

Sara Coombes

Sara Coombes was born in Canada in 1957. She was Medical Laboratory Scientist before doing a Diploma in Chiropody at the Chelsea School of Chiropody London UK. After two years in Public health employment in southern England Sara migrated to Australia in 1981. Sara first job was in Dubbo NSW providing services to multiple centres including Bourke and Cobar introducing her to Indigenous remote health issues early in her career. Sara moved permanently to Wauchope in 1983 working in both public and private practices. She developed a keen interest in preventative foot care and diabetes and is currently studying for Graduate Certificate in Diabetes Education at Curtin University WA. From 2009 Sara has been working for various fund holders in NT providing podiatry services to remote communities north of Alice Springs while maintaining a limited private practice at home. Sara continues to study both formally and informally. In 2010 she gained her Masters of Health Sciences (Podiatry) and is an Affiliated Member of the College of Podiatric Surgeons and is an accredited Member of the Australian Podiatry Association indicating she achieves over 40 hours of continuing professional development per year. Her goal in the next two years is to evaluate her podiatry service in NT and to continue to work towards better foot health and reducing foot amputation rates in those communities.