completing FPS Skills Training.

FPS providers are registered with Medicare to provide evidence based psychological treatment through the Medicare Benefits Schedule (MBS) that is both accessible and affordable.

FPS training can include any of the following:

- Psychoeducation; motivational interviewing
- Cognitive Behavioural Therapy
- Relaxation strategies
- Problem solving, anger management, communication, stress management and parenting skills
- Interpersonal therapy

Use these new skills to detect, assess and manage mental health issues of your patients.



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To learn more about becoming a provider visit: gpmhsc.org.au



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