



15TH NATIONAL RURAL HEALTH CONFERENCE

24-27 MARCH 2019
Hotel Grand Chancellor
nipaluna/Hobart, Tasmania
Better together!



NATIONAL RURAL HEALTH ALLIANCE LTD

Principal Sponsor



First-time presenters



'Top 20' abstracts



Peer-reviewed paper



Streamed via ruralhealth.org.au

as at 12 Feb 2019

DAY 1—SUNDAY, 24 MARCH 2019

8.00 am	Registration desk open	Foyer
Pre-conference workshops		
10.00 am – 3.30 pm	1 Determinants of health: working better together for rural and remote health and wellbeing Robert Stable (Facilitator), Fran Baum, Harry Burns, Donna Ah Chee	Ballroom 1
1.30 pm - 3.00 pm	3 Educating the Nurse of the Future Consultation Workshop Australian Government Department of Health	Ballroom 3
8.30 am – 12.20 pm	4 Prescribing, dispensing and supporting medicines use with Aboriginal and Torres Strait Islander peoples Centre for Remote Health	Harbour View Room 1
9.30 am – 3.30 pm	5 Preventing and managing chronic pain locally Professor Lorimer Moseley, Pain Revolution	Harbour View Room 2
12.00 pm – 3.30 pm	6 Better together! Song writing workshop Josh Arnold, The Outback Fella	Chancellor Room 6
8.45 am – 3.30 pm	7 Chronic Disease Support Program The Benchmark Group	Merino Room The Old Woolstore



Program and app sponsor



Visit the Sharing Shed: www.ruralhealth.org.au/sharingshed



DAY 1—SUNDAY, 24 MARCH 2019

2.00 pm – 4.00 pm **EXHIBITION OPEN** Federation Ballroom

4.00 pm – 6.30 pm **OPENING SESSION 1—BETTER TOGETHER: A GLOBAL VIEW** Concert Hall

- 4.00 pm Welcome to Country by the Muwinina people
A celebration of culture through song, dance and language
- 4.20 pm **Lord Mayor, Councillor Anna Reynolds**
Welcome to Hobart
- 4.30 pm Welcome to the 15th National Rural Health Conference
Janine Mohamed and **Joe O'Malley**, Conference MCs
- 4.40 pm **Principal Sponsor: Martin Lavery**, Chief Executive, Royal Flying Doctor Service of Australia; and Director, National Disability Insurance Agency
Better together ten years from now, better together one month from now
- 4.50 pm  **KEYNOTE 1: Isabelle Skinner**, Adjunct Professor, James Cook University
Health is not just the absence of disease - how addressing the United Nation's 17 Sustainable Development Goals will lead to healthy people in a healthy world
- 5.10 pm  **KEYNOTE 2: Kelvin Kong**, Conjoint Associate Professor, School of Medicine and Public Health, University of Newcastle; Head and neck surgeon
Hearing loss and poor educational outcomes for rural children
- 5.30 pm  **KEYNOTE 3: James Buchan**, Adjunct Professor, World Health Organization Collaborating Centre, University of Technology, Sydney
A global view of the rural health workforce
- 5.50 pm **Tanya Lehmann**, Chair, National Rural Health Alliance
25 years of the National Rural Health Alliance
- 6.10 pm **Jenny May**, Chair, Recommendations Committee; and **Richard Colbran**, Chief Executive Officer, NSW Rural Doctors' Network
Opening of the Sharing Shed

6.20 pm – 7.20 pm **WELCOME RECEPTION** Federation Ballroom
Sponsored by Monash Regional Training Hubs
Entertainment: Kartanya Maynard and Danah Ngahware

 **MONASH** University  **MONASH RURAL HEALTH**
REGIONAL TRAINING HUBS

7.20 pm – 7.35 pm **Student meet and greet – all students welcome**
Stage area in the Exhibition Hall

DAY 2—MONDAY, 25 MARCH 2019: The current situation

6.30 am Delegates are encouraged to join Jan Butler from the Heart Foundation's Early Birds walking group for a delightful morning walk along the waterfront. Meet in the Hotel Grand Chancellor foyer. Group will return to the Hotel by 7.30 am.

8.00 am Registration desk and exhibition hall open

Foyer / Federation Ballroom


8.30 am –
10.30 am


PLENARY SESSION 2—HEALTH ISSUES IN RURAL AND REMOTE AUSTRALIA


Concert Hall


8.20 am Performance: RED, Liz Lea
A poignant, riotous and ultimately triumphant exploration of one women's story through illness and recovery

8.35 am **Janine Mohamed** and **Joe O'Malley**, Conference MCs

8.45 am  **The Hon Catherine King**, Shadow Minister for Health and Medicare
Presentation title tbc

9.05 am  KEYNOTE 4: **Bo Remenyi**, Paediatric Cardiologist, NT 2018 Australian of the Year
Rheumatic heart disease: successes and challenges

9.25 am  KEYNOTE 5: **Lorimer Moseley**, Professor of Neuroscience, University of South Australia
Pain, the brain, your protectometer and why our rural communities need you to understand

9.45 am  KEYNOTE 6: **James Ward**, Associate Professor and Head, Aboriginal Health Infectious Diseases, SAHMRI
It should be easy but it's complex, but we will get there—addressing sexually transmitted infections in remote Australia

10.05 am Q and A


10.20 am **Jenny May**
How to contribute to the Sharing Shed

10.30 am

MORNING TEA

Federation Ballroom

DAY 2—MONDAY, 25 MARCH 2019: The current situation

11.00 am – 12.35 pm										
CONCURRENT SESSION A										
	A1 NDIS, disability and carers	A2 Disease management / infectious diseases	A3 Research priorities for rural health workshop	A4 Vulnerable children	A5 Arts and health: Community	A6 Emergency, sub acute and acute care	A7 Workforce planning and recruitment	A8 Improving the journey on the health care pathway	A9 Environmental impacts on health	A10 Strengthening regions and communities
ROOM	Concert Hall Hotel Grand Chancellor	Ballroom 1 Hotel Grand Chancellor	Ballroom 2 Hotel Grand Chancellor	Ballroom 3 Hotel Grand Chancellor	Harbour View 1 Hotel Grand Chancellor	Harbour View 2 Hotel Grand Chancellor	Chancellor 6 Hotel Grand Chancellor	Theatrette Old Wool Store 1 Macquarie St	Merino Room Old Wool Store 1 Macquarie St	Shearers' Room Old Wool Store 1 Macquarie St
11.00 am – 11.20 am	<i>Rural insights: exploring perspectives of clinical service providers working with the NDIS</i> Rebecca Wolfgang	<i>Working 'better together' guaranteed successful meningococcal W vaccination clinics across South Australia</i> Alicia Jackson Mary-Anne Williams	<i>Have your say in how the Medical Research Future Fund can transform rural health outcomes</i> Kim Snowball Erica Kneipp Heather St John	<i>Better or worse? Returning children with complex health needs to their communities</i> Jennifer Smith Erica Russ	<i>The Mental Health Rural Art Roadshow: benefits, lessons learnt and future potential</i> Heather Bridgman	<i>Facilitating sub-acute care 'closer to home' for rural and remote patients</i> Jennifer Finch	<i>Remote health workforce instability: what do we know, what should we do?</i> John Wakerman	<i>Pop-up women's health service for rural and remote communities</i> Sharon Stokell Alice Evans	<i>Ecological determinants of health</i> Rosalie Schultz <i>Improving public health through great-tasting water</i> Kelly Edwards	<i>Rural health and rural economic development</i> Kim Houghton
11.25 am – 11.45 am	<i>Answering the carer's call in rural areas: making it better together</i> Ann Nicholas	<i>Q fever knowledge and follow-up practices of northern Australian rural general practitioners</i> Aaron Hollins 		<i>Investing in early childhood nutrition to combat entrenched poverty in rural Australia</i> Kelly McJannett	<i>'Deadly Threads': using creativity, culture and pyjamas to connect community to hospital</i> Claire Treadgold	<i>Creating a multi-disciplinary tracheostomy team in a sub-regional hospital: better together</i> Brooke Winzer <i>Antimicrobial stewardship in regional and remote hospitals: the seeds for sustainability</i> Jaclyn Bishop	<i>The Western NSW Primary Health Workforce Planning Framework Project</i> Richard Colbran	<i>Close the gap for vision: illustrating better together</i> Mitchell Anjou	<i>The role of rural health teams in addressing drought</i> Ayman Shenouda	<i>Social enterprises and wellbeing for disadvantaged people in Australian regional towns</i> Sue Kilpatrick

DAY 2—MONDAY, 25 MARCH 2019: The current situation

11.50 am
– 12.10 pm

The future of allied health student placements in rural NDIS funded services
Claire Quilliam

Reducing tuberculosis treatment impact in rural NSW with VDOTS
Catherine McKenna



Connected beginnings: an early years collaborative connecting culture on country for wellbeing
Sally Mollison

MENTAL: the mother load. A creative documentary performance exploring the beauty, grotesque and poetic in the madness and mundane of motherhood
Julie Waddington

Experiences of Aboriginal and Torres Strait Islander peoples attending Australian emergency departments
Jolene Lim



Aboriginal and Torres Strait Islander emergency department utilisation in south-west Queensland
**Helena King
Raelene Ward**



Trends in health workforce turnover and stability in remote Northern Territory communities
Deborah Russell



Mobile operating theatre: creating equity in rural New Zealand communities
Mark Eager

The hoof print of zoonotic diseases and animal-related injuries in rural health care
David Buckley

Expanding the capacity and reach of the Food Connect Program
**Theresa Taylor-Sabolta
Patrick Hinton**



Cultural and communication skill training
Patrick Mahony



12.15 pm
– 12.35 pm

Using co-design to support inclusion of children with disability in mainstream schools
**Nerida Hyett
Kerryn Bagley**

A central Australian experience of post-infectious glomerulonephritis
James Dowler



Insights from an economic evaluation of the Bamardos Beyond Barbed Wire service
Jodi Burnstein

The Unconformity-Mining new cultural experiences at the edge of the world
Travis Tiddy

Kickstart Arts—cultural and community action
Jami Bladel

Northern NSW winter strategy: an integrated response to seasonable demand
Monika Wheeler



Recruiting the community for survival of a remote area medical practice
Robin Bryant

Victorian Lung Cancer Service Redesign Project: variation between rural and metropolitan outcomes
Geraldine Largey

Blood lead levels among children: implications for Broken Hill Lead Management Program
David Lyle

Community awareness of living safely with lead in Mount Isa
Yaqoot Fatima

The community and health service working together to grow the local workforce
**Sally Goode
Merridee Seiboth**












12.35 pm –
1.35 pm

LUNCH AND VIEWING OF POSTERS

Federation Ballroom

DAY 2—MONDAY, 25 MARCH 2019: The current situation

1.40 pm – 3.15 pm										
CONCURRENT SESSION B										
	B1 Caring for those with dementia	B2 Disease management—chronic conditions	B3 Culturally safe health services	B4 Children's health	B5 Arts and health: State of play	B6 Workforce models	B7 Training the rural health workforce	B8 Models for primary care	B9 Telehealth at home	B10 Rogano-style research workshop
ROOM	Concert Hall Hotel Grand Chancellor	Ballroom 1 Hotel Grand Chancellor	Ballroom 2 Hotel Grand Chancellor	Ballroom 3 Hotel Grand Chancellor	Harbour View 1 Hotel Grand Chancellor	Harbour View 2 Hotel Grand Chancellor	Chancellor 6 Hotel Grand Chancellor	Theatrette Old Wool Store 1 Macquarie St	Merino Room Old Wool Store 1 Macquarie St	Shearers' Room Old Wool Store 1 Macquarie St
1.40 pm – 2.00 pm	<p><i>Building a virtual online community to support rural carers: Verily Connect project</i> Irene Blackberry</p> <p><i>Connecting carers of people with dementia: can we do it by videoconference?</i> Lynne Parkinson</p>	<p><i>The impact of pain on rural and regional Australia: problems and solutions</i> Carol Bennett</p> 	<p><i>Yarning</i> Maureen Ryan Raylene Foster</p> <p><i>Review of the Koolin Balit Aboriginal Health Cultural Competence Audit Project</i> Olivia Mitchell</p>	<p><i>Sedation in children requiring MRI in a regional hospital: a retrospective study</i> Indhumathi Babu</p>  <p><i>Experiences of children with cancer and their families living in Tasmania</i> Jessica Hammersley</p> 	<p><i>RANT Arts: Empowering art narratives through creative innovation, facilitation, connectivity and reflective practice</i> Nathan Tucker</p>	<p><i>Designing a Rural Community Engaged Health Service and Model of Nursing Practice</i> Debra Jones</p>	<p><i>An innovative partnership aiming to embed clinical learning in regional WA</i> Emma Cahill John Von Dadelszen</p>  <p><i>Rural training pathways: the Royal Australasian College of Surgeons surgical perspective</i> Sally Butchers</p>	<p><i>Primary health planning in rural Victoria: a case study of Gippsland PHN</i> Rod Wilson</p>	<p><i>Delivery of home monitoring and point-of-care testing in general practice</i> Rosy Tirimacco</p>	<p><i>Improving outcomes for rural cancer survivors: new ideas from a Churchill Fellowship</i> Kate Gunn</p>
2.05 pm – 2.25 pm	<p><i>Protocol for innovative personalised model of care for dementia in rural Australia</i> Abraham Kuot</p>	<p><i>Providing renal services closer to home in country South Australia</i> Jayne Westling</p> <p><i>continencesupportnow.com.au: a pocket guide for care workers providing bladder and bowel support</i> Bronwyn Robinson</p> 	<p><i>Ka-ree-ta Ngoot-yoong Wat-nan-da—Grow Healthy Together: our partnership journey</i> Christine Giles</p>	<p><i>Protecting the future: fatal incidents on Australian farms involving children (2001 to 2017)</i> Kerri-Lynn Peachey</p>	<p><i>The Regional Arts Fund: health and wellbeing through creative engagements across Australia</i> Simon Spain</p>	<p><i>Developmental reviews for Aboriginal children: practices in a remote primary health care service</i> Jane Bromley</p>  	<p><i>How quality education and training saves money: a case study</i> Stephen Gourley</p> <p><i>Postgraduate education to support rural generalists in the allied health professions</i> Kylie Woolcock</p>	<p><i>To the city and back: developing a quality patient flow framework</i> Julia Waddington-Powell</p>	<p><i>Achieving equity, effectiveness and efficiency: digital health in allied health</i> Richard Cheney</p> <p><i>Expansion of telepalliative care in the home in regional Western Australia</i> Brett Hayes</p> 	<p><i>Promoting better management of epilepsy in rural Australia</i> Honor Coleman</p> 

DAY 2—MONDAY, 25 MARCH 2019: The current situation

2.30 pm
– 2.50 pm

Overcoming barriers to screening for cognitive decline in rural surgical patients
Sean MacDermott



Ambassadors as key stakeholders—working better together with community
Vicki Wade

Practitioner perceptions of the health of Australian First Nations' Peoples: preliminary findings
Alan Crouch
Gwenda Freeman

Early intervention type 2 diabetes in young people at Danila Dilba
Sumaria Corpus

Arts and health
Maree Meredith

Building the evidence base for allied health in the real world
Kristine Battye
Jeff House

Aboriginal and Torres Strait Islander engagement activities for rural health clubs
Rebecca Fatnowna



Joining the dots ... quantifying the economic value of rural health training to community
Jenny May
Jennifer Lang

Alliance contracting: a western Queensland experience
Cassandra Gillies
Stuart Gordon

Implementing telerehabilitation services statewide: what are we learning?
Kate Osborne



Implementation of nasal high flow: a remote context
Sally West
Nicholas Cairns

2.55 pm
– 3.15 pm

Listening to the lived experience of people who have dementia
Ros Calvert

General practitioners or orthopaedic surgeons—who's responsible for the gap in osteoporosis management?
Jane Anderson-Wurf



Closing the gap on culturally safe cancer care—an optimal care pathway
Jenny Post

Can you hear us? Children with a hearing loss in rural Australia
Megan Barr

The University of Florida Center for Arts in Medicine Interdisciplinary Research Lab: Arts and health communication and the arts and community health
Jill Sonke

Can psychology students improve access to mental health services for Kimberley peoples?
Lindy Swain
Helen Correia

Queensland Health allied health rural generalist training positions trial 2014 to 2018
Ilsa Nielsen

Partnership and co-design: the national enhanced response to the infectious syphilis outbreak
Lucas de Toca
Dawn Casey

Healthy at home: telephone monitoring for vulnerable people
Sally Philip

Student placements in remote NT and the impact on future workforce
Annie Farthing
Narelle Campbell

3.15 pm

AFTERNOON TEA




Federation Ballroom

DAY 2—MONDAY, 25 MARCH 2019: The current situation

3.45 pm –
5.30 pm

PLENARY SESSION 3—LOOKING AT DIFFERENT RURAL AND REMOTE HEALTH CONTEXTS

Concert Hall

- 3.45 pm Performance: DRILL Youth Dance Company
The Stance
- 3.55 pm **Janine Mohamed** and **Joe O'Malley**, Conference MCs
- 4.10 pm **Conference sponsor: R U OK?**
- 4.20 pm  KEYNOTE 7: **Luis Salvador-Carulla**, Head, Centre for Mental Health Research, Australian National University
Using evidence to shape mental health care in rural areas
- 4.40 pm  KEYNOTE 8: **Jeff Ayton**, Chief Medical Officer, Australian Antarctic Division, Polar Medicine Unit
Providing health services in Antarctica
- 5.00 pm  KEYNOTE 9: **Margaret Alston**, Professor, School of Humanities and Social Science, University of Newcastle
Rural women's health
- 5.20 pm Q and A
- 5.30 pm Close Day 1

7.00 pm for
7.30 pm

CONFERENCE DINNER AND RURAL HEALTH AWARDS

Dress code: Black tie and boots!

Princes Wharf 1, Castray Esplanade, Hobart

Entertainment: Mambo Africa Trio / Sugar Train

| HESTA |



DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

8.00 am Registration desk and exhibition hall open

Foyer and Exhibition Hall

8.30 am –
10.30 am

PLENARY SESSION 4—SOCIAL AND ECONOMIC DETERMINANTS OF HEALTH


Concert Hall


8.30 am Performance: Mature Artists Dance Experience
The Frock, by Graeme Murphy


8.40 am **Megan Smith**, Dean, Faculty of Science, Charles Sturt University
A word from our Education Sponsor



8.55 am **Janine Mohamed** and **Joe O'Malley**, Conference MCs

9.00 am  KEYNOTE 10: **Sir Harry Burns**, Professor of Global Public Health, University of Strathclyde, Scotland
Early childhood trauma, social determinants of health, anticipatory care approach

9.20 am  KEYNOTE 11: **Fran Baum**, Director Southgate Institute for Health, Society and Equity and Matthew Flinders Distinguished Professor, Flinders University
Governing for health and equity: perspective for rural Australia

9.40 am  KEYNOTE 12: **Saul Eslake**, Economist and Vice-Chancellor's Fellow, University of Tasmania
Education, employment participation and health outcomes—Tasmania as a case study








10.00 am Panel discussion

10.30 am

MORNING TEA

Federation Ballroom









DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

11.00 am – 12.35 pm										
CONCURRENT SESSION C										
	C1 Mental health— responding to the need	C2 Social determinants and health	C3 Healthy communities	C4 Infants and parents	C5 Arts and health: The body	C6 Health service planning tools	C7 Research and research methods	C8 Pharmacy and medicines	C9 End-of-life care	C10 Rural PHN workshop
ROOM	Concert Hall Hotel Grand Chancellor	Ballroom 1 Hotel Grand Chancellor	Ballroom 2 Hotel Grand Chancellor	Ballroom 3 Hotel Grand Chancellor	Harbour View 1 Hotel Grand Chancellor	Harbour View 2 Hotel Grand Chancellor	Chancellor 6 Hotel Grand Chancellor	Theatrette Old Wool Store 1 Macquarie St	Merino Room Old Wool Store 1 Macquarie St	Shearers' Room Old Wool Store 1 Macquarie St
11.00 am – 11.20 am	<p><i>Paediatric Early Intervention Model: managing emerging mental health issues in rural schools</i> Kim Taylor</p> 	<p><i>A stronger culture together</i> Meghan Bates Teresa Smithson</p> <p><i>Seeing the whole person: addressing the link between social determinants and health</i> Jenny Caspersonn</p> 	<p><i>Making connections: a systems approach to tackling Indigenous smoking</i> Penney Upton Desley Thompson</p>	<p><i>Growing together: experience of parenting a premature infant in a rural area</i> Luke Wakely</p> 	<p><i>Movers and shakers dance for Parkinsons</i> Mature Artists Dance Experience</p>	<p><i>Riding the funding cycle: dodging 'potholes' in regional rural and remote Australia</i> Jen Cleary</p>	<p><i>Inequities in research engagement between rural/remote and metropolitan health care providers</i> Bonnie Eklof</p> 	<p><i>Accuracy of medications in GP referrals to emergency departments</i> Christopher Etherington Dong Cheah</p> <p><i>Minimising medication misadventure in rural communities by working better together</i> Michelle Rothwell</p>	<p><i>Transforming end-of-life care for older Australians: building workforce capacity through ELDAC</i> Patsy Yates</p> <p><i>The success of paediatric oncology, haematology and palliative shared care throughout Queensland</i> Jessica Nicholson</p>	<p><i>Service integration by rural PHNs –where to from here</i> Matt Jones</p>
11.25 am – 11.45 am	<p><i>Child mental health is everyone's responsibility</i> Courtney Schuurman Angela Scuderi</p> 	<p><i>Better together: working and growing together will enhance Aboriginal careers in health</i> Pam Renata, Talisa Smith</p>	<p><i>The story of Active Launceston</i> Lucy Byrne</p>	<p><i>From pilot to state-wide scale up: extending Tresillian's rural reach through partnership</i> Robert Mills Deborah Stockton</p> <p><i>Mothering children with chronic conditions: stories from the bush</i> Sally Bristow</p> 	<p><i>Sharing knowledge: using art to translate and disseminate research findings to communities</i> Jennifer Ayton</p>	<p><i>SPOTing need: RFDS Service Planning Operational Tool</i> Lauren Gale</p>	<p><i>Starting a remote area academic centre ... the trials and tribulations</i> Tara Walker</p> <p><i>Obtaining consent from Aboriginal patients: a culturally sensitive approach</i> Elise Kempler</p> 	<p><i>No longer isolated: increasing clinical pharmacy services in a very remote hospital</i> Kara Milne</p>	<p><i>Dying to talk: it is better together!</i> Kelly Gourlay</p>	

DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

11.50 am – 12.10 pm	<p><i>Responding to rural mental health crisis: the first year of Call to Mind</i> Ben Chia Dave Carmody</p> 	<p><i>Who cares about the health of former female prisoners?</i> Donna-Marie Bloice</p> 	<p><i>When education, partnerships and humour combine: a successful multi-sectoral health promotion model</i> Fiona Darling</p> <p><i>Perceived access to health care in rural Victoria</i> Lisa Bourke</p>	<p><i>A three-year retrospective study of croup management in a regional hospital setting</i> Caitlin Webb</p> 	<p><i>The Nayri Niara Centre—a sanctuary for people to experience transformational activities aligned with Indigenous traditions of healing</i> Ruth Langford</p>	<p><i>Can technology fix the failure of Medicare for rural and remote Australians</i> Kim Snowball</p>	<p><i>Healing together: research partnerships between rural Aboriginal communities, services and researchers</i> Alice Munro</p> 	<p><i>Vaccine cold chain integrity in remote Australia</i> Angela Young</p> <p><i>Medication education from your pharmacist, wherever you are</i> Hannah Mann</p>	<p><i>The Tasmanian Bereavement Care Network: linking people and services across the state</i> Flora Dean</p>
12.15 pm – 12.35 pm	<p><i>An overview of headspace intake and demand management</i> Caroline Thain Miranda Ashby</p>	<p><i>Supporting health and justice through partnership</i> Lottie Turner</p>	<p><i>Four words: community centred health promotion</i> Daniella Hinton Kaye Smith</p> 	<p><i>State-wide implementation of social attention and communication surveillance—revised: a design thinking approach</i> Ali Morse</p>	<p><i>The Extra Some—performance</i> Liz Lea Katie Senior</p>	<p><i>Headsup Tool</i> Department of Health</p>	<p><i>Analysis of “non mainstream” data: quantile is better than ordinary (OLS) regression</i> Gokula Chandtan</p>	<p><i>Aboriginal and Torres Strait Islander Health Practitioner Project, Queensland Health</i> Josslyn Tully</p>	<p><i>Living, loving, dying: health promoting palliative care and rural compassion</i> Pauline Marsh Stephanie Thompson</p>
<p>12.35 pm – 1.30 pm LUNCH AND VIEWING OF POSTERS Federation Ballroom</p>									

DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

1.30 pm – 3.35 pm CONCURRENT SESSION D:										
	D1 Mental wellbeing	D2 Social dimensions of health and wellbeing	D3 Promoting good health	D4 Pre-conception to birth	D5 Arts and health: Music	D6 Health services - collaborating and coordinating	D7 Workforce and workplace issues	D8 Clinical placements and 'going rural'	D9 Telehealth in hospitals and health services	D10 Australian Journal of Rural Health workshop
ROOM	Concert Hall Hotel Grand Chancellor	Ballroom 1 Hotel Grand Chancellor	Ballroom 2 Hotel Grand Chancellor	Ballroom 3 Hotel Grand Chancellor	Harbour View 1 Hotel Grand Chancellor	Harbour View 2 Hotel Grand Chancellor	Chancellor 6 Hotel Grand Chancellor	Theatrette Old Wool Store 1 Macquarie St	Merino Room Old Wool Store 1 Macquarie St	Shearers' Room Old Wool Store 1 Macquarie St
1.30 pm – 1.50 pm	<p>Mental health and wellbeing promotion through rural football clubs Heidi Hutchesson</p>  <p>Delivering a mental wellbeing program through local rural football clubs Jocelyn Kernot</p>	<p>Strengthening hospital responses to family violence in the south-west of Victoria Jackie Kelly</p> <p><i>Finding treasure: the power of community in rural health and wellbeing</i> Fae Robinson</p>	<p>Managing dental decay of young Aboriginal children in the Kimberley, Western Australia Susan Piggott Sheryl Carter</p> 	<p>A review of pre-conception care delivery in a remote Aboriginal community context Emma Griffiths</p>	<p>The ins and outs of undertaking a song writing workshop for rural women Wendy Madsen</p> 	<p>Comprehensive primary health care within Aboriginal Community Controlled Health Services Lisa Coulson Diane Hopper</p>	<p>How effective are interventions to reduce violence against health care workers? Evelien Spelten</p> <p><i>Have a drink and get over it: how violence is impacting paramedics</i> Brodie Thomas</p>	<p>Rural pharmacy workforce: impact of curriculum and clinical placements Selina Taylor</p>	<p>A collaborative approach: why is telehealth a 'game-changer' in the Laynhapuy Homelands? Marianne St Clair</p> 	<p>Meet the Editors of the Australian Journal of Rural Health Russell Roberts</p>
1.55 pm – 2.15 pm	<p>Supporting rural communities to find best-practice quality suicide prevention programs/services Michelle Kwan</p> 	<p>From childcare to elder care: challenges for women caregivers in rural areas Leigh Tooth</p> <p><i>Better together to provide awareness, support and prevention of elder abuse in our rural communities</i> Maree Montgomery</p>	<p>The rrala milaythina-ti Raylene Foster</p>	<p>Where there is no midwife: the Imminent Birth Education Program Jenny Kelly Jane Connell</p> 	<p>Men. Music. Change. Youth and mental health service: using music programs to bring about positive change in men's lives Matthew Farger</p>	<p>Working together to build sustainable cancer services close to home Kelly Schulze</p> 	<p>The workforce climate of nursing and midwifery in country health South Australia Micah Peters</p>	<p>A model for general practice placements in Tasmania for hospital medical officers Alex Crespo-Schmidt</p> <p>Student placements in rural health services: developing an interdisciplinary model Carol Reid Rochelle Barbaro</p> 	<p>Western NSW Telehealth Strategy-care closer to home David Wright Sharon Cowie</p>	

DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health

2.20 pm – 2.40 pm	<p><i>Severe Tropical Cyclone Debbie—mental health recovery program: success, challenges and lessons learnt</i> Sonia Morshead</p> 	<p><i>'Drop and go' charity mentality is not viable for those in critical need</i> Blake Davies</p> <p><i>Drought, housing and rural women: myriads of measures, myriads of issues</i> Alwyn Friedersdorff</p> 	<p><i>Insight into health information seeking behaviour in men living in regional Australia</i> Kirsten Hogg</p>	<p><i>Birthing on Mornington Island</i> Catrina Felton-Busch</p>	<p><i>Health by stealth: drumming for wellness and health professional education</i> Nicky Wright</p>	<p><i>Building collaborative practice with consumers in rural and remote Australia</i> Jennie Parham Andrew Harvey</p>	<p><i>Are rural aged care workers stressed out?</i> Vivian Isaac</p>	<p><i>Challenges to employing recent nursing and allied health graduates in rural areas</i> Suzanne Mallick</p>	<p><i>Telehealth Emergency Management Support Unit: connecting rural, remote and regional Queensland through acute telehealth</i> Deanne Crosbie</p> 
2.45 pm – 3.05 pm	<p><i>Indigenous spirituality as a theoretical approach: building capacity of Indigenous mental health</i> Joseph Oui</p>	<p><i>Transforming houses into homes: supporting wellbeing for Indigenous families</i> Wendy Madsen</p> 	<p><i>Towards barrier-free counselling for sexual/gender minorities and sex workers in rural Tasmania</i> Tamara Reynish</p> 	<p><i>Royal Flying Doctor Service Obstetric Retrievals Audit: who, where, what and why?</i> Kiri Oates</p> 	<p><i>Voicefulness—vocal development, mindfulness meditation and psychological principles, can form pathways to greater meaning, purpose and appreciation of life</i> Lisa Robert-Scott</p>	<p><i>Working together to give women choice: community-based HPV self-sampling for Aboriginal women</i> Jo Marjoram</p> 	<p><i>Workplace aggression experiences of Victorian nurses and midwives in non-metropolitan settings</i> Danny Hills</p>	<p><i>Barriers and opportunities to clinical placements in regional, rural and remote settings</i> Pamela Stronach</p> 	<p><i>Teleology: a picture tells a thousand words</i> Laura O'Connor</p>


DAY 3—TUESDAY, 26 MARCH 2019: Determinants of health


3.10 pm **AFTERNOON TEA** Federation Ballroom

3.40 pm – 5.30 pm **PLENARY SESSION 5—COMMUNITY PERSPECTIVES** Concert Hall

3.40 pm Performance: Second Echo Ensemble
By my hand

3.50 pm **Janine Mohamed** and **Joe O'Malley**, Conference MCs

4.00 pm  KEYNOTE 13: **Anne Cahill Lambert**, Health Consumer Advocate
"Nothing for us or about us without us"—Better together with rural health consumers

4.20 pm  KEYNOTE 14: **Peter Sainsbury**, Past President, Public Health Association of Australia and the Climate and Health Alliance
Action before it is too late: climate change and the health of rural Australia

4.40 pm  KEYNOTE 15: **Lucas Patchett** and **Nicholas Marchesi**, Co-founders, Orange Sky
Better together—positively connecting communities

5.40 pm Close Day 2

5.45 pm – 6.45 pm **NETWORKING EVENING** Federation Ballroom
Sponsored by the University of Sydney School of Rural Health
Entertainment: Silver Space



7.00 pm **RECOMMENDATIONS ROUNDTABLE**
Delegates invited to discuss progress of the Sharing Shed recommendations with the Recommendations Committee
Lobby Boardroom, Ground Floor, Hotel Grand Chancellor

DAY 4—WEDNESDAY, 27 MARCH 2019: Future success

6.30 am Delegates are encouraged to join Jan Butler from the Heart Foundation's Early Birds walking group for a delightful morning walk along the waterfront. Meet in the Hotel Grand Chancellor foyer. Group will return to the Hotel by 7.30 am.

8.00 am Registration desk and exhibition hall opens

Foyer and Exhibition Hall

8.30 am –
10.30 am

PLENARY SESSION 6—MANAGING HEALTH INTO THE FUTURE

Concert Hall

8.30 am

Jenny May

"What do you recommend?" last call for contributions to the Sharing Shed

8.40 am

Janine Mohamed and **Joe O'Malley**, Conference MCs

8.50 am



KEYNOTE 16: **Richard Di Natale**, Leader, Australian Greens
Prioritising the needs of rural health into the future

9.10 am



KEYNOTE 17: **Kalinda Griffiths**, Scientia Fellow, Centre for Big Data Research in Health, University of NSW
Presentation title tbc

9.30 am



KEYNOTE 18: **Cassandra Goldie**, Chief Executive Officer, Australian Council of Social Service
Presentation title tbc

9.50 am

Q and A

10.10 am





'Better together!' by Josh Arnold and the Conference Choir!

10.30 am

MORNING TEA

Federation Ballroom

DAY 4—WEDNESDAY, 27 MARCH 2019: Future success

11.00 am — 12.35 pm CONCURRENT SESSION E										
	E1 Older people	E2 Disease management— cardiovascular disease	E3 Learning from Australia's friends and neighbours	E4 Digital health— children and parenting	E5 Arts and health: Story	E6 Refugees and migrants in regional Australia	E7 Addressing the harm—alcohol and other drugs	E8 Online training and learning	E9 Stories of health consumers	E10 Climate change and health workshop
ROOM	Concert Hall Hotel Grand Chancellor	Ballroom 1 Hotel Grand Chancellor	Ballroom 2 Hotel Grand Chancellor	Ballroom 3 Hotel Grand Chancellor	Harbour View 1 Hotel Grand Chancellor	Harbour View 2 Hotel Grand Chancellor	Chancellor 6 Hotel Grand Chancellor	Theatrette Old Wool Store 1 Macquarie St	Merino Room Old Wool Store 1 Macquarie St	Shearers' Room Old Wool Store 1 Macquarie St
11.00 am – 11.20 am	<i>Working interprofessionally to improve oral health and reduce aspiration pneumonia risk</i> Lynette Goldberg	<i>Improving outcomes for rural stroke patients: a South Australian success story</i> Karen Dixon	<i>Sustaining farm families from Victoria, Australia to Alberta, Canada</i> Susan Brumby 	<i>Rural/remote mental health service delivery: can telecare meet the needs of children?</i> Caroline Stevenson Alexandra Crawford	<i>Terrapin Puppet Theatre—making the impossible, possible using just our hands</i> Sam Routledge <i>Park Days—(play reading)</i> Jordy Gregg <i>By my hand—performance</i> Second Echo Ensemble	<i>Australian Indigenous and CALD women overcoming barriers to health screens: better together!</i> Dianne Jonasson	<i>Women, alcohol and pregnancy: are we telling the truth?</i> Marion Hale	<i>Partners in health to eLearning module development in rural and remote Western Australia</i> Lesley Pearson Christine Hunter	<i>New, real, effective support desperately needed for people suffering with mental illnesses</i> Paisley Rylance  <i>Other side of the fence: health service representative to rural health consumer</i> Judi Walker	<i>Climate change and health in rural Australia</i> Sujata Allan Rosalie Schultz Rohan Church
11.25 am – 11.45 am	<i>Living well in NSW: multipurpose services evaluated—is it home?</i> Jenny Preece <i>Highview Model: a journey beyond living well in a NSW multipurpose service</i> Lynn Forsyth Fiona Flynn 	<i>The Australian Heart Maps: a tool to help address heart health inequities</i> Jane Potter	<i>Australian Doctors International operations in Western Province, Papua New Guinea</i> Klara Henderson	<i>City versus country: do rural adolescents experience digital health inequalities?</i> Georgina Luscombe	<i>The benefits of creative arts programs for people receiving renal dialysis</i> Leigh Tesch	<i>TREE: The Ripple Effect of Ethnicities</i> Mara Richards Ray Gentle 	<i>Consulting with Indigenous communities to provide support for addressing alcohol and other drug use</i> Avinna Trzesinski	<i>Title tbc</i> Kathy Mason	<i>Medically abandoned in Australia</i> Sharon Whiteman	
11.50 am – 12.10 pm	<i>Getting GPs into residential aged care: time for a rethink on remuneration?</i> Kristine Battye Cath Sefton <i>The Vitality Passport</i> Melanie Reeves	<i>Delivery of outpatient cardiac rehabilitation using a GP Hybrid/ Telephone Program model</i> Claudine Clark	<i>Equity in the context of co-designing sustainable rural maternity services</i> Bernadette Doube Jill Dibble	<i>Social media innovation: together we beat the tyranny of distance</i> Dianne Zalitis	<i>Storytelling: the conduit to good health and prosperity for rural Australia</i> Penny Terry	<i>Title tbc</i> Nick Tebbey	<i>Neonatal abstinence syndrome: is it the same everywhere?</i> Shabna Rajapaksa	<i>Benefits of sharing limited licence radiography online course material across state boundaries</i> Tony Smith	<i>A carer's reflection on navigating the NDIS in the Northern Territory</i> Lynne Strathie	

DAY 4—WEDNESDAY, 27 MARCH 2019: Future success

12.15 pm – 12.35 pm	<i>Making a place for joy: designing better rural aged care facilities</i> Belinda Douglas	<i>Roll-out of automated external defibrillators to rural and remote Australian communities</i> Lauren Gale Lindy Harkness	<i>An integrated approach to Indigenous health in northern British Columbia, Canada</i> Travis Holyk	<i>Occupational therapy led paediatric burn telehealth clinic: keeping kids closer to home</i> Tilley Pain	<i>Case studies of transformation through inclusive theatre making: doing Shakespeare in Cairns</i> Avril Duck Velvet Eldred	<i>Achieving health outcomes for migrants and refugees settling in regional Australia</i> Nick Tebbey	<i>Title tbc</i> Foundation for Alcohol Research and Education	<i>Accessing evidence-based online mental support</i> Heidi Sturk	<i>Daring to care! An autoethnographic journey of recovery from bipolar affective disorder and complex trauma</i> Cecil Camilleri
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12.35 pm Session concludes
Sharing Shed closes 1 pm

12.35 pm – 1.30 pm

LUNCH AND VIEWING OF POSTERS

Federation Ballroom

1.30 pm – 3.30 pm

PLENARY SESSION 7—BETTER TOGETHER FOR THE NEXT 25 YEARS!

Concert Hall

1.30 pm	Janine Mohamed and Joe O'Malley , Conference MCs
1.40 pm	Jenny May <i>Presentation of Conference priority recommendations—final report from the Sharing Shed</i>
1.50 pm	 The Hon Bridget McKenzie , Minister for Regional Services, Sport, Local Government and Decentralisation <i>Presentation title tbc</i>
2.10 pm	 KEYNOTE 19: Paul Worley , National Rural Health Commissioner <i>Sustainable rural health teams, our future or fantasy</i>
2.30 pm	 KEYNOTE 20: Jill Sonke , Director of the Centre for Arts in Medicine, University of Florida <i>Presentation title tbc</i>
2.50 pm	 KEYNOTE 21: Sandro Demaio , Co-host, ABC's Ask the Doctor; Chief Executive Officer, EAT; Founder, Sandro Demaio Foundation <i>Closing address</i>
3.30 pm	Tanya Lehmann , Chair, National Rural Health Alliance <i>Close</i>
3.40 pm	See you in 2021...
3.45 pm	Closing performance...

4.00 pm

FAREWELL AFTERNOON TEA

Foyer

POSTER PRESENTATIONS

Professional and organisational factors associated with specialist retention in rural Tasmania
Penny Allen

Implementation of a patient experience monitor in three rural urgent care centres
Danielle Beekman

Collaborate, embrace, evaluate: strategic research in general practice training
Michael Bentley

Rural adolescent health care: barriers, access and age appropriate care
Lani Brazier, Nikolina Sladojevic

A community-identified priority: creating breastfeeding-friendly food outlets in rural Victoria
Jenny Burrows

Better together: collaborative primary health care for severe and complex mental illness
Laurinne Campbell, Kristy Payne

Redefining COPD: collaborative opportunities for partnership development
Glenda Chapman

Where are the boys? Health care professionals' and educators' perspectives
Sandra Connor

Do preventable hospital admissions for oral health-related conditions vary by geographical remoteness?
Leonard Crocombe

Appropriateness of adult plain abdominal radiograph requesting in a regional emergency department
Michelle Fernandez


It's a tough gig for remote managers without the essentials
Marcia Hakendorf

Improving ear health for Aboriginal and Torres Strait Islander people through partnerships
Jacqui Hawgood

Feasibility of increasing bowel cancer screening participation through general practice
Simone Lee

Managing insulin in rural communities after it is dispensed
Patrick Mahony

Eating disorder assessment and management in paediatric inpatients at a rural hospital
Robert Milledge

 *A retrospective comprehensive overview of a regional Queensland acute pain management service*
Bushra Nasir

Stimulant prescribing for ADHD over 20 years in two regional paediatric departments
Helen Puusepp-Benazzouz

Adherence to chronic disease management regimes in rural populations: a scoping review
Arlen Rowe

Continuing professional development aid for rural medical specialists
Sarah Srikanthan, Bernard Bucalon


Knit one, purl one, knit together
Erica Stevenson


Positive client outcomes from rural clinical placements developed by Going Rural Health
Trish Thorpe, Jane Doyle

Nurse practitioner locum solutions: addressing Australian rural health service provision gaps
Kathleen Tori

The impact of nurse practitioners in a rural community
Kathleen Tori

Partnering with purpose: Starlight's support for child and adolescent rural health care services
Claire Treadgold, Jo Dann

An innovative nursing model supporting country people receiving oral treatment for cancer 
Christine Henneker

Linking program funding to provide streamlined diabetes care in rural communities
Minke Hoekstra 

Telehealth improvement through innovation
Vickie Irving

'Never too far': return to country, working with rural Indigenous communities
Karen Joy, Rebekah Orford 

Service development for chronic pain: a model from remote Australia
Rachel Kovacevic, Stephen McCrea



Mapping the optimal care pathway for oesophagogastric cancer in regional Victoria
Michael Leach


Visualising rural health through the arts
Michael Leach

National Regional Training Hubs Program: improved rural health outcomes
Fran Trench

The health of rural and remote Australians
Micaella Watson, Ingrid Evans

Screening for post-stroke depression in a rural rehabilitation unit
Sandra Wicks

A multidisciplinary approach to managing gestational diabetes mellitus in a regional hospital 
Elisha Willoughby 

Rural career intentions: the influence of placement experiences for allied health students 
Rebecca Wolfgang

An innovative, educational approach to weight management in general practice
Scott Wood

Bariatric Specialist Multi-Disciplinary Consultancy Service (Phone B-A-R-I)
Peter Young, Natalie Papallo

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