Developing Rural Generalist Medical Training in Japan

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Why I am here...
I’m a typical Japanese...
All I could say... ‘YES’
It was a long way...
I am happy to be here safely to talk about...
Why Rural Medicine in Japan?

‘Present, past and future’
Misperception???
Islands in Japan

• Populated: 418, Unpopulated: 6,429

• 400,000 population
  (Deceased 10% in 10 years)
  → but need for defense from other countries
Now-1. Geography...
Similar?
Sand or Water...
Coast or Centre...
Now-2. With the oldest citizens in the world...
Strong demand for rural doctors... Government shifts to home care for costs.
Now-3. Tsunami
What’s happiness?
We can choose...
It’s a very big chance for rural areas in Japan, because the young doctors want to go to rural areas...
More than 100 students and young doctors come to small island for workshop...
But the lack of a structured program makes them hesitate going all-in to rural medicine
Evacuation
Boss wanted me to be a pilot?
1-4
Air Self-Defense Force...
1-4
Too big and takes too much time for an emergency...
Now-5  Too many specialists...
We need generalist...
Really shortage? In most countries...

- Primary care
- Secondary care
- Tertiary care
To make it a better shape...

- Primary care (96%)
- Secondary care (3%)
- Tertiary care (1%)
Past...

A Role Model
- Great surgeon
- Stayed 36 years
- Pioneer of rural doctor
-popular, translated even into French.
- TV program
- Very attractive to med student
Was I caught in the trap?
Paradoxically, unable to step in to perform
Once he was admitted because of a fall down the stairs, his secretariat had difficulty looking for a stand-in.
No one wants a One-Way ticket
Future
We need a road to ‘Rural Program’ to be spread
To encourage Japanese young doctors to go rural...
And, to take a look at ourselves again in a tough environment, limited resources...
Thank you for your hospitality!!!
Japan welcomes you always!!!

Hiking on Hokkaido
A Journey through Japan's Outback

Healing and Longevity Island
Welcome to Medical Resort in Okinawa

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