

Bethany Miles

Bethany Miles is a public health nutritionist/dietitian with the NT Department of Health, and has been part of the outreach team servicing the Tiwi Islands and Belyuen for the last two years. This has involved working on projects such as building and implementing store nutrition policies with local boards, antenatal cooking programs, adult healthy lifestyle programs, and anaemia prevention initiatives. Prior to this she worked for two years as a dietitian in the private industry. This involved nutrition education and health coaching with chronic disease clients in fourteen Top End communities, as well as working clinically in hospital and Aged Care settings. Her upbringing was in the Kimberleys and Darwin, and she graduated from the Bachelor of Nutrition and Dietetics (Hons) at Flinders University in 2010.