

Melissa Hull

Melissa Hull is a PhD candidate with the Alliance for Research in Exercise, Nutrition and Activity (ARENA) group within the University of South Australia's School of Health Sciences. She completed Honours and undergraduate studies in Human Movement and Health Sciences majoring in exercise and sports science and health promotion. She has worked in a variety of community and university organisations across rural and metropolitan areas of South Australia. Before beginning her PhD studies Melissa worked as a Research Assistant within the School of Health Sciences, where she contributed to diverse projects including anthropometric measurements of defence personnel, several activity monitoring and lifestyle interventions, a systematic review on childhood energy expenditure and use of time phone calls. Melissa grew up in rural South Australia before moving to Adelaide to complete her university studies. The experience of rural living is now a driving force behind her current PhD research, where she is exploring the health literacy, health attitudes and health-related behaviours of South Australian farmers.