

A scenic photograph of a rural Japanese landscape. In the foreground, there are lush green rice fields. In the middle ground, a small cluster of traditional Japanese houses is visible. In the background, there are rolling green hills and a large, prominent mountain under a blue sky with scattered white clouds.

Developing Rural Generalist Medical Training in Japan

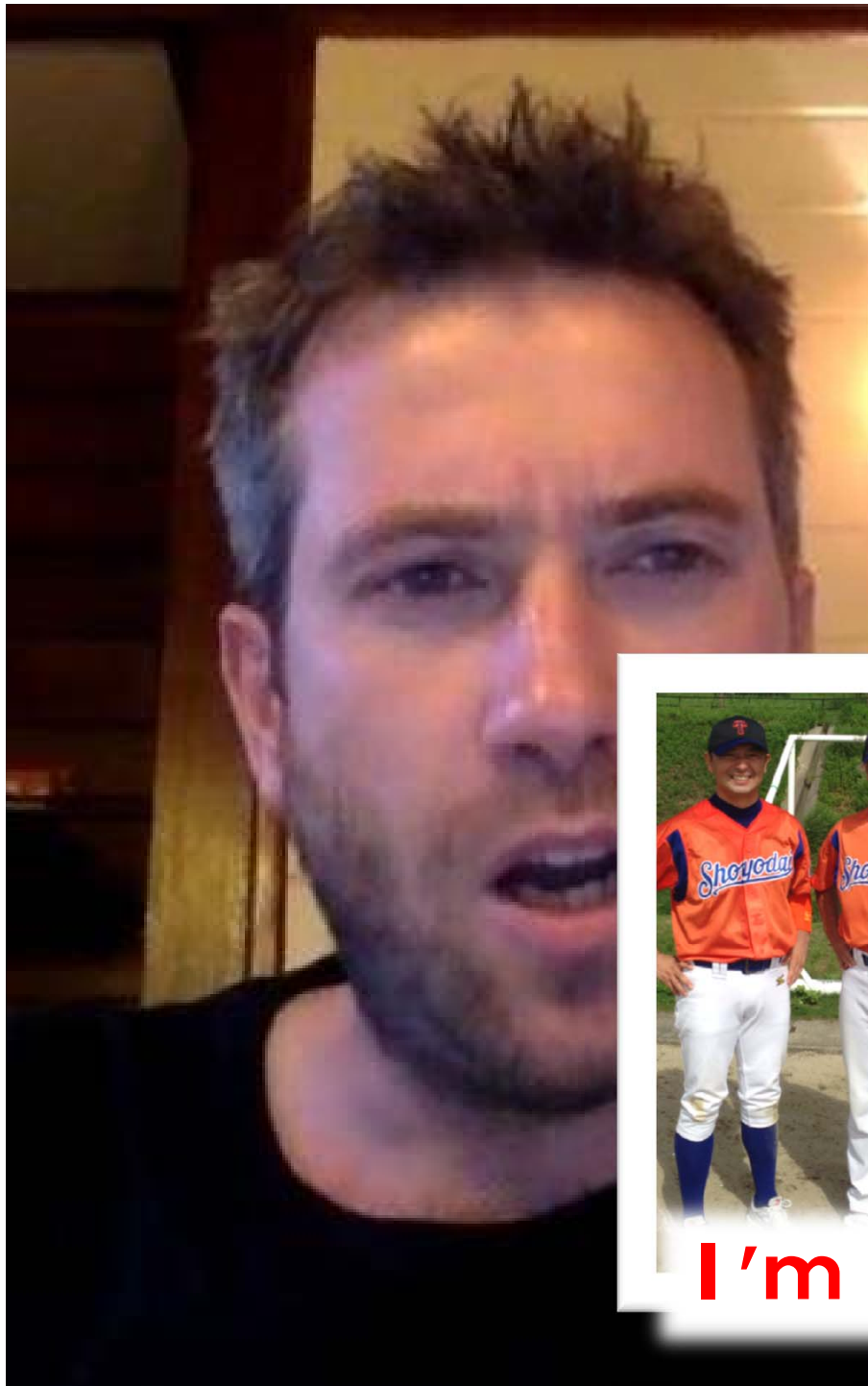
Manabu Saito M.D.

Japan Primary Care Association

Emergency Physician, General Physician

Why I am here...





I'm a typical Japanese...



All I could say... 'YES'



It was a long way...



**I am happy to be here safely
to talk about...**

Why Rural Medicine in Japan?

‘Present, past and future’



Misperception???



Islands in Japan

- Populated: 418, Unpopulated: 6,429
- 400,000 population
(Decreased 10% in 10 years)
→ but need for defense from other countries



Now-1. Geography...





Similar?
Sand or Water...
Coast or Centre...



**Now-2 . With the oldest citizens
in the world...**



**Strong demand for rural doctors...
Government shifts to home care for costs.**

Now-3. Tsunami

JAPAN 3.11



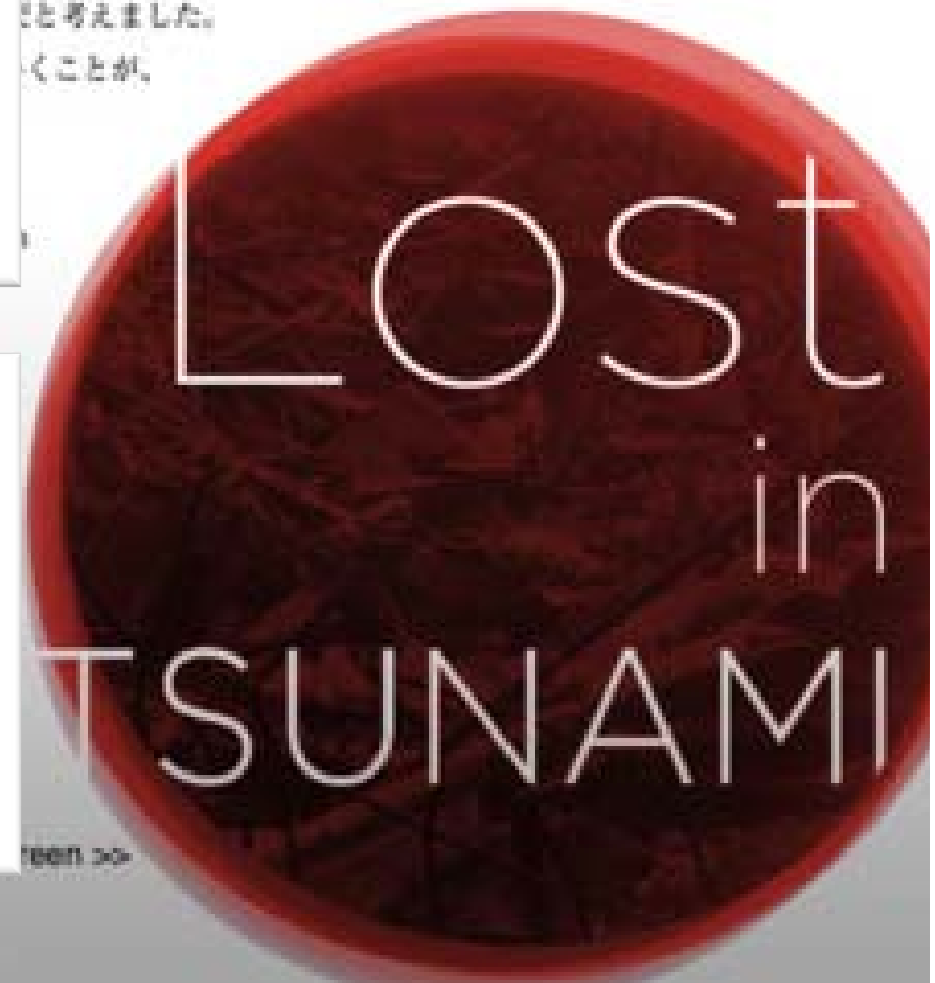
Japan earthquake and tsunami occurred on March 11th, 2011 – spending over 6 month for shooting.



6ヶ月間で撮りだめた記録です。

と考えました。

くことが、



Hope?



What's happiness?



We can choose...





Manabu Saito

It's a very big chance for rural areas in Japan, because the young doctors want to go to rural areas...

Japanese and Australian regional doctors.

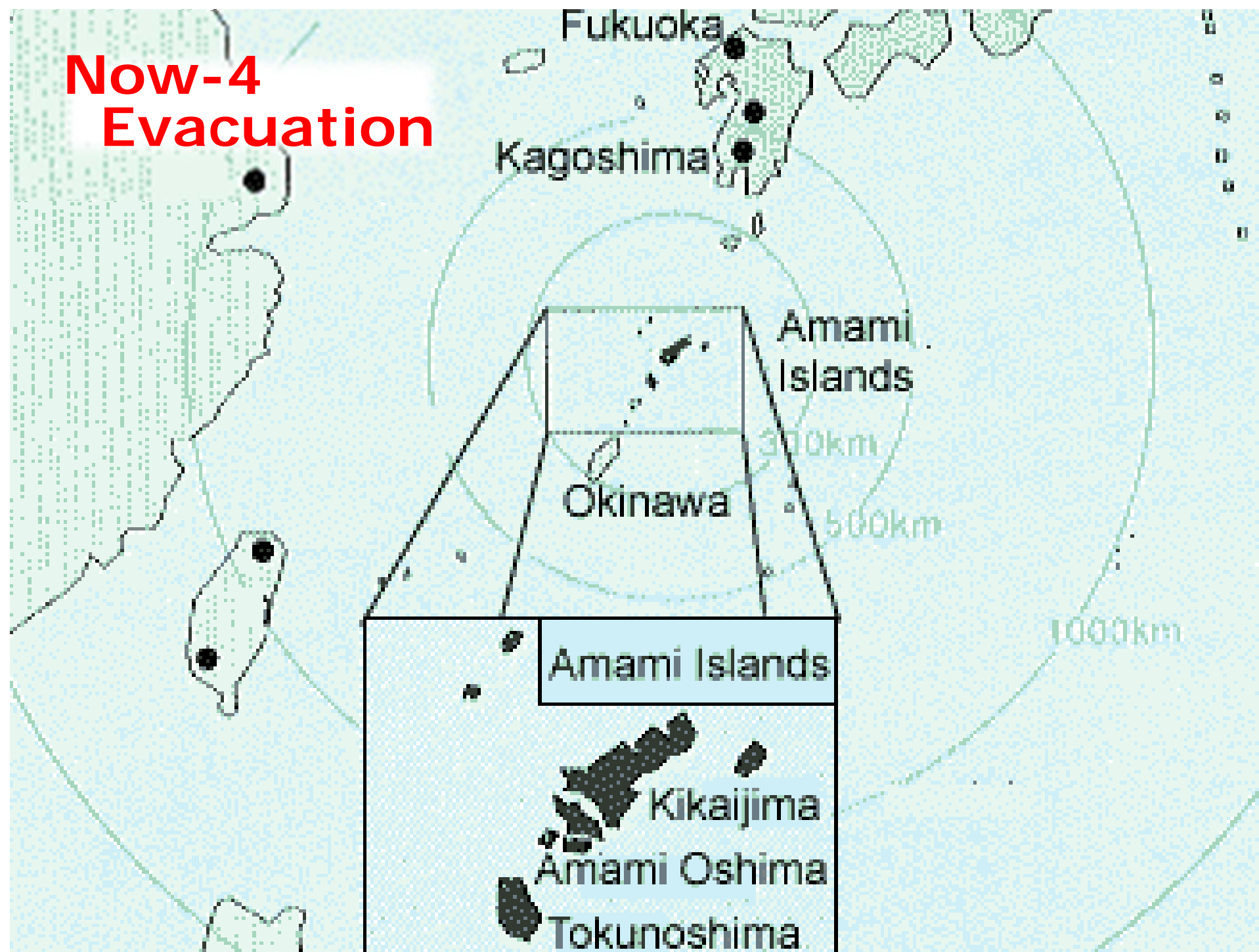
**More than 100 students and young doctors
come to small island for workshop...**





But the lack of a structured program makes them hesitate going all-in to rural medicine

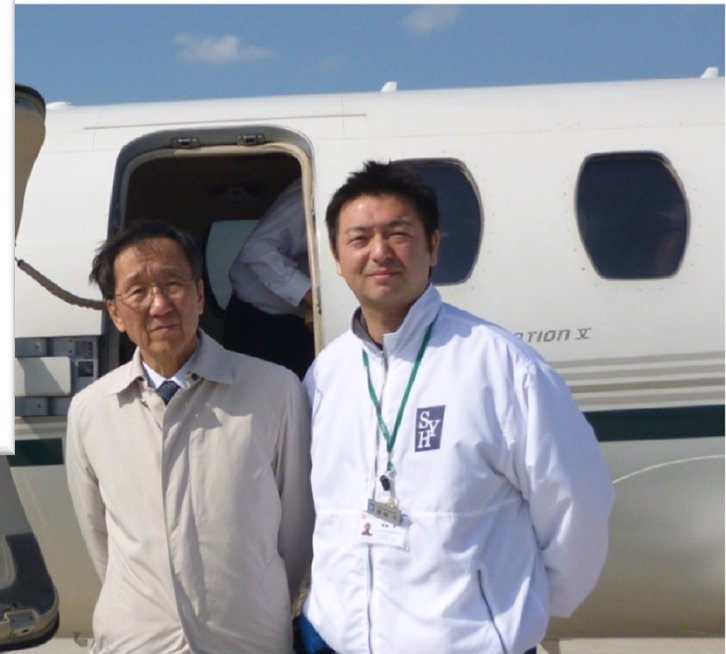
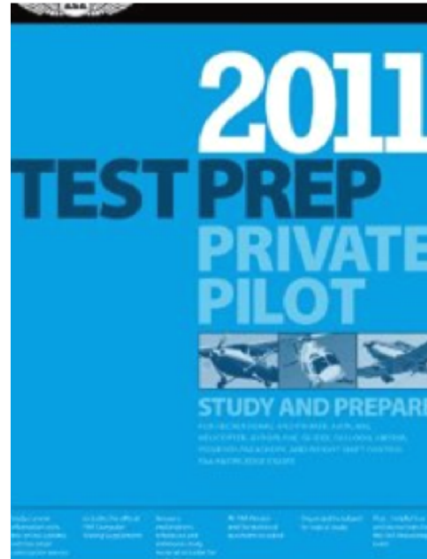
Now-4 Evacuation





Boss wanted me to be a pilot?

沖縄の空から舞いおりた
救急医療の革命児



1-4
Air Self-Defense Force...





1-4
Too big and takes too much
time for an emergency...

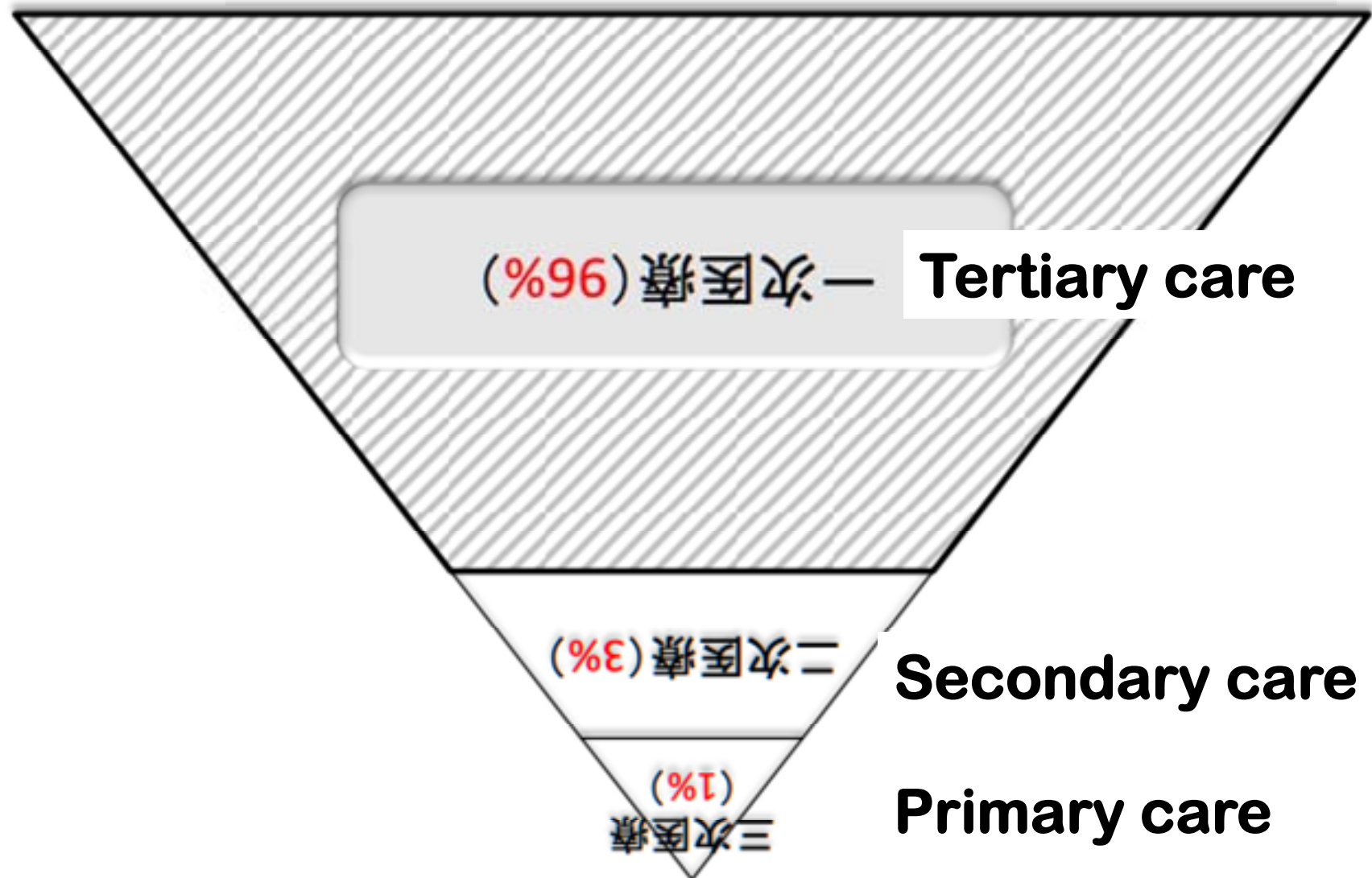
Now-5 Too many specialists...



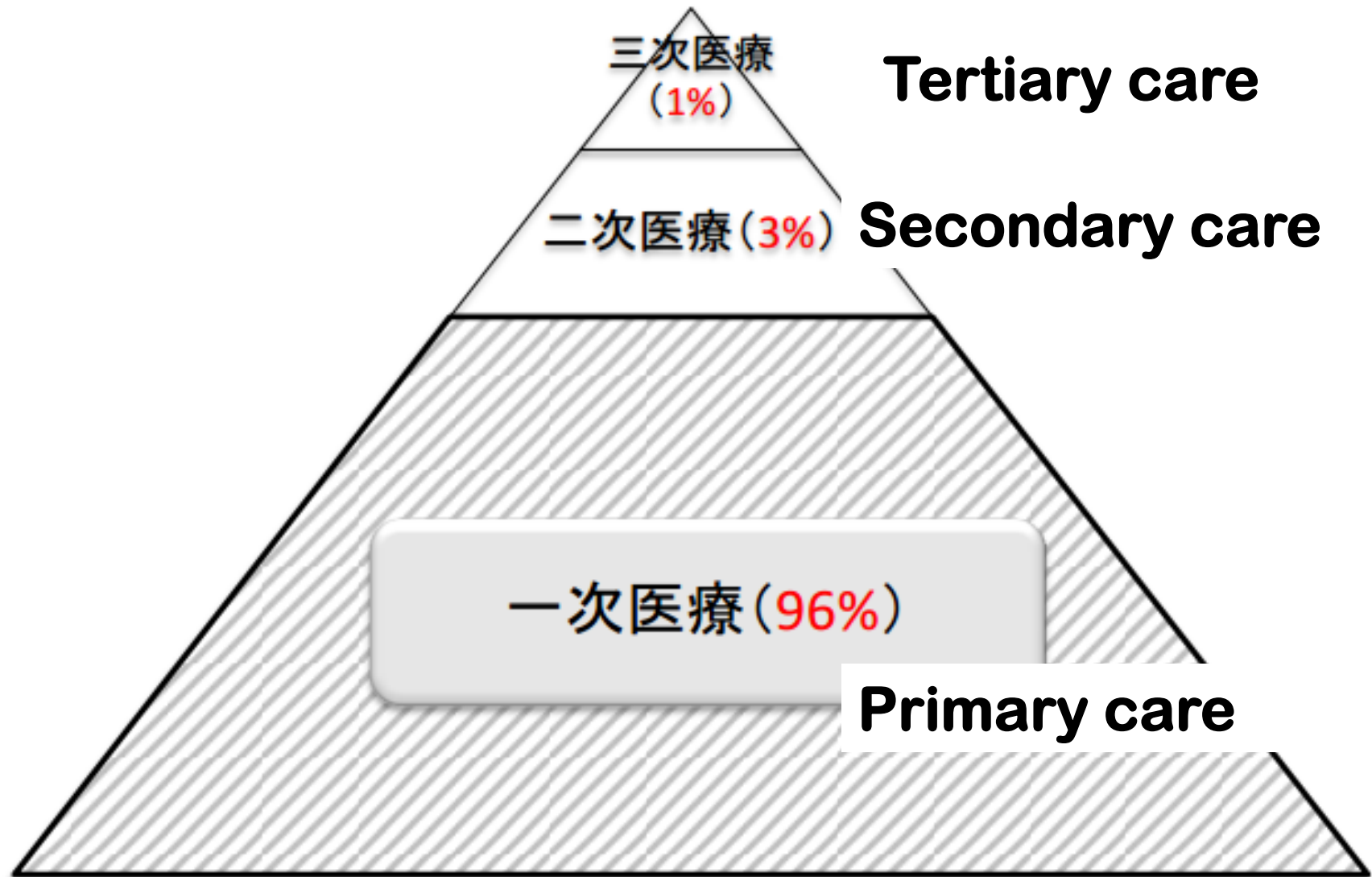
We need generalist...



Really shortage? In most countries...



To make it a better shape...



Past....

A Role Model



Translated and with an introduction by [illegible]

- Great surgeon
- Stayed 36 years
- Pioneer of rural doctor



Doctor Stories

from the Island Journals of the Legendary "Dr. Koto"

Dr. コトー診療所

山田貴文



Takatashi Yamada
vous présente

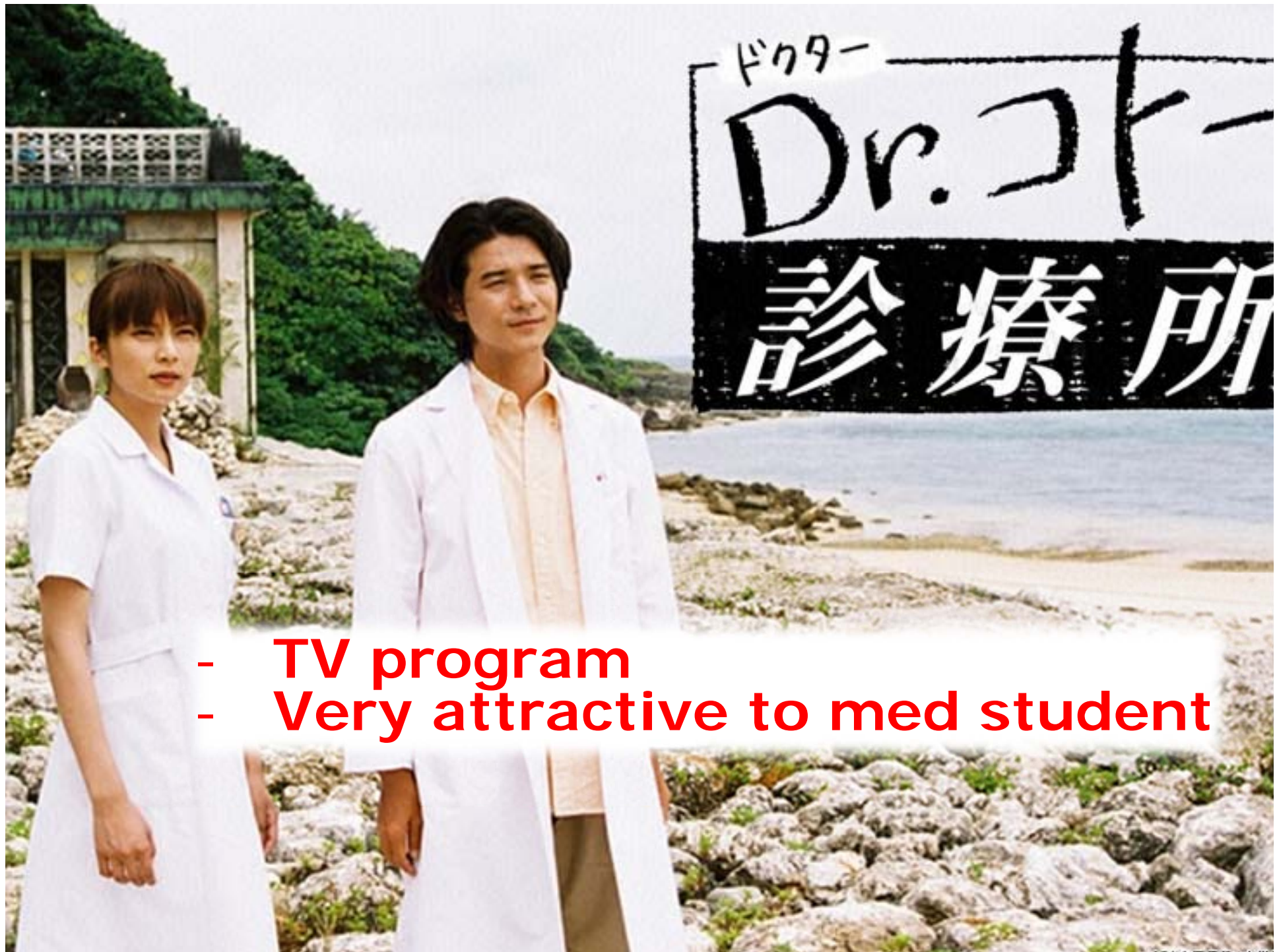
TAKATOSHI YAMADA PRÉSENTE

Dr K
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T
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-popular, translated
even into French.

Le médecin du dossier doit quitter l'île pour vivre sur le continent tout en poursuivant son traitement.
Une nouvelle et jeune infirmière la remplace : Mina Nakai.
C'est alors qu'une femme enceinte est admise en urgence...





- TV program
- Very attractive to med student

Was I caught in the trap?





**Paradoxically,
unable to step in to perform**



Once he was admitted because of a fall down the stairs, his secretariat had difficulty looking for a stand-in.

No one wants a One-Way ticket



Future



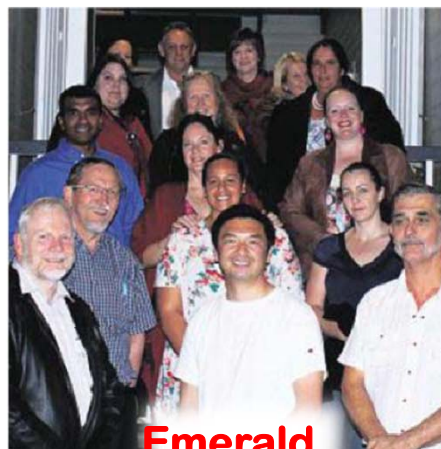
We need a road to 'Rural Program' to be spread



To encourage Japanese young doctors to go rural...



ACRRM



Emerald



RACGP



RFDS



Alice Springs



**GPTQ
Toowoomba**

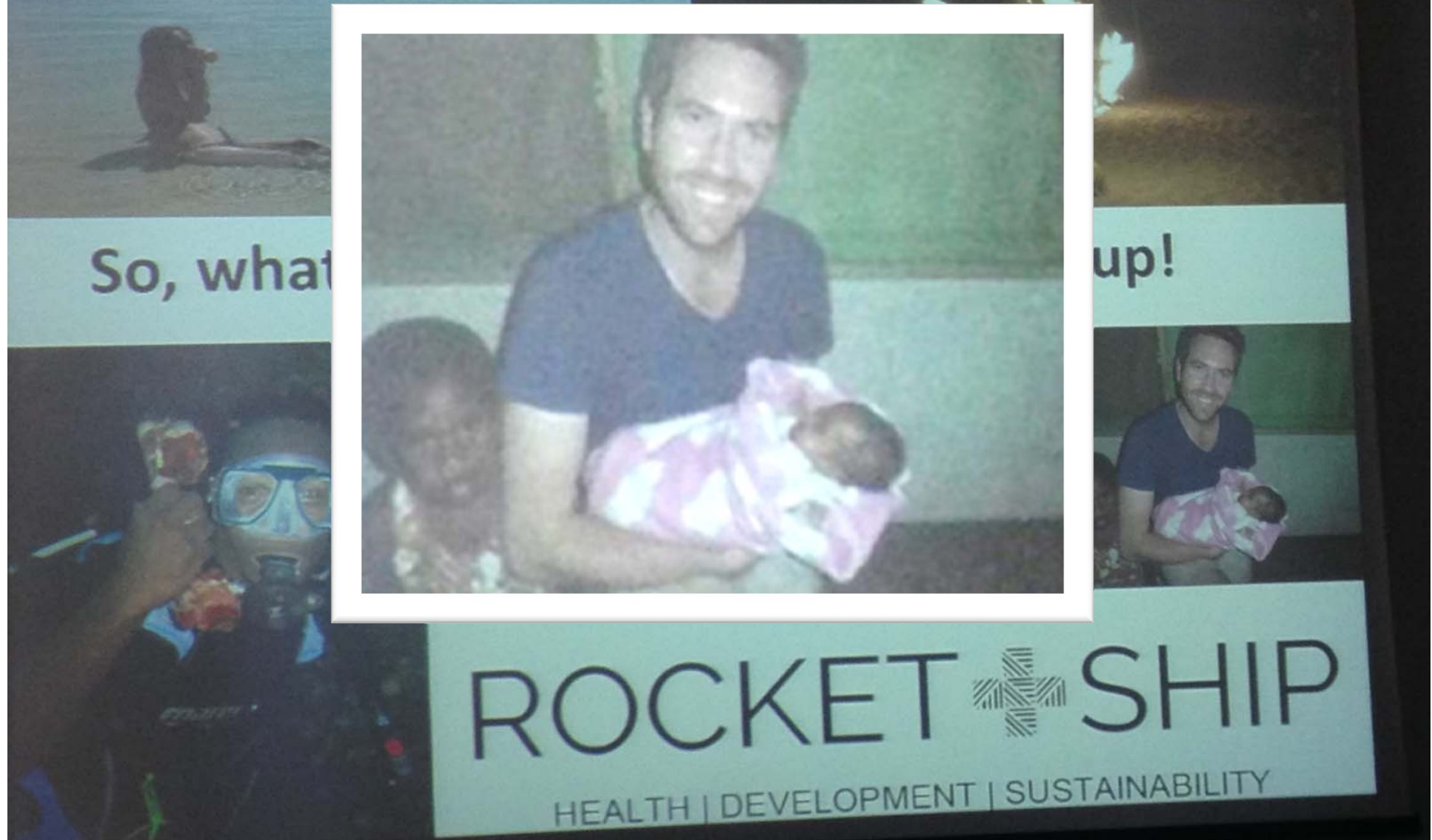


**Centre for
Remote
Health**



Tennant Creek

And, to take a look at ourselves again in a tough environment, limited resources...



The collage features several elements:

- Top Left:** A person sitting on a beach looking out at the ocean.
- Top Right:** A person in a dark, possibly underwater or night-time setting.
- Middle Left:** A person wearing a blue diving mask and holding a small object.
- Center:** A man in a blue shirt holding a baby wrapped in a pink and white striped blanket.
- Middle Right:** A smaller version of the man holding the baby.
- Text:**
 - "So, what" (partially visible on the left)
 - "up!" (partially visible on the right)
 - ROCKETSHIP** (large text with a cross-like logo between the words)
 - HEALTH | DEVELOPMENT | SUSTAINABILITY (text below the main title)



Hiking on Hokkaido

A Journey through Japan's Outback

JMHC Japan Medical & Health
Tourism Center

Healing and Longevity Island

Welcome to Medical Resort in Okinawa

**Thank you for your hospitality!!!
Japan welcomes you always!!!**