

Alison Fairleigh

Alison Fairleigh is a passionate advocate for rural mental health and farming communities. In 2013, Alison was chosen as the RIRDC QLD Rural Woman of the Year for her advocacy in improved rural mental health services and suicide prevention, and it is her mission to ensure that mental health is seen to be just as important as physical health within the agricultural sector. Alison has successfully used social media to shine a light on life in rural and remote Australia and is passionate about empowering others to find their voice through this powerful medium. Alison sits on the Friends Advisory Committee for the National Rural Health Alliance as well as being an associate member of the Rural Doctors' Association of Qld. Alison is currently the Townsville Area Manager at the Mental Illness Fellowship of North Qld where she is working to deliver drought assistance programs in north and west Qld. In 2015, Alison was chosen by the Premier of Queensland to be an Australia Day Ambassador.