



**12TH NATIONAL RURAL
HEALTH CONFERENCE**
ADELAIDE CONVENTION CENTRE
SOUTH AUSTRALIA, 7-10 APRIL 2013

PROGRAM
as at
4 April 2013



First-time presenters



'Top 20' abstracts



Peer-reviewed
paper



Broadcast on www.ruralhealth.org.au

SUNDAY 7 APRIL 2013

8.00 am	Registration desk open	Ground floor foyer
9.00 am – 3.30 pm	<p>Pre-conference events:</p> <ul style="list-style-type: none"> • Medicines in the Bush, Pharmaceutical Society of Australia (10.30 am – 3.30 pm, Riverbank Room 1) • Rural Policy Forum: supporting rural Medicare Locals, Australian Healthcare and Hospitals Association/Australian Medicare Local Alliance/National Rural Health Alliance (9.45 am – 3.15 pm, Riverbank Room 2) • Writing for Publication Workshop, Australian Journal of Rural Health (1.00 pm – 3.45 pm, Riverbank Room 4) • Dealing with Depression, Black Dog Institute (8.30 am – 3.45 pm, Meeting Room 1) • Rural Health Leaders Workshop, Australasian College of Health Service Management/Future Health Leaders (10.30 pm – 3.00 pm, Meeting Room 2) • Using the eHealth record system to add value to clinical consultations, Royal Australian College of General Practitioners (12.00 pm – 3.00 pm, Meeting Room 3) • Improving career pathways for Aboriginal and Torres Strait Islander Peoples in the health workforce: challenges and lessons learned in Australia and elsewhere, Flinders University/Lowitja Institute (1.00 pm – 3.00 pm, Meeting Room 10) • Aboriginal Culture Walk around Adelaide with Ivan Copley (12.30 pm – 2.30 pm) • Bus tour to Strathalbyn and Mount Barker, Country Health SA (9.00 am – 3.00 pm) 	
2.00 pm	Exhibition opens in Halls J&K	Halls J & K

SUNDAY 7 APRIL 2013

4.00 pm –
6.15 pm

PLENARY SESSION 1: SHAPING A BRIGHT RURAL FUTURE

Halls A, D, E

4.00 pm

Welcome Ceremony: Lewis O'Brien, Kurna Elder
Performance by **Kuma Karro Dance Group**

4.20 pm

Welcome and opening remarks from Conference Convenor **Marie Lally, Councillor David Plumridge** and MC **Leigh Radford**

4.35 pm

Opening performance: **Tutti Community Choir**

5.00 pm



Opening Address: Jenny Richter, on behalf of Jack Snelling, South Australian Minister for Health and Ageing

5.20 pm



Opening Address: Andrew Laming, Shadow Parliamentary Secretary for Regional Health Services and Indigenous Health

5.40 pm

Panel session: Marie Lally, Jack Buckskin, Jack Snelling, Andrew Laming

6.00 pm



Meet **Council** of the National Rural Health Alliance

6.15 pm

WELCOME RECEPTION

Halls J & K

MONDAY 8 APRIL 2013

6.30 am	Heart Foundation Walking —start your day the healthy way with a 30-minute walk along the Torrens River foreshore organised by the Heart Foundation. <i>Meet in the Convention Centre foyer at 6.30 am</i>	
8.00 am	Registration desk open	Foyer
8.00 am	Exhibition open, posters on display. Also <i>Stayin' Alive</i> , an exhibition of ceramic works by Gus Clutterbuck Felting workshop with Flinders Medical Centre (10.30 am – 3.30 pm)	Halls J & K
8.40 am – 10.30 am	PLENARY SESSION 2: A BRIGHT FUTURE FOR RURAL AND REMOTE AUSTRALIA	Halls A, D, E
8.40 am	Country Arts SA video, SA Regional Centre of Culture	
8.45 am	'What makes your day worth it?'—with Emma Beech	
8.50 am	MC: Leigh Radford	
9.00 am	Strong commitment, safe hands  James Fitzpatrick , Telethon Institute for Child Health Research; and Director, Patches Paediatrics Tanya Lehmann , Principal Consultant Allied Health, Country Health SA <i>Tell 'er she's dreamin'!</i>	
9.20 am	Good things astir  Louise Sylvan , Chief Executive Officer, Australian National Preventive Health Agency <i>The importance of prevention in rural health</i> Tom Calma , National Coordinator for Tackling Indigenous Smoking <i>Successful buy-in by Aboriginal and Torres Strait Islander communities to reduced tobacco use and mental health initiatives</i>	
10.00 am	Discussion with the speakers and the audience	
10.20 am	Welcome to the <i>Sharing Shed</i>	
10.30 am	MORNING TEA and viewing of posters	Halls J & K
10.55 am	Chimes for commencement of concurrent sessions Note: some delegates may choose to attend an Indigenous weaving workshop with Ellen Trevorror (11.00 am – 12.35 pm) rather than one of the concurrent sessions.	Riverbank Courtyard



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MONDAY 8 APRIL 2013

11.00 am –
12.35 pm

CONCURRENT SESSION A

	Halls A, D, E	Meeting Room 1	Meeting Room2	Meeting Room3	Meeting Room 10	Riverbank 1	Riverbank 2	Riverbank 3	Riverbank 4
	Session A1 Rural mental health	Session A2 Country aged care that works for country people	Session A3 Choosing rural practice	Session A4 Analysing the allied health workforce	Session A5 Bush babies	Session A6 Mining towns and health	Session A7 Technologies connect	Session A8 Arts stream The evidence on arts and health	Session A9 'Deadly' health services
	Chair: Russell Roberts Scribe: Lucy Dobson 	Chair: Greg Mundy Scribe: Natalie Kew 	Chair: Tara Naige Scribe: Hannah Sexton 	Chair: Tanya Lehmann Scribe: Helen McGowan 	Chair: Sue Wade Scribe: Marika Mychailuk	Chair: Gordon Stacey Scribe: Samantha May	Chair: Jenny May Scribe: Samantha Kozica	Chair: Steve Saffell Scribe: Dan Faux	Chair: Mark Wenitong Scribe: Carol Mudford
11.00	<i>Psychological first aid for Aboriginal and Torres Strait Islander communities</i> Len Kanowski	<i>Integrating aged care assessment for older people of north-east Victoria</i> Sue Cowan, Fiona MacPhee 	<i>Designing whole-of-system placements for undergraduate medical, nursing and allied health students in rural settings</i> Natalie Radomski, Les Fitzgerald	<i>Developing an evidence base to underpin rural workforce policy in allied health</i> Sheila Keane	<i>Midwifery continuity of care for remote women: the central Australian experience</i> Raelene Carroll, Bernadette Lack	<i>Health promotion in fly-in/fly-out contracted workforce: a case for a 'WellnessWatch' program</i> Sarah Goater, Hugh Trivett 	<i>One voice matters, many voices make a difference</i> Deborah Smith 	<i>Reflecting on the growth of arts and health</i> Lisa Philip-Harbutt	<i>Culturally appropriate engagement strategies for collecting quality data in an Aboriginal population</i> Tania Marin, Ivan Copley <i>Medicines must be administered ... in more ways than one!</i> Heather Volk
11.25	<i>New South Wales rural and remote communities' perception of health telephone support services</i> Helen Le Gresley, Carlie Darling  	<i>Building excellence in remote Indigenous aged care: Tjilpiku Pampaku Ngura</i> John Wilson	<i>Medical training and the point of conception of a rural doctor: a longitudinal study based on the MSOD project</i> Michael Jones	<i>Gender differences in recruitment, job satisfaction and retention of allied health professionals in Tasmania</i> Sharon Condon	<i>Rural Health West GP Obstetrics Mentoring Program</i> Heather Waite	<i>The changing pattern of emergency medical evacuations from remote South Australia</i> John Setchell	<i>Goldfields SHAK Facebook—a new approach to providing sexual health advice</i> Jo-Anne Parker 	<i>Art, health and the evidence debates: practical insights from field research</i> Christine Putland	<i>Learnings from the Santa Teresa social and emotional wellbeing program</i> Chris Hawke, Chris Wallace, Mia Mulladad

MONDAY 8 APRIL 2013

11.50	<p><i>Under watchful eyes: clinicians' perceptions of the use of online mental health resources in the rural context</i></p> <p>Craig Sinclair</p> 	<p><i>Pattern of utilisation of telepsychiatry services for geriatric consumers residing in rural and remote South Australia</i></p> <p>Pallavi Dham</p>	<p><i>Predictors of rural practice for graduates from Australia's first regional medical school</i></p> <p>Torres Woolley</p>	<p><i>Building the rural dietetics workforce: a bright future?</i></p> <p>Leanne Brown</p> 	<p><i>Evaluation of evidence-based maternity care in remote communities of far west New South Wales</i></p> <p>Emma Quinn</p> <p><i>Changes to eligible midwifery status—new possibilities for rural maternity care</i></p> <p>Jennifer McInnes</p> 	<p><i>Bridging difference: using leadership development to address challenges triggered by changes in land access and use in rural Australia</i></p> <p>Lesley Fitzpatrick</p>	<p><i>Reaching 'in' remote technologies and service delivery in rural and remote communities</i></p> <p>Fiona Reid</p>	<p><i>The National Arts and Health Policy Project</i></p> <p>Deborah Mills</p>	<p><i>Return to country—addressing Indigenous health and homelessness in far north Queensland</i></p> <p>Bernadette Rogerson</p> <p><i>A physician assistant working in Aboriginal health—a new approach for Australia</i></p> <p>Nanette Laufik</p>  
12.15	<p><i>Hospital use of the Mental Health Emergency Care—Rural Access Program</i></p> <p>Emily Saurman</p>	<p><i>An evaluation of what respite options work best for people with dementia and their carers living in rural New South Wales</i></p> <p>Mary Hoodless</p>	<p><i>Supporting medical students on rural clinical placements</i></p> <p>Katherine King, Rachael Purcell</p>	<p><i>Geographical classifications and incentives for rural allied health workforce recruitment and retention</i></p> <p>Adrian Schoo</p>	<p><i>Educating midwives for rural practice</i></p> <p>Pauline Glover</p>	<p><i>Mining towns—does the boom mean bust for health services?</i></p> <p>Sarah Constantine</p> 	<p><i>Virtually Intouch—an evaluation of desktop telehealth in rural and remote New South Wales</i></p> <p>Elizabeth Barrett, Michael Edwards</p> 	<p><i>New ways of delivering our business: for health practitioners and for artists</i></p> <p>Cath Cantlon, Imelda Rivers</p> 	<p><i>Disparities in ischaemic heart disease care for rural Aboriginal people</i></p> <p>Derrick Lopez</p>
12.35	Session concludes								

12.35 pm –
1.20 pm

LUNCH

Halls J & K

12.45 pm –
1.15 pm

Lunchtime session

Scenes from Sand Writers, inspired by health, written by members of **Sand Writers**, a Goolwa-based writing group

Note: for delegates wishing to attend this session, lunch will be served in the Riverbank Foyer

Riverbank 3

12.45 pm –
1.15 pm

Lunchtime session

Deborah Mills: An exciting new direction for arts and health—and for the Arts and Health Foundation

Note: for delegates wishing to attend this session, lunch will be served in Foyer 5 outside Meeting Room 3

Meeting Room 3



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1.20 pm –
3.00 pm

PLENARY SESSION 3: COMMITTING TO SYSTEMIC HEALTH IMPROVEMENT FOR RURAL AUSTRALIA

Halls A, D, E

1.20 pm

Scenes from **Sand Writers**—staged readings of scenes inspired by health, written by members of Sand Writers, a Goolwa-based writing group.

1.30 pm

MC: **Leigh Radford**

1.40 pm

News from the *Sharing Shed*

1.45 pm

Improving rural and remote health systems



Sue Middleton, Councillor, COAG Reform Council
Accountability and system improvement

2.05 pm



Mick Reid, Consultant
Inter-state collaboration to enhance remote health care

2.25 pm



Chris Baggoley, Australian Government Chief Medical Officer
'Health ready' for all eventualities

2.45 pm

Discussion with the speakers and the audience

3.00 pm

AFTERNOON TEA and viewing of posters

Halls J & K

3.25 pm

Chimes






Note: some delegates may choose to attend a **juggling workshop** (4.20 pm – 4.40 pm) followed by a **plate spinning workshop** (4.45 pm – 5.05 pm) rather than the concurrent sessions. Others may choose to juggle their time and do some of both—at the risk of setting their head spinning.

Foyer F

MONDAY 8 APRIL 2013

3.30 pm –
5.05 pm

CONCURRENT SESSION B

Halls A, D, E	Meeting Room 1	Meeting Room 2	Meeting Room 3	Meeting Room 10	Riverbank 1	Riverbank 2	Riverbank 3	Riverbank 4
B1 Remote focus	B2 Child wellbeing	B3 A bright future for changing rural workforce	B4 Clinical supervision in allied health	B5 Resilient rural women—Colloquium	B6 Active and eating well	B7 More than just the cost of the fuel	B8 Partnerships in arts and health	B9 Small hospitals working in rural communities
Chair: Anne Leversha Scribe: Kate Goulding 	Chair: Jo McCubbin Scribe: Rachel Boyd 	Chair: Brian Bowring Scribe: Mariusz Kocimski 	Chair: John Richardson Scribe: Katherine King 	Chair: Libby Kalucy Scribe: Samantha May	Chair: Todd Teakle Scribe: Hannah Sexton	Chair: Sabina Knight Scribe: Francesca Garnett	Chair: Deborah Mills Scribe: Jillian Ferrell	Chair: Lyndon Seys Scribe: Chris Roeger
3.30 <i>Governance at the heart of reform in remote Australia</i> Bruce Walker, Fred Chaney 	<i>Giving rural children the best chance: improving multidisciplinary screening strategies</i> Robyn Ramsden, Bella St Clair	<i>Engaging Australia's rural future health leaders: the role of social media</i> Shannon Nott	<i>What do we really know about best-practice allied health professional supervision?</i> Wendy Ducat	<i>Introduction</i> Libby Kalucy <i>Background and methodology</i> Deirdre McLaughlin 3.40 pm <i>Neighbourhood cohesion among middle-aged women: the influence of psychosocial factors</i> Sue Conrad (inc 5 mins questions)	<i>'Losing it—in the bush' a partnership to support rural communities</i> Dianne Penberthy, Jane Newman	<i>Challenges facing rural populations seeking orthopaedic paediatric services in western NSW</i> Peter Kilby	<i>Workshop (40 mins)</i> <i>Creative Partnerships: collaborative art and science research to reduce stress and anxiety experienced by children undergoing painful, recurrent clinical procedures</i> George Khut, Vicki Sowry	<i>Integrated Cardiovascular Clinical Network—improving cardiac care in rural centres</i> Philip Tideman, Rosy Tirimacco



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MONDAY 8 APRIL 2013

3.55	<p><i>Is remote health different to rural health?</i> John Wakerman</p>	<p><i>A brave new world</i> Jennifer Perino, Vicky Jack</p>	<p><i>Motivations and concerns of younger optometrists choosing rural practice</i> Phil Anderton</p>	<p><i>Embedding clinical supervision in rural and remote contexts—is it worth the effort?</i> Tanya Lehmann, Kate Osborne</p>	<p>3.52 pm <i>Trends in mental health service utilisation for Australian women</i> Xenia Dolja-Gore (inc 5 mins questions)</p> <p>4.06 pm <i>Mental health trajectories in three cohorts of women: are there urban/rural differences?</i> Richard Hockey (inc 5 mins questions)</p>	<p><i>Active in the outback</i> Steve Burton, Hannah Licul</p> <p></p>	<p><i>Patient Liaison Network—improving the journey for country patients having to travel to access health care</i> Pam Pratt</p> <p></p> <p><i>Maximising client outcomes through improved service delivery and data reporting</i> Kim Maurits</p> <p></p>	<p><i>Discharges against medical advice: relationship with rurality in ischaemic heart disease admissions</i> Judy Katzenellenbogen</p>	
4.20	<p><i>The attractiveness of Australia's rural and remote spine for health professionals</i> Dean Carson</p> <p></p>	<p><i>Responding to child maltreatment by learning with, from and about each other</i> Kylie Stothers, Karen Piper</p>	<p><i>Resilient rural clinicians: role models for medical students</i> Janet Richards</p>	<p><i>Clinical supervision for rural Queensland occupational therapists—is the future looking bright?</i> Priya Martin</p>	<p>4.23 pm <i>Mental health in older rural Australian women</i> Deirdre McLaughlin (inc 5 mins questions)</p>	<p><i>A partnership approach to delivering health education programs in remote Indigenous communities</i> Cara Polson, Rachel Latimore</p>	<p><i>Supporting high-risk maternity services in rural NSW</i> Lyn Boylan, Maryanne Hethorn</p>	<p><i>Arts engagement programs with Warlpiri communities sharing traditions and stories</i> Jenine Mackay, Enid Nangala Gallagher</p>	<p><i>Audit of medication lists for elderly patients admitted to a regional hospital</i> Laura Boyce, Anne Knight</p>



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4.45	<p><i>Sharing care the Kimberley way</i></p> <p>Sarah Davies, Sally Thomas</p> 	<p><i>The family referral service</i></p> <p>Julie Steffner, Annamarie Cohen</p>	<p><i>Key lessons in implementing a rural GP spouse mentoring program</i></p> <p>Christine Roach, Melissa Boucher</p>	<p><i>Allied health assistant remote supervision workforce model</i></p> <p>Sharan Ermel</p>		<p><i>Phase one of a cluster randomised trial to prevent weight gain in women living in rural communities</i></p> <p>Cate Lombard, Samantha Kozica</p>	<p><i>Project to develop a telehealth model of care for people with diabetes</i></p> <p>Deborah Dean</p>	<p><i>Gomeroigaaynggal: empowerment of Aboriginal communities to understand the health implications of research in pregnancy</i></p> <p>Kym Rae, Loretta Weatherall</p> 	<p><i>Aligning a \$1.5 billion infrastructure program to meet expectations and consistently deliver critical outcomes across country Western Australia</i></p> <p>Rob Pulsford</p>
5.05	Session concludes								

7.00 pm for
7.30 pm



12th Conference Bright Future Dinner

Sponsored by HESTA: being there for others ... it's a choice.

Thank you to HESTA for again supporting this wonderful evening of dancing, celebrating, good food, and more dancing!

In recognition of those who are working for a brighter future in rural Australia, the night will include presentations to the winners of the Rural Health Research Awards, the *Friends* Unsung Hero, and the Des Murray Scholarships.

Dress: your choice of bright colours

Music by Acoustic Juice.

Halls F & G



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TUESDAY 9 APRIL 2013

6.30 am	Student recovery breakfast	Promenade Foyer
8.00 am	Registration desk open	Foyer
8.00 am	Exhibition open, craft market stalls and posters on display	Halls J & K
8.45 am – 10.30 am	PLENARY SESSION 4: RESOURCES FOR RURAL AND REMOTE AREAS	Halls A, D, E
8.45 am	'What makes your day worth it?'—with Emma Beech	
8.50 am	MC: Leigh Radford	
9.00 am	 Rob Oakeshott MHR , Member for Lyne <i>The state of rural and regional health—and its future</i>	
9.20 am	 Paul Rosair , Director General, Department of Regional Development and Lands, WA <i>WA's approach to regional wellbeing</i>	
9.40 am	 Jan Ferguson , Managing Director, Ninti One and CRC for Remote Economic Participation <i>Foundations for employment and full participation in remote areas</i>	
10.00 am	Discussion with the speakers and the audience	
10.25 am	The <i>Sharing Shed</i> : has it clicked yet?	
10.30 am	MORNING TEA and viewing of posters	Halls J & K
10.55 am	Chimes Note: some delegates may choose to attend the Sound Therapy Workshop with the Flinders Medical Centre (11.00 am – 11.45 am and 12.50 pm – 12.35 pm) rather than the concurrent sessions.	Foyer F



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TUESDAY 9 APRIL 2013

11.00 am – 12.35 pm

CONCURRENT SESSION C

	Halls A, D, E	Meeting Room 1	Meeting Room 2	Meeting Room 3	Meeting Room 10	Riverbank 1	Riverbank 2	Riverbank 3	Riverbank 4	Meeting Room 11
	C1 Children's services close to home	C2 Palliative care and advanced care planning	C3 Food security	C4 Best practice multidisciplinary care	C5 Rural health indicators—Colloquium	C6 Empowerment	C7 Disability care for rural people	C8 Progressing health through arts	C9 Overcoming workplace challenges	C10 What makes a placement
	Chair: Nigel Stewart Scribe: Tara Naige 	Chair: Pauline Wardle Scribe: Lucy Schofield 	Chair: Lynne Strathie Scribe: Chris Roeger 	Chair: Tim Kelly Scribe: Emmy Hennell 	Chair: Tricia Linehan Scribe: Brendan Stagg	Chair: Lisa McInerney Scribe: Lauren O'Rourke	Chair: Nicole O'Reilly Scribe: Peta Kampman	Chair: Lisa Phillip-Harbutt Scribe: Bethany Symes	Chair: Julianne Bryce Scribe: Emma Quinn	Chair: Melissa Cameron Scribe: David Khoo
11.00	<i>Shifting the wait: meeting the demand for paediatric speech pathology services</i> Alexandra Little 	<i>Helping to empower regional multidisciplinary health teams to provide holistic palliative care</i> Bronwyn Ellis, Joy Penman 	<i>Food for all Tasmanians: development of a food security strategy</i> Alison Ward	<i>Primary Care Partnerships in rural Western Australia: nurse practitioners leading the way</i> Melissa Vernon, Lesley Pearson	<i>Introduction</i> 11.05 am <i>A brighter future—measuring how we are tracking with the National Strategic Framework</i> Linda Proietti-Wilson, Kim Atkins 11.20 am	<i>Community engagement integral to pharmacy success in remote community</i> Lynn Short	<i>Overcoming challenges in caring for a child with multiple disabilities</i> Trish Eerden	<i>'Palya: good.' Acknowledging achievements in Aboriginal health and welfare in central Australia</i> Stewart Roper	<i>An exploration of violence experienced by professionals from three sectors delivering key services in rural and remote workplaces</i> Jenny May 	<i>The TCPPP—a Tasmanian interdisciplinary experience of clinical leadership</i> Catherine Spiller



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TUESDAY 9 APRIL 2013

11.25	<p><i>Multidisciplinary therapy services for children with feeding disorders in country South Australia</i></p> <p>Jodie May, Larissa Ashton</p> <p><i>Helping families overcome eating difficulties through play picnics</i></p> <p>Kirralee Moores, Debra Sandford</p>	<p><i>Incorporating advance care plans into the new Personally Controlled Electronic Health Record</i></p> <p>Isabelle Ellis, Catherine Smith</p> <p><i>Simple, sustainable advance care planning processes in the MPS aged care setting</i></p> <p>Meredith Harper, Jenny Highlands</p>	<p><i>Sowing the seeds of change: Urapunja food gardens project</i></p> <p>Susannah Summons</p>	<p><i>Service delivery in pharmacy practice: what can be achieved in regional NSW</i></p> <p>Carl Cooper</p>	<p><i>What the rural health indicators are indicating for New Zealand</i></p> <p>Bernadette Doube, Brent Nielsen</p> <p>11.35 am <i>The Alere Health and Wellness Index, powered by Roy Morgan Research</i></p> <p>Nick Williams, John Lang</p>	<p><i>The role of an online community in improving the wellbeing of geographically dispersed young people living with an illness or disability</i></p> <p>Kylie Johnson</p> <p><i>Our community taking our Health In Our Hands</i></p> <p>Paul Holmes, Mary Holmes</p>	<p><i>Shaping the National Disability Insurance Scheme for rural areas</i></p> <p>Denis Ginnivan</p> <p><i>Disengaged services and disempowered rural consumers: implications for the National Disability Insurance Scheme in the bush</i></p> <p>Rafat Hussain</p>	<p><i>Women's Development Project—empowering women in the bush</i></p> <p>Alison Rogers, Madeleine Bower</p> <p></p>	<p><i>Active ageing, employment and rural SA: a Health in All Policies project</i></p> <p>Laren Newman</p> <p></p>	<p><i>What 'makes' a placement</i></p> <p>Louise Lawler</p>
11.50	<p><i>Aboriginal Child Well Health Checks—the benefits of a positive first experience</i></p> <p>Libby Coy, Catherine Sumner</p> <p><i>Pilbara Healthy Kids Initiative: a proactive response to primary health needs</i></p> <p>Andrew Heath</p>	<p><i>The Palliative Care Quality Improvement Project in regional WA</i></p> <p>Claire Johnson</p> <p><i>Breast Cancer Network Australia's 'Seat at the Table' program</i></p> <p>Julie Hassard</p>	<p><i>Deadly Mereny Noonak Ngyn Moort: good food for my people: mid-term evaluation</i></p> <p>Claire Bowditch</p> <p></p>	<p><i>GP referrals into the Stawell Health and Community Centre</i></p> <p>Kate Astbury</p>	<p>11.50 am <i>Identifying maternity service catchments—a data gathering and mapping exercise</i></p> <p>Margaret Rolfe</p> <p>12.05 pm <i>Discussion session with all presenters</i></p>	<p><i>Perspectives of power in rural and remote health</i></p> <p>Lisa Bourke</p> <p></p>	<p><i>Partnership outcome: brain injury training and support program for Aboriginal and Torres Strait Islander health workers</i></p> <p>Susan Gauld, Sharon Smith</p>	<p>Workshop: <i>Storytelling and new media: why not?</i></p> <p>Moya Sayer-Jones</p>	<p><i>Public health: governments abrogating their responsibilities</i></p> <p>David Templeman</p>	<p><i>Promoting best practice in the provision of rural mental health student placements</i></p> <p>Louise Roufeil, Fiona Little</p>

TUESDAY 9 APRIL 2013

12.15	<p><i>Assessing the effectiveness of ADHD treatment—a collaborative regional approach</i></p> <p>Timothy McCrossin, Tracy Macfarlane</p> 	<p><i>Resilience: a model for allied health service provision in an oncology setting</i></p> <p>Sharyn McGowan</p>	<p><i>Increasing community capacity building—the Dungog Eat Well Program and Community Kitchen Partnership</i></p> <p>Mandy Gilbert</p> <p><i>Food security and health risks facing vulnerable youth in north-west Tasmania</i></p> <p>Stuart Auckland</p>	<p><i>The impact of the Medical Specialist Outreach Assistance Program on improved access to specialist services for regional and remote Australia</i></p> <p>Jim Pearse</p> 		<p><i>Volunteers in health</i></p> <p>Kate Warren</p>	<p><i>Engaging people with disabilities in the prevention of violence against women</i></p> <p>Sharyn Potts</p>  <p><i>Collaborating for carers at a grass-roots level</i></p> <p>Kylie Ryan</p>		<p><i>The Torres model of primary health care—the gap between reality and rhetoric</i></p> <p>Christine Giles</p>	<p><i>Rural and metropolitan placements rated equally well by Australian university paramedic students</i></p> <p>Julie Thacker, John Cowell</p>
12.35	Session concludes									

12.35 pm –
1.10 pm

LUNCH

Halls J & K

12.45 pm –
1.15 pm

Rural areas and the NDIS

Roland Naufal, Denis Ginnivan

Meeting Room 3

Note: for delegates wishing to attend this session, lunch will be served in Foyer 5 outside Meeting Room 3

TUESDAY 9 APRIL 2013

1.10 pm –
3.40 pm


PLENARY SESSION 5: THE PEOPLE OF A BRIGHT RURAL FUTURE


Halls A, D, E


1.10 pm Performance: Craig Sinclair and Robert Petchell

1.20 pm MC: **Leigh Radford**

1.30 pm First pass of the **Conference recommendations**—with **Lesley Fitzpatrick**

1.45 pm  **Michael Bishop**, Executive Director, Darling Downs Hospital and Health Service, Toowoomba
Shining brightly: lessons from rural health time in the sun


2.00 pm  **Robyn Brogan**, Senior Lecturer, Palliative Care, University of Tasmania
Supporting choices for older people: the Living Well and Dying Well program in aged care facilities

2.15 pm  **Dougie Herd**, NDIS Launch Transition Agency
Maximising lifetime opportunities through the NDIS

2.30 pm  **Alison Fairleigh**, rural mental health activist and tweeter
Empowering rural communities through social media

2.45 pm Discussion with the speakers and the audience

3.00 pm **IMAGES AND HEROES**

3.00 pm  Images of remote Australia—launch of *Palya*, **Stewart Roper**

3.10 pm ***Celebrating some of our heroes***

3.10 pm Acknowledging the Gary Stewart Award—SA Health

Vale: Susan Stratigos

Awards to Des Murray scholars: Phillip Merrdi Wilson, Hannah Licul and Lucy Mercer

3.20 pm **Ray Taylor**, Chair of the Board, Toowoomba Hospital Foundation (THF)
Presentation of THF's Rural Health Research Awards and Louis Ariotti Memorial Award

3.25 pm  **Address by recipient of Louis Ariotti Memorial Award**

3.30 pm MC: **Leigh Radford**

TUESDAY 9 APRIL 2013

3.40 pm AFTERNOON TEA and viewing of posters

Halls J & K



4.05 pm Chimes

 Note: some delegates may choose to attend a **circus physical workshop** in the Riverbank Foyer (4.25 pm – 5.10 pm).

Foyer F

 4.10 pm –
5.45 pm

CONCURRENT SESSION D

Halls A, D, E	Meeting Room 1	Meeting Room 2	Meeting Room 3	Meeting Room 10	Riverbank 1	Riverbank 2	Riverbank 3	Riverbank 4
D1 A bright future for the next generation	D2 Optimising the outcome for people with chronic conditions	D3 Workforce planning and management	D4 Nursing in the bush	D5 Indigenous eye health—Colloquium	D6 Managing natural hazards	D7 Winning through community engagement	D8 Using arts in education and health promotion	D9 Medicare Locals
Chair: Geri Malone Scribe: Chris Roeger 	Chair: Jane Knox Scribe: Claire Baskin 	Chair: Brenda Tait Scribe: Emma Quinn 	Chair: Sue Wade Scribe: Marika Mychailuk 	Chair: Phil Anderton Scribe: Michael Laws	Chair: Robert Williams Scribe: Kelly O'Donovan	Chair: Moya Sandow Scribe: PetaKampman	Chair: Christine Putland Scribe: Jessica Freeman	Chair: Lindy Swain Scribe: Lauren O'Rourke
4.10 <i>Team sport as a catalyst for Yolngu girls' participation in healthy behaviours</i> Kevin Bird 	<i>Rheumatic fever and rheumatic heart disease know no boundaries</i> Jennifer Cottrell, Marea Fittock	<i>Starting with the end in mind</i> Sarah Larkins, Annette Panzera 	<i>Beyond dreaming—nursing education for rural Aboriginal women</i> Lisa Shipley	<i>Introduction</i> 4.15 pm <i>The important role of the regional eye health coordinator in NSW</i> Pauline Wicks, Daniel Cook 4.25 pm <i>Remote Indigenous aged care facilities of the Kimberleys—an eye health audit</i> Robyn Main	<i>'But I'm an environmental scientist, not a mental health clinician'</i> Jennie Keioskie 	<i>The experiences of youth peer educators sharing health information</i> Karen Lock   	<i>Promoting health—using your arts 'skill set' in a rural health promotion</i> Tarja Martin	<i>Maximising the rural health benefits of a reformed health system: Medicare Locals</i> Mark Booth <i>Can you hear me? Raising hearing loss awareness through rural Medicare Locals</i> Tony McBride



First-time presenters



'Top 20' abstracts











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TUESDAY 9 APRIL 2013

<p>4.35</p> <p><i>Yarning On: making a difference to the health of young Aboriginal people</i></p> <p>Susan Arwen, Bianca Mark</p>	<p><i>Cardiac rehabilitation in country South Australia—then, now and next</i></p> <p>Susan Jones</p> <p></p> <p><i>Pulmonary rehabilitation in country South Australia—a breath of fresh air</i></p> <p>Andrea Church</p> <p></p>	<p><i>Securing the future: retention of older healthcare workers</i></p> <p>Suzanne Hodgkin</p> <p><i>Retention of nursing and allied health professionals in rural and remote Australia</i></p> <p>Anthony Wall</p> <p></p>	<p><i>Enhancing computer literacy and information retrieval skills: a rural and remote nursing and midwifery workforce study</i></p> <p>Karen Francis, Marg McLeod</p>	<p>4.35 pm</p> <p><i>Analysis of roles and training needs for regional eye health coordinators</i></p> <p>Salma Ismail</p> <p>4.45 pm</p> <p><i>What's fair in vision care? Potential approaches for equitable access to spectacles</i></p> <p>Anna Morse</p>	<p><i>Heatwave disasters in rural Australia planning for an ageing population</i></p> <p>Leigh Wilson</p> <p></p>	<p><i>Organisational commitment for a bright community future</i></p> <p>Carole Bain</p>	<p><i>Make a mark: using art to educate youth about problem gambling</i></p> <p>Stephanie Jelbart</p> <p></p> <p><i>The Jam, The Mix, The Gigmusic and mental health project. A creative arts project for survivors of mental illness</i></p> <p>Robert Petchell</p>	<p><i>Medicare Locals—a long way in a short time</i></p> <p>Kate Clarke</p>
<p>5.00</p> <p><i>The Core of Life Program—Tasmania's Indigenous Early Childhood Development Strategy Partnership</i></p> <p>Christine Goonan, Ann Sweeney</p>	<p>NACCHO 2013- 2030 Investing in healthy futures for generational change</p> <p>Roy Monaghan</p>	<p><i>Will recent funding initiatives impact on recruitment and retention rates of allied health professionals and nurses in rural and remote Australia?</i></p> <p>Joanne Symons</p> <p></p>	<p><i>Fostering nurse leadership in Australian rural hospitals: identification of the underlying issues</i></p> <p>Melanie Bish</p> <p><i>Adaptation of the clinical nurse role for improved safety in SA rural hospitals</i></p> <p>Lyn Olsen</p> <p></p>	<p>4.55 pm</p> <p><i>'I can see clearly now'—an Aboriginal success story</i></p> <p>Maree O'Hara</p> <p>5.05 pm</p> <p><i>Discussion session with all presenters</i></p>	<p><i>Extreme heat and rural health: perspectives from health service providers</i></p> <p>Susan Williams</p> <p><i>The process of evacuating a regional hospital prior to a pending natural disaster</i></p> <p>Jane Mills</p>	<p><i>From closure to world stage—a journey of rural commitment</i></p> <p>Peter Birkett, Andrea Dunlop</p>	<p><i>Making 'Blow Away the Smokes' DVD for Indigenous smokers—the journey and lessons learnt</i></p> <p>Gillian Gould</p> <p></p>	<p><i>Building a Medicare Local as unique as the Territory itself</i></p> <p>Diane Walsh, Andrew Bell</p>

TUESDAY 9 APRIL 2013

5.25	<p><i>Deconstructing the barriers to engage families with complex needs in early intervention services</i></p> <p>Katrina Wilkop, Christy Clothier</p>	<p><i>Rural mental health: a collaborative approach to improving client's health-related behaviours</i></p> <p>Jenny Biven, Jorg Strobel</p> <p><i>Swallowing disorders—improving access to quality assessment in rural South Australia</i></p> <p>Kim Clarke</p>	<p><i>GP distribution in rural Australia—has the OTD moratorium worked?</i></p> <p>Melissa Cameron</p> <p><i>Purpose fit or fit for purpose: development resources for rural allied health</i></p> <p>Peter Fuelling</p>	<p><i>An evaluation of the impact of practice nurse initiatives on cervical screening in rural general practice</i></p> <p>Christine Hallinan</p> <p><i>The implementation of nurse practitioners into the primary health care setting</i></p> <p>Frances Barraclough</p>	<p><i>Pass the Parcel: a new approach for energy efficiency</i></p> <p>Joanne Brown</p>	<p><i>Talk and Tucker</i></p> <p>Judy Gower</p>	<p><i>What the world needs now is Love Punks: using digital media for positive change</i></p> <p>Debra Myers</p> <p>Delivered by Deborah Mills</p>	<p><i>From urban to rural—Townsville-Mackay Medicare Local</i></p> <p>Leigh-Anne Metcalfe</p>  <p><i>Travel-related barriers to rural and remote patients accessing specialist care</i></p> <p>Tracy Cheffins</p>
5.45	Session concludes							
6.00 pm – 6.45 pm	Recommendations roundtable—with Lesley Fitzpatrick							Council Room
5.45 pm – 6.45 pm	EXHIBITION HAPPY HOUR and viewing of posters Including open mic session by Robert Petchell—delegates encouraged to bring their musical instruments							Halls J & K
6.45 pm	Comfortable Chairs: Rural health leadership—past, present and future							Halls A, D, E
7.45 pm	Session close							

WEDNESDAY 10 APRIL 2013

6.30 am	Heart Foundation Walking —start your day the healthy way with a 30-minute walk along the Torrens River foreshore organised by the Heart Foundation Meet in the Convention Centre foyer at 6.30 am	
7.00 am – 8.00 am	<i>The sound of many places</i> —delegate rehearsal, Robert Petchell	Halls A, D, E
7.30 am – 8.30 am	 <i>Workshop: Writing a grant application</i> Adrian Schoo, Robyn Aitken	Meeting Room 1
8.00 am	Registration desk open	
8.00 am	Exhibition open, posters on display, including Arts Trolley Workshop, Flinders Medical Centre (9.00 am – 1.30 pm)	Halls J & K
8.15 am – 10.30 am	PLENARY SESSION 6: EVIDENCE, ECONOMICS AND AUTHORITY	Halls A, D, E
8.15 am	Recommendations on screen	
8.25 am	Facilitated discussion of recommendations— Lesley Fitzpatrick	
8.40 am	<i>Catching Clouds: Move Through Life</i> (MTL) Dance Company—a demonstration of the outcomes of processes that will be taught in the MTL workshop.	
8.45 am	MC: Leigh Radford	
8.50 am	 Bob Wells , Director, Menzies Centre for Health Policy and the Australian Primary Health Care Research Institute, ANU <i>From evidence to action</i>	
9.10 am	 Jane Hall , Professor of Health Economics and Founding Director, Centre for Health Economics Research and Evaluation, UTS <i>A (rural) health system for the 21st century</i>	
9.30 am	 Tony Hobbs , Principal Medical Adviser, Therapeutic Goods Administration <i>Building flexible services that work on the ground</i>	
9.45 am	 Marie Lally , 12th Conference Convenor <i>We know we can—because it's in our own hands</i>	
10.00 am	Discussion session	
10.20 am	Re-cap of priority recommendations— Lesley Fitzpatrick	
10.30 am	MORNING TEA and viewing of posters	Halls J & K

WEDNESDAY 10 APRIL 2013












10.55 am Chimes

Note: some delegates may choose to attend 'The power of dance as a tool for wellbeing' **dance workshop** by *Move Through Life* (11.00 am – 12.35 pm)





Riverbank Foyer

11.00 am –
12.35 pm

CONCURRENT SESSION E

Halls A, D, E	Meeting Room 1	Meeting Room 2	Meeting Room 3	Meeting Room 10	Riverbank 1	Riverbank 2	Riverbank 3	Riverbank 4
E1 Hearing health	E2 The many faces of healthy ageing	E3 Service learning	E4 Proceduralists, generalists, specialists	E5 Putting eHealth into practice	E6 Oral health	E7 Culturally appropriate programs	E8 The art of interacting for good health	E9 Effective rural and remote mental health services
Chair: Jenny Rosen Scribe: Thomas Nicholls 	Chair: John Wakerman Scribe: Kate Goulding 	Chair: Pauline Glover Scribe: Helen McGowan 	Chair: Bruce Chater Scribe: Lauren O'Rourke 	Chair: Rob Curry Scribe: Sophie Alpen	Chair: Bruce Simmons Scribe: Jo Li	Chair: Kali Hayward Scribe: Ben Crough	Chair: Sally Francis Scribe: Lucy Dobson	Chair: Tim Carey Scribe: Kathryn Grocke
11.00 <i>Listening—the first step to developing a state-wide hearing health plan</i> Mark Mitchell, Pele Bennet	<i>Living with dementia in Country South Australia</i> Phil Saunders	<i>Community–Campus Partnerships and service learning: harnessing untapped potential for rural Australia</i> Debra Jones	<i>The Roma Agreement: changing the face of rural generalist training in Queensland</i> Tarun Sen Gupta, Dan Manahan	<i>The impact of the National Broadband Network on rural patients and rural health practitioners</i> Kate Cornick	<i>Update on evidence relating to population oral health</i> Len Crocombe	<i>Improving cultural responsiveness of health professionals through education reform</i> Faye McMillan	<i>Humour and acute psychiatry—a world-first randomised controlled trial</i> David Bell 	<i>The Australian Rural Mental Health Cohort Study: implications for policy and practice</i> David Perkins 
11.25 <i>COMHeLP—a manual for audiological practice with Aboriginal and Torres Strait Islander Australians</i> Amarjit Anand <i>Hearing loss, lifestyle loss</i> Sue Ward	<i>Ageing with an intellectual disability: support issues in rural localities</i> Stuart Wark 	<i>Interprofessional, student-assisted clinics: a solution for neurological rehab in remote Queensland?</i> Katherine Galligan, Sabina Knight 	<i>Emerging health professions: an opportunity for rural health</i> Francesca Garnett, Madeleine Venables	<i>eHealth: supporting adoption in rural communities</i> Christopher Mitchell 	<i>'Closing the Gap'—adult Indigenous oral health needs in small, remote Aboriginal communities</i> Colin Endean 	<i>Recruiting and retaining Indigenous medical practitioners: AIDA's experiences</i> Stephanie Trust	<i>What soap is to the body, laughter is to good health</i> Mary-Jane Honner	<i>Towards systematic data collection and referral pathways for Indigenous youth suicide attempts</i> Melissa Lindeman, Kerry Taylor 

WEDNESDAY 10 APRIL 2013

11.50	<p><i>Cochlear implant management through the use of teleaudiology</i> Eleanor McKendrick</p>	<p><i>Survival stories: wellbeing of older widowed Greek migrants in rural South Australia</i> Georgia Panagiotopoulos</p>	<p><i>Developing professional competencies for rural health students through service-learning placements</i> Carol McKinstry</p>	<p><i>Future of the GP procedural workforce in rural Victoria</i> Veronica Fil</p>	<p><i>Embedding telehealth in rural Victoria—choosing appropriate practice models</i> Paulette Kelly</p>	<p><i>Providing a remote area dental health service for Aboriginal and regional communities</i> Tricia Slee, Gabrielle West</p> <p> <i>Aged Care Oral Health Outreach Program</i> Roshan Abraham</p> <p></p>	<p><i>Corporate and community: strengthening governance in the Aboriginal community controlled health sector</i> Donisha Duff</p>	<p><i>The art of integrating play into rural paediatrics</i> Judi Parson</p>	<p><i>Community-based intermediate mental health care in the country South Australia context</i> Lee Martinez</p> <p><i>Rural intermediate care in South Australia: a perspective on the first 12 months</i> Daniel Mosler, Scott Clark</p> <p></p>
12.15	<p><i>Shhh: hearing in a farming environment</i> Susan Brumby</p>	<p><i>The certificate in gerontological nursing for rural and regional nurses</i> Tracy Kidd</p>	<p><i>University rural health placements: building social capital in a local community</i> Karin Fisher</p>	<p><i>The Australian Rural Child Health Training Module</i> Andy Lovett</p>	<p><i>Australian Medicare Local Alliance placing telehealth support officers</i> Janelle Jakowenko</p>	<p><i>Healthy Tums, Healthy Gums: nutrition and oral health collaboration supporting vulnerable families</i> Lisa Fitzgerald, Jodie Peace</p> <p></p>	<p><i>The STAR Project—Standing Together Against Racism</i> Maggie Grant</p> <p><i>Impact of an Aboriginal community governed project: adiposity and food intake of rural children</i> Josephine Gwynn, Nicole Turner</p>	<p><i>Complex post-traumatic stress disorder—breaking the silence of the fringe dweller</i> Jacqueline King</p> <p><i>Building community through storytelling</i> Gail Kovatseff</p>	<p><i>'Recovery'—the journey within three rural communities in New South Wales</i> Wendy Cabot, Beth Cronin</p>
12.35	Session concludes								
12.40	Country Kids performance by Woden Valley Youth Choir								Foyer G

12.35 pm –
1.30 pm

LUNCH

Halls J & K

12.45 pm –
1.15 pm

Supporting clinical governance in Indigenous health
Australian Primary Health Care Research Institute and Aboriginal Health Council of Western Australia partnership
Karen Gardner, Donisha Duff

Meeting Room 3

Note: for delegates wishing to attend this session, lunch will be served in Foyer 5 outside Meeting Room 3.

1.00 pm

Final recommendations roundtable

Riverbank Office

WEDNESDAY 10 APRIL 2013

1.30 pm –
4.00 pm

PLENARY SESSION 7: CLOSING SESSION

Halls A, D, E

1.30 pm

Presentation of priority recommendations

Lesley Fitzpatrick, Convenor, Recommendations group

1.50 pm



The Hon Tanya Plibersek, Minister for Health

Closing Address

2.15 pm



MC: Leigh Radford

Questions and discussion

2.30 pm



Robert Petchell and delegates

The sound of many places

3.00 pm



Emma Beech, Australian Bureau of Worthiness

What makes your day worth it?

3.30 pm

Woden Valley Youth Choir

3.50 pm

Let's commit to a bright future—and check back in 2015—**Lesley Barclay**, Chair, National Rural Health Alliance

4.00 pm


FAREWELL AFTERNOON TEA

Foyer

POSTERS

Poster authors will be available for questions from delegates during the Exhibition Happy Hour at 5.45 pm on Tuesday, 9 April 2013

Looking beyond fractures: multidisciplinary care of acute orthopaedic injuries in older people

Holly Bannon-Murphy, Timothy Amos 

Increasing the quantity and quality of rural placements for undergraduate nursing and midwifery students: achievements and challenges

Christine Bartel 


Adolescent caffeine use: associations with other substance use and depression in an Australian rural population

Georgina Black

Simulated learning environments—a behind-the-scenes look at managing maintenance for simulation equipment across Western Australia

Richard Clark

How integrated medical student placements in rural communities can be a win-win

David Perkins 

University community engagement: a story of a unique partnership between the 'Banatjar/Wumin's Group' and Flinders University NT Katherine campus

Pascale Dettwiller 

An empowerment approach to group work with people experiencing anxiety

Rohena Duncombe, Martin Fox

Arts in Health at Flinders Medical Centre: a model of practice

Sally Francis, Christine Putland

The changing face of the Victorian rural GP

Christian Fulton

Victorian Paramedic Mentor Program—a model to prepare undergraduates for the future

Susan Furness

Captain Starlight playing a part in enhancing health outcomes for children and young people in the Northern Territory

Laura Robinson

Getting to the bones of the problem: challenging boundaries of practice

Hazel Harries-Jones 

Veterans and their families: national rural and remote services

Katherine Hawkins

A service of value—GPcareHealth Assessments

Gina Highet

A snapshot of palliative care service provision in rural Western Australia 2010

Kristi Holloway, Ruth McConigley

Substance use and mood disorders as a cause of death in Australia

Lauren Moran 

Rurality, domestic relocation and intimate partner violence in young women

Rafat Hussain

Developing a sustainable model of service delivery for oncology services in regional Australia: case example

Thomas Kavanagh

Primary Health Care Research and Information Service: a knowledge exchange organisation for rural health

Ellen McIntyre

Rural and Regional Cystic Fibrosis Physiotherapy and Support Training Project

Kate McQueen

Connecting with the outback

Leigh-Anne Metcalfe, Tracy Cheffins

Clinical placement orientation—a transferable approach

Jacqueline Michalski, Michele Summers

Optimising point-of-care testing services for diabetes management in the Victorian Mallee Track

Lara Motta

'healthTrack'—Preventative Health Initiative

Emily Murphy


Rural generalist allied health practitioner—a service model for rural emergency departments

Alexandra Newcombe 


Community paramedics—a grass-roots movement

Peter O'Meara, Michel Ruest

Rural people living with type 2 diabetes: a qualitative inquiry

Althea Page-Carruth 

Tools for planning rural and remote maternity services in Australia

Jennifer Pilcher, Sue Kruske 

A work in progress: the Multipurpose Service model in New South Wales

Jennifer Sheehan, Cathy Springall

Cultural immersion—what impact does it have?


Janie Smith

Developing eligibility, prioritisation and discharge criteria for podiatry across country South Australia


Andrea Thomas, Fiona Murray


Outreach optometry in central Australia—the power of partnership

Heather Wilson

 First-time presenters

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