

City to bush: health outcomes for Aboriginal and Torres Strait Islander people

Sally Rayner, Charmaine McGowan

Australian Bureau of Statistics

The health of Aboriginal and Torres Strait Islander people varies considerably depending on whether they live in urban or remote parts of Australia.

This presentation will showcase data from the recent ABS Australian Aboriginal and Torres Strait Islander Health Survey (AATSIHS), which is the largest and most comprehensive health survey of Aboriginal and Torres Strait Islander people ever undertaken. The AATSIHS was conducted across Australian States and Territories in urban, regional and remote areas, including discrete communities.

For the first time, the survey collected detailed information about diet and nutrition, and utilised pedometers to measure Aboriginal and Torres Strait Islander people's levels of physical activity. It also included the largest ever biomedical collection for Aboriginal and Torres Strait Islander adults.

Results from these new topics will be presented, with a focus on rural and remote areas, along with information on key risk factors like smoking, alcohol and obesity. Comparisons over time will also be included where available.