The Victorian
Rural Community Intern Training (RCIT) program
General practice workforce in Victoria

- GPs = Primary rural medical workforce
- Adequate numbers of practitioners - maldistribution remains key issue
- DHHS medical workforce investment $85M+

Medical education

- Postgraduate hospital based training
ASGC Remoteness Areas (2006)

- Major Cities (RA1)
- Inner Regional (RA2)
- Outer Regional (RA3)
- Remote (RA4)
- Very Remote (RA5)
Aims of the program

• Enhance recruitment and retention of rural medical workforce
• Effective regional-based training
• Sustainable pipeline of rural medical practitioners
• Effective training program
Training model

• Offers 10-20 weeks rotation in rural general practice
• Focus on procedural skills
• Education program
  – Workshops
  – Videoconference sessions from metro & rural specialist
  – Grand rounds & clinical reviews
Regional Victoria
including Department of Human Services regional boundaries

Department of Human Services regional boundaries
based on Local Government Areas
Australian Standard Geographical Classification 1 July 2011
Rotations

Core rotations
- General Medicine
- Emergency Medicine
- General Surgery

Community based rotations
- Rural General Practice
- AOD
- Palliative Care
- Rehab.
Former RCIT interns

“I am grateful for every opportunity afforded along the way that other programs don't come close to offering, particularly with regard to the specialist domain of rural health.”

- Dr Lauren Tanzen, 2014 Intern

“There’s great learning opportunities with well suited workshops. Great opportunity to explore general practice while still keeping your options open. I give it a big thumbs up!”

- Dr Tiro Othomile, 2015 Intern

“I will be forever grateful for the training I received and experience I gained through the Murray to Mountains intern program, and I cannot imagine having a better way to have commenced my medical career.”

- Dr Bre Irving, 2014 Intern
Regional Partnerships

Regional RCIT Program Managers

Relationship Building

Positive Intern Experience

Strong Support Networks
Evaluation

Formal evaluation

- Commenced late 2016
- 4 evaluations cycles
- Active participation with stakeholders
  - Self-assessment
  - Improvement plans
Interns perspectives

Learning needs

96%
Satisfied or Very Satisfied

Career objectives

92%
Good or Very Good
Evaluation – interim data

Stakeholder perceptions

- Individuals
- Organisations
- Overall
Thank you

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