DEVELOPMENT OF REGIONAL DEMENTIA SERVICES PATHWAYS

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13th National Rural Health Conference, Darwin Convention Centre
24-27 May 2015, Darwin NT

HEALTHY COMMUNITIES AND WORLD CLASS HEALTHCARE
CARING | PASSIONATE | TRUSTWORTHY
Loddon Mallee Region

60,000 Sq Kilometres
10 Local Government areas
316,000 Residents
Aim and Objectives

- Develop local pathways for the three management stages of dementia
  - Awareness, Recognition and Referral
  - Initial Assessment, Diagnosis and Post Diagnosis Support
  - Management, Care, Support and Review
  - Note: Stage 4 End of life pathway was excluded from the project as it was being managed through Palliative Care Services

- Develop a user guide for Pathway Implementation

- Review and Update the regional dementia strategy website
Methods

- Action research Approach

- Advisory Group

- Literature Review and RDMS Website Update

- KPMG Dementia Services Pathways Framework
KPMG Dementia Services Pathways – an essential guide to effective service planning
Methods
- Consumer Focus groups
Methods

- Service Provider Self-assessment and Workshops
Results
- Consumer Focus groups

“I want the doctor to tell me where to go and who to see. A SATNAV that tells me, who to contact and here is the phone number”

GP didn’t refer me to support group, I stumbled over it”

“No-one was able to get me the information I needed right then and there”
Results

- Service Provider Self-assessment and Workshops
Pathway one: Awareness, Recognition and Referral
Pathway two: Initial Assessment, Diagnosis and Post-Diagnosis Support

**Pathway 2: Initial Assessment, Diagnosis and Post-Diagnosis Support of Dementia in General Practice/Primary Care**

Clinical Assessment Method (CAMs)
1. State current functional status
2. Dementia screening
3. Observe initial reaction
4. Close observation
5. Baseline depression
6. Other health issues
7. Cognitive impairment
8. Support services

**Initial Assessment**

- **Symptoms:**
  - Memory loss
  - Communication difficulties
  - Behavioral changes

**Diagnosis**

- **Tests:**
  - Brain imaging
  - Laboratory tests
  - Genetic testing

**Post-Diagnosis Support**

- **Services:**
  - Memory clinics
  - Support groups
  - Care planning

**Pathway 2 Details**

- **Stage 1:** Assessment and diagnosis
  - Referral to specialist dementia services
  - Coordinator: Mental Health

- **Stage 2:** Post-diagnosis support
  - Referral to specialist dementia services
  - Coordinator: Mental Health

**Healthier Communities and World Class Healthcare**

- **Caring**
- **Passionate**
- **Trustworthy**
Pathway three: Management, Care, Support and Review

Department of Human Services: If you feel that the service or care is inadequate or unsatisfactory, you can make a complaint. If you are not satisfied with the outcome, you can make a complaint to the Office of the Ombudsman or the Victorian Small Claims Tribunal.

Aged Care Assessment and Support Service: Provides information and support to people who need long-term care or support, including older people who need home care or residential care.

Pathway three: Management, Care, Support and Review

The goal of the pathway is to support and empower the person to make informed decisions about their care and support needs.

Department of Human Services: Provides support and information to people on disability, aged care, and other social services. You can also contact the Medicare Contact Centre on 1800 220 000.

Aged Care Assessment and Support Service: Provides information and support to people who need long-term care or support, including older people who need home care or residential care.

Pathway three: Management, Care, Support and Review

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Loddon Mallee Regional Dementia Services Pathway Service Guide

LODDON – MALLEE DEMENTIA SERVICES PATHWAY

Service Guide
Conveniently located at

www.dementiamanagementstrategy.com

Questions?