Starlight Express Rooms & Captain Starlight

There’s a Starlight Express Room in every children’s hospital in Australia. In these vibrant medical-free zones our superhero, Captain Starlight, brightens the world of seriously ill children and their families.

Through games, movies, craft, performances and more, we help sick kids to forget about their illness for a while and get down to the serious business of having fun! And for those kids too ill to leave their beds, they can join in all the fun by watching Starlight TV that’s screened to hospital wards daily. Captain Starlight also brightens the otherwise clinical wards with daily ward rounds full of jokes, magic and plenty of laughter.

There are 130 Captain Starlights delivering fun and joy around the country.

Starlight Wishgranting

Starlight Wishes are a once in a lifetime opportunity, giving seriously ill children and their families something positive to dream about and look forward to. Creating magical and colourful memories to call upon when times are tough, they provide a welcome break from painful treatments and procedures. Starlight granted 525 Starlight Wishes in 2016.

Livewire

Sick teens have different needs to those of younger kids – that’s why Starlight created Livewire, supporting sick teens and young people living with serious illness or disability. Livewire offers ward based activities, tailored workshops and a teen only space for young people to hang out and make friends in hospital.

Our online chatroom, Livewire.org.au, also provides a safe and supportive online community where members can connect and share experiences with others who understand what they’re going through.

Outreach

Starlight is also reaching out into more remote and regional areas than ever before! Captain Starlight is now permanently in Darwin Hospital and also travels to remote Indigenous communities working alongside the health professionals to deliver positive healthcare messages and improve attendance at health clinics.